

Newman Center

Holy Spirit Parish



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FIRST SUNDAY OF LENT

INTO THE DESERT.

LUKE 4:1

SUNDAY, MARCH 9, 2025

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

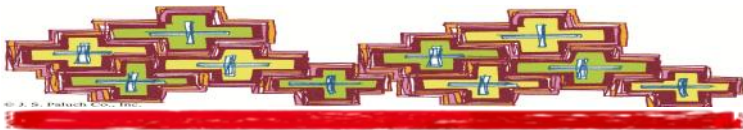
Come journey with us!

Pastoral Team

Phone Ext

Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Minister Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor

"Be with me, Lord, when I am in trouble."

As we begin the season of Lent, the Gospel for the First Sunday invites us into the desert with Jesus, where He fasts for forty days and faces temptation. The wilderness is not just a place of hardship but of transformation—a time for self-examination, prayer, and deeper dependence on God.

Jesus is tempted in three ways, each reflecting struggles we face today. The first temptation—turning stones into bread—reminds us that while material needs are important, our deepest hunger is for God's Word. The second temptation—power and glory—warns us against seeking success or recognition at the cost of our faith. The third temptation—testing God—challenges us to trust in God's plan, even when we don't see immediate answers.

Jesus resists these temptations by relying on Scripture, showing us that knowing and living God's Word strengthens us against sin. He also depends on the Holy Spirit, reminding us that we, too, need God's grace to overcome our struggles.

Lent is not just about giving things up; it is about turning back to God. It is a time to reflect on the temptations that pull us away from Him and to renew our commitment to prayer, fasting, and charity. As we journey through these forty days, let us ask ourselves: What in my life needs to change so that I can grow closer to Christ?

May this Lenten season be one of renewal and transformation, leading us toward the joy of Easter. Let us walk with Jesus in the wilderness, trusting that God will strengthen and guide us. I invite you to participate in the many Lenten opportunities that we offer here at the Newman Center.

Have a blessed Lenten week,

Fr. Alfred Omar
(@fralfred808)



Important Notices

- Stations of the Cross: Friday @ 6:00PM
- The Gift of Years gathering, Sunday, March 16 after the 11AM Mass. Please sign up on the bulletin board

Liturgical Schedule

Daily Mass (*Tuesday-Friday*) 12:10PM

Sunday Mass
(*Saturday Evening Anticipated*) 5:00PM
9:00AM
11:00AM
(*Student-led Mass*) 5:00PM

Sacramental Information

Reconciliation By Appointment
Please contact the Parish Office to schedule.

Baptism By Request
Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

Funerals At Need
Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request
Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call
Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing
Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing
Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request
If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Order of Christian Initiation for Adults Ongoing
If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the OCIA,



The Word of the Lord Weekly

Sunday's Readings

First Reading:

'We cried to the LORD, the God of our fathers, and he heard our cry.' (Dt 26:7)

Psalm:

Be with me, Lord, when I am in trouble. (Ps 91)

Second Reading:

For, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. (Rom 10:9)

Gospel:

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. (Lk 4:1-2)

Readings for the week of March 9, 2025

Sunday:

Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15
(see 5b)/Rom 10:8-13/Lk 4:1-13

Monday:

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/
Mt 25:31-46

Tuesday:

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/
Mt 6:7-15

Wednesday:

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/
Lk 11:29-32

Thursday:

Est C:12, 14-16, 23-25/Ps 138:1-2ab,
2cde-3, 7c-8/Mt 7:7-12

Friday:

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/
Mt 5:20-26

Saturday:

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/
Mt 5:43-48

Observances for the week of March 9, 2025

Sunday: 1st Sunday of Lent; Daylight Saving Time begins

Next Sunday: 2nd Sunday of Lent

Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact Cheryl Treiber-Kawaoka 808-227-5162

Family Connection

In Luke's Gospel, the story of Jesus' temptation in the desert appears just after Jesus' baptism and before Jesus begins his public ministry. We can imagine this as a time of transition, a turning point in Jesus' life. Perhaps we can liken it to one of the important turning points in our own lives: the decision to marry, the birth of a child, the acceptance of a new job, or the decision to move to a new home. After the moment of decision, having reached the point of no return, we sometimes begin to wonder if we are prepared and ready for the task before us. Turning points can be times of doubt and insecurity. Jesus' response to the temptations of the devil offers an example for responding in faith when our doubts and insecurities tempt us to distrust God's sufficiency. Jesus rebukes the devil by quoting Scripture. Each citation is an affirmation of trust in God. We learn to trust in big things by practicing trust in little things. Our Lenten practices of prayer, fasting, and almsgiving invite us to trust God in these small ways. They remind us that God will suffice for us. They prepare us to trust in God in all things, especially in moments of doubt and uncertainty.

As a family, talk about ways in which trust has been built among members of the family. Observe how being trustworthy in small matters enables us to trust one another in more important matters. Offer specific examples if possible (e.g., children who establish their responsibility in household tasks can be granted greater independence and freedom to choose how they perform these tasks). Today's Gospel shows us how Jesus trusted God in all things. Read aloud today's Gospel, Luke 4:1-13. Discuss how Jesus showed his trust in God when he resisted the devil's temptations. Invite family members to name times when they have trusted God in matters small or large. Write a family prayer together. You might write the prayer so that each line begins with a letter in the word "trust." Pray this prayer together.



Stewardship of Time, Talent and Treasure

Tithes and Offerings:

03/01/2025-03/02/2025 \$2,291.00

Ash Wednesday: \$1,037.00

Online: 02/28/2025-03/07/2025 \$3,571.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections:

Catholic Relief Services—March 29/30

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer, service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen

STEWARDSHIP

SHARING THE GIFTS WE HAVE



Around the Parish

AN INVITATION!

WHAT - THE GIFT OF YEARS (Joan Chittester)

An hour of camaraderie and reflection over soup and salad of and among Goldenagers (ages 60 and above)

WHY - There are many programs in the Church for Faith Formation with children and youth. Programs for the "Goldenagers" are few and far between and generally focus on "how to grieve," How to prepare for the end of life, etc. This gathering is for those who want to reflect on the Graces they have received and/or pray for. "Embracing the blessings of this time and overcoming the burden of it - that is the spiritual task of late life...Life is still about being all that you can be" - (Joan Chittester)

WHEN - Every third Sunday of the month after the 11:00 AM Mass

WHERE - Newman Center/Holy Spirit Parish

Contributions to the weekly agenda to be discussed by attendees after the first session. Understandably, you need to sign up at least 4 days before the third Sunday so that everyone will have a plate and a bowl...

For Questions, contact Fr. Alfred or Virgie Chattergy (808)221-8755.

New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mail!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

Prayer Corner

This column in our bulletin are for those in our community who are sick and those who recently died. To add someone (with their permission) or yourself to the prayer list for the sick or someone on the In Memoriam list, please contact the parish office.



Christie Dinell
Tom Dinell
Denise Esposito

Please remember the sick and homebound in our community. Pray that they may find comfort and healing, especially:

Vernon Chock
Daniel Barr



In remembrance, let us pray for all who have died, that they may rejoice with the Risen Lord, especially our recently deceased:

William Stephen Llorens

A poster for the "Faith Lift" Lenten event. The background is dark with a glowing white outline of hands clasped in prayer. The text "LENT" is in a purple, jagged font. "Faith Lift" is written in a large, white, cursive font. Below the hands, it says "GUEST SPEAKER: FR. MARTIN NGO, S.J." and "Come and join us as we hear from Fr. Martin Ngo, a priest of the Society of Jesus and currently teaching Production in the School of Film & Television at Loyola Marymount University. Visit the Jesuit website to learn more: https://www.jesuits.org/profile/martin-huynh-ngo-sj/". At the bottom, it says "WEDNESDAY 03/26 | 6:00PM", "CONTACT PARISH OFFICE FOR MORE INFO", "808.988.6222", and "INFO@NEWMANHAWAII.ORG". There is a small portrait of Fr. Martin Ngo in the bottom left corner.

A poster for the "Stations of the Cross" event. The background is a sunset over a landscape with three crosses on a hill. The text at the top says "NEWMAN CENTER-HOLY SPIRIT PARISH CAMPUS MINISTRY". The main title "STATIONS OF THE CROSS" is in large, white, bold letters. At the bottom, it says "FRIDAYS OF LENT | 6PM".

ST. PATRICK'S DAY CELEBRATION

16 MARCH



6PM *AFTER MASS

JOIN US FOR IRISH GAMES, FOOD, & FELLOWSHIP!

*RSVP BY MARCH 14 (12NOON)

FOR MORE INFO/TO RSVP:

sign-up sheet | call 808.988.6222
campusministry@newmanhawaii.org

CAMPUS MINISTRY

LET'S ALL

TACO-BOUT IT TUESDAY

March 11 & 25
6:00 pm
Newman Center - Student Lounge

Enjoy tacos & Talk story with the Campus Minister



LENTEN

BLESSING BAG PROJECT

WE ARE SEEKING DONATIONS OF:



Toiletries: toothbrush, toothpaste, floss, soap, comb, feminine hygiene products, deodorant

Necessities: gallon size Ziploc bags, band-aids, baby wipes, hand sanitizer, small washcloth, slippers



Non-perishable items: energy bars, trail mix, gum, instant oatmeal

Mahalo

FOR YOUR SUPPORT!

NEWMAN CENTER HOLY SPIRIT PARISH CAMPUS MINISTRY

NEWMAN CENTER HOLY SPIRIT PARISH CAMPUS MINISTRY



2025 COST: \$50 PER PERSON

Spring Retreat

MARCH 28-30
YMCA CAMP ERDMAN
WAIALUA, HAWAII



"BE STILL AND KNOW THAT I AM GOD." - PSALM 46:11

CAMPUS MINISTRY

Pray

Prayer for strength to fulfill Lenten resolutions

Philip Kosloski - published on 02/17/21

Ask God for strength to stay faithful to any resolutions you want to practice in Lent.

It is a common custom among Catholics to choose various "Lenten resolutions" that will be practiced during the 40 days of the penitential season. This could be praying the Bible each day, giving-up chocolate, or doing intentional acts of service.

Whatever it may be, often our zeal will begin strong, but end on the third day of Lent!

If you have difficulty fulfilling such resolutions, pray this prayer from St. Claude de la Colombière for strength to stay faithful.

O Lord give us strength to keep these holy resolutions! If [I] persevere in them, I intreat you to fill [my] heart with those consolations compared to which all others are poor and imperfect . . . Too long have I lived the life of a sinner. I will this Lent begin to lead that of a penitent. Perhaps my life may end with this penance of forty days and that they are all that remain to me. The whole of this Lent shall be divided between meditating on and imitating your sufferings between the consideration and the expiation of my faults. Amen.

Resource: <https://aleteia.org/2021/02/17/prayer-for-strength-to-fulfill-lenten-resolutions>

Grow

What can you give up this Lent — for them?

Tom Hoopes - published on 03/03/25

Sometimes we may think that Lent only means giving something up, but in reality, there are three primary types of sacrifices we can engage in.

It's important to know yourself well when you decide how you will fast, pray, and give alms this Lent.

If you do, then maybe you can combine all three in ways that are tailor-made to improve the most important relationships of your life.

Let's start with your relationship with God.

We all have a different problem here.

Maybe you are overwhelmed. Are you exhausted by your many devotions? Maybe you do rosaries, chaplets, and novenas — and rosary novenas and chaplet novenas — along with daily Mass, feast day activities, daily podcasts, and parish events, and you're drowning in it all.

Or maybe you are presumptuous. Maybe you do all of those things and you actually keep up with it all. Your inbox provides the novena for next week's feast each morning, you are on the second half of a 54-day rosary novena, you get a chaplet in most afternoons at around 3, and you are going through Bible in a Year for the third time. Maybe you are pretty sure that even God is impressed with you.

Or maybe your spiritual life is on hold. Maybe you did many of these things for much of your life, but you are just really, really busy right now. You totally plan to pray again — when you have more time. Maybe in late spring?

Whether you are overwhelmed, presumptuous, or on hold — you can do something about it this Lent. Give up worrying about anything but daily prayer, Sunday Mass, and regular confession — but put more into each of those. At your daily prayer, picture Jesus sitting across from you, lean forward, and say, "Can we just talk for a change?" He would love to hear from you.

Then comes your relationship with your spouse.

Again, let's be clear where we are starting.

Are you walking on eggshells with your spouse? Maybe you're fine, totally fine, as long as you can steer the conversation away from two or three or, well, maybe 10, touchy topics that set you off. If you talk about any of those you get angry fights or silent funks. So you don't talk about those. And you're fine.

CatholicLink
Creative and simple things to make the best of Lent

- Quit taking selfies (More God, less me)
- Delete one app from your phone that distracts you
- If you buy a snack, get one for someone else
- Fast from water (in the shower)
- Use words to express how you feel instead of emojis
- Take out the trash without being asked



Grow

Are you being maternalistic or paternalistic with your spouse? Maybe your husband complains that you don't let him do anything he likes and that you shut down every plan he tries to make — but of course you do because his priorities are all wrong. Or maybe your wife complains that you don't listen to her — but you most certainly do listen, on the rare occasions she actually has something important to say. Or is your relationship nonexistent? Maybe all you ever talk about is logistics — because you have totally different interests and haven't spent time together apart from the kids for years.

Whether you are on eggshells, being superior, or avoiding each other ... Give up your pride. Ask God for the courage to know where you are wrong and to be open minded about how your spouse is right. Ask your spouse to pray with you this Lent, and face your issues together (with a counselor would be good). And plan a regular time doing something you like so that you fall back in love.

Or maybe focus on your relationship with your children.

Again, decide which kind of parent you are.

Maybe you have an indulgent relationship with your kids. Maybe your relationship is too fun and casual. Maybe you can never draw a line. Maybe your kids are secretly stressed because there are no rules.

Or maybe you have a nagging relationship with your kids. Maybe you love their good qualities and they are really great kids, but their faults are so grating that they drive you nuts. So you end up only ever mentioning their faults. Loudly. Repeatedly. Angrily.

Maybe you are just too busy. Maybe you barely have time to finish what you need to do each day, let alone spend extra time with children who seem to be enjoying their lives well enough on their own.

Whatever your relationship with them, give up your pride about being the ideal parent in their eyes, or about their being the ideal children in your eyes. Instead, find ways to work together on projects: Ask them to do the dishes, then do it together instead of nagging about how it should be done. Fast from whatever is keeping you away from them, and pray with them daily, as a family.

Maybe this Lent can lead to more than just self-improvement in the end.

Resource: <https://aleteia.org/2025/03/03/what-can-you-give-up-this-lent-for-them>

Reflect

We often hear the words, "God's plan," but do we really know what it entails?

Have you ever struggled trusting in His plan for you? When you really worked hard for something that you truly wanted, believing it was meant for you, but only to face disappointment when it didn't happen? For me, the answer would be YES! I would be tempted to doubt God and question, "Are you even listening? Do you even care?" I would usually give in to anger, frustration, and self-pity. But as time passed on, I slowly started to see how God was guiding me in a different direction, one that I hadn't considered before.

In this first Sunday of Lent, we hear in the Gospel how Jesus spent forty days in the desert, fasting and praying. In His weakest moments, He was tempted by the devil, yet He remained firm in His trust in God. He didn't give in to the promise of comfort, power, or control. Instead, He chose to rely on the Word of God.

Like Jesus in the desert, we all face moments when we are tempted to rely on ourselves instead of God. This Lenten season invites us to turn back to Him through prayer, fasting, and giving to others—not as a burden, but as a way to strengthen our faith. Looking back, I realize that the struggle wasn't about whether I got what I wanted—it was about learning to trust that God had something better in store for us.

Here are some things to think about: What are the things that pull me away from God? How can I use this time to grow in trust? May this season of Lent help us to surrender our worries and open our hearts to God's plan, knowing that He never abandons us.

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry. We are blessed by your generosity and kindness to our student community. May we continue to pray for one another, and for peace in our world and among our brothers and sisters.

St. John Henry Newman, pray for us!

Blessings to you and your 'ohana!

- **Fay C. Pabo @fa_jo_pabO)**

