

Newman Center

Holy Spirit Parish

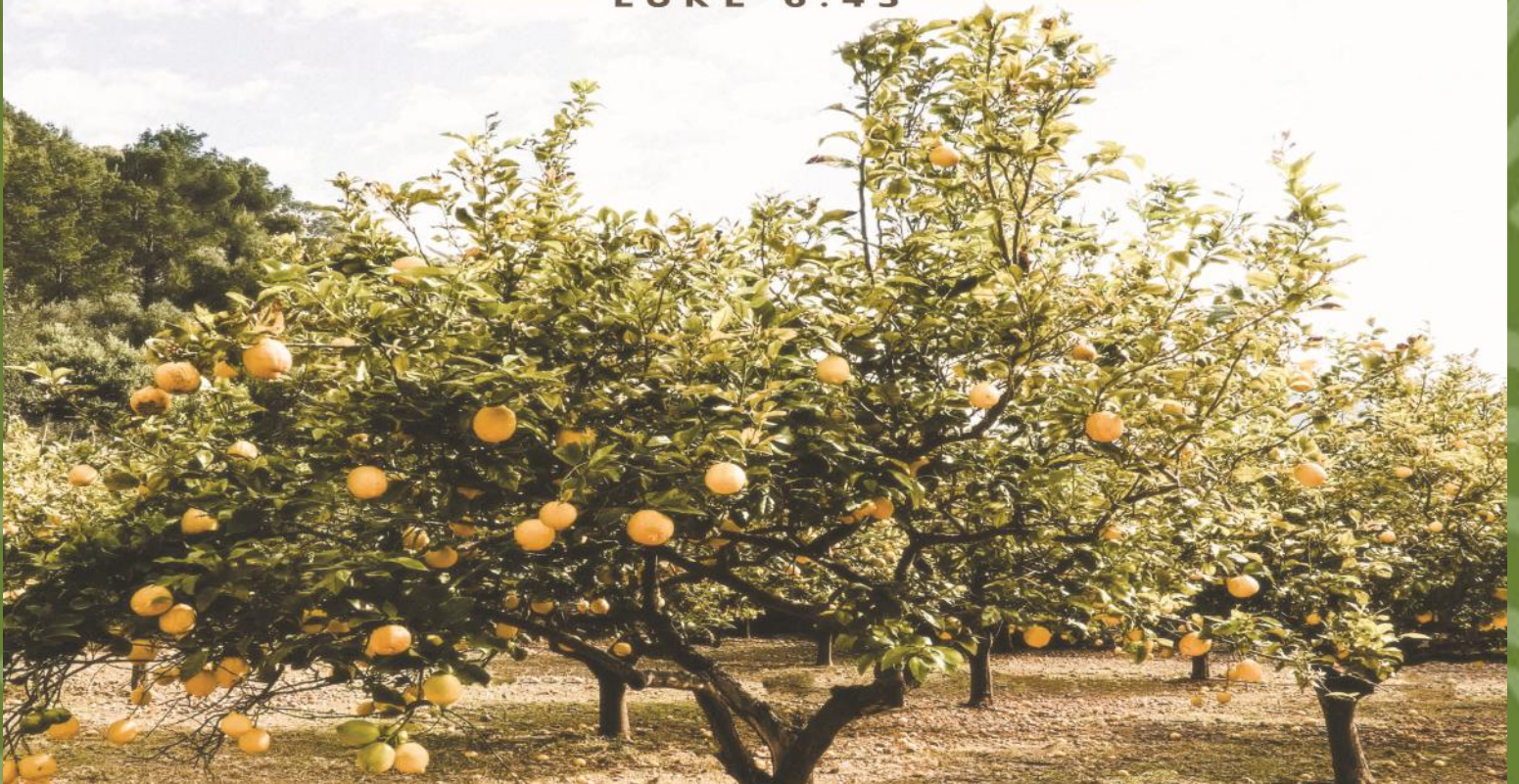


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Website: www.newmanhawaii.org | Facebook: www.facebook.com/NewmanHawaii | Instagram & Twitter: [@newmanhawaii](https://www.instagram.com/newmanhawaii)

EIGHTH SUNDAY IN ORDINARY TIME

A GOOD TREE DOES NOT BEAR ROTTEN FRUIT.

LUKE 6:43



SUNDAY, MARCH 2, 2025

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	<i>Phone Ext</i>
Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Minister Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor

Dear Newman 'Ohana,

While we do believe that a communicant receives the entire Body and Blood, Soul and Divinity of Christ by receiving Communion under either species, it is a fuller sign of the sacrament to offer the Precious Blood to those who choose to partake of it. It is a sign the Lord himself instituted as a memorial of his offering his Body and pouring out his Blood on the cross for our salvation. Last October, our bishop asked all parishes in the diocese to restore the distribution of the Precious Blood during Holy Communion by Ash Wednesday this year. Most parishes in our diocese have restored the cup. The Newman Center is one of the few handful that has not. As we prepare for the offering of the Precious Blood once again, let me give catechesis and some comments. No one is obliged to drink from the cup and offering the cup to those who do desire this fuller sign is important. Some have brought up the possibility of intinction. This is not permitted in the Diocese of Honolulu. It does not fulfill the sign of eating and drinking. Diocesan directives states: Ministration of Communion by intinction, that is, by dipping the consecrated host into the Precious Blood, is reserved to the priest (GIRM, 287). In the Diocese of Honolulu it is generally not practiced since it eliminates the communicants' legitimate option to receive Communion in the hand, and also denies the right the Faithful to receive Communion in the form of the consecrated host only. Self-intinction is never permitted. If a communicant with a consecrated host in hand approaches a minister distributing the Precious Blood with the intention of intincting the host, it is advisable to very kindly say something like: "I'm sorry, but that is not permitted. Would you like to drink from the chalice?" Thank your for your cooperation. If you are ill or have any symptoms of a cold or flu, please refrain from drinking from the cup. Also, those who are ill are excused from the Sunday obligation. Extraordinary Ministers of Holy Communion will be trained properly for the safe ministration of the cup. Finally, let us be reminded that the Lord intended his sacrament of love to be given under both species, even though the full Christ is received under one species only.

Have a blessed week,

Fr. Alfred Omar
(@fralfred808)



Liturgical Schedule

Daily Mass (*Tuesday-Friday*) 12:10PM

Sunday Mass
(*Saturday Evening Anticipated*) 5:00PM
9:00AM
11:00AM
(*Student-led Mass*) 5:00PM

Sacramental Information

Reconciliation By Appointment
Please contact the Parish Office to schedule.

Baptism By Request
Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

Funerals At Need
Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request
Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call
Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing
Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing
Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request
If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Order of Christian Initiation for Adults Ongoing
If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the OCIA,



The Word of the Lord Weekly

Sunday's Readings

First Reading:
Praise no one before he speaks,
for it is then that people are tested. (Sir 27:7)

Psalm:
Lord, it is good to give thanks to you. (Ps 92)

Second Reading:
But thanks be to God who gives us the victory
through our Lord Jesus Christ. (1 Cor 15:57)

Gospel:
"A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." (Lk 6:45)

Readings for the week of March 2, 2025

Sunday:
Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 (see 2a)/
1 Cor 15:54-58/Lk 6:39-45

Monday:
Sir 17:20-24/Ps 32:1-2, 5, 6, 7/Mk 10:17-27

Tuesday:
Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23/
Mk 10:28-31

Wednesday:
Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and
17/2 Cor 5:20-6:2/Mt 6:1-6, 16-18

Thursday:
Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/
Lk 9:22-25

Friday:
Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/
Mt 9:14-15

Saturday:
Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

Observances for the week of March 2, 2025

Sunday: 8th Sunday in Ordinary Time

Monday: St. Katharine Drexel, Virgin

Tuesday: St. Casimir

Wednesday: Ash Wednesday

Friday: Sts. Perpetua and Felicity, Martyrs

Saturday: St. John of God, Religious

Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact Cheryl Treiber-Kawaoka 808-227-5162

Family Connection

Jesus' parables in this week's Gospel are a reminder of the importance of continued learning, prayer and reflection, and humility in our discipleship. We shine God's light in the world when we are "lit from within" with God's grace, willing to examine our own conscience and recognize our own need for transformation through Jesus. As busy parents responsible for our children's physical, emotional, and spiritual growth, we may sometimes be challenged to find time and energy to care for ourselves and attend to our own spiritual growth. Yet doing so can improve our family relationships and help us guide our children in their faith. We can be reminded of the simple safety instruction we hear when flying: to put on our own "spiritual" oxygen mask before helping others.

Gather as a family and spend some time discussing ideas about what it means to be a good disciple. What do we need to learn? How are we to act? How do we treat others? Read aloud today's Gospel, Luke 6:39-45. Discuss what Jesus means when he asks, "Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?" Talk about how we might be tempted to focus on one another's shortcomings without noticing our own and how this might lead to conflict. Point out that part of being a good disciple is focusing on our own behavior. As a family, share ideas for responding as a disciple when you are upset with another family member's words or actions. (For example, taking a cooling off break before talking to the person or praying for help to see if our actions contributed to the conflict and we need to apologize.) Pray that you will grow together in your discipleship and then pray the Lord's Prayer.



Stewardship of Time, Talent and Treasure

Tithes and Offerings:

02/22/2025-02/23/2025 \$1,689.00

Online:

02/21/2025-02/28/2025 \$1,490.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections:

Catholic Relief Services—March 29/30

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer, service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen

STEWARDSHIP

SHARING THE GIFTS WE HAVE



Around the Parish



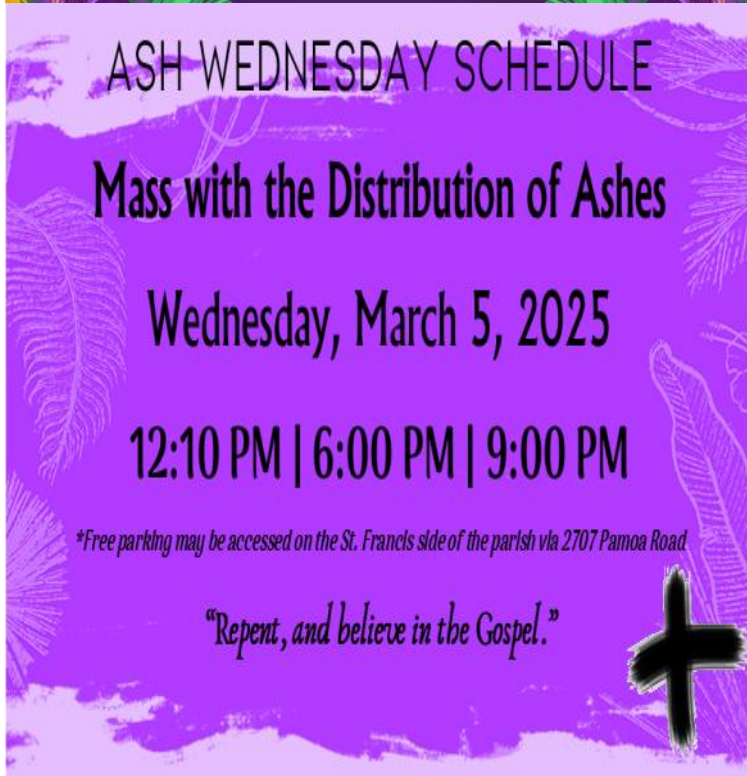
MARDI GRAS
Celebration

MARCH 04 | 6 PM

Newman Center - Holy Spirit Parish

Wear your Mardi Gras colors!!!

RSVP:
@newmanhawaii
campusministry@newmanhawaii.org



ASH WEDNESDAY SCHEDULE


Mass with the Distribution of Ashes

Wednesday, March 5, 2025

12:10 PM | 6:00 PM | 9:00 PM

**Free parking may be accessed on the St. Francis side of the parish via 2707 Pamoia Road*

"Repent, and believe in the Gospel."



New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mail

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

Prayer Corner

We have added this new column in our bulletin for those in our community who are sick and those who recently died. To add someone (with their permission) or yourself to the prayer list for the sick or someone on the In Memoriam list, please contact the parish office.



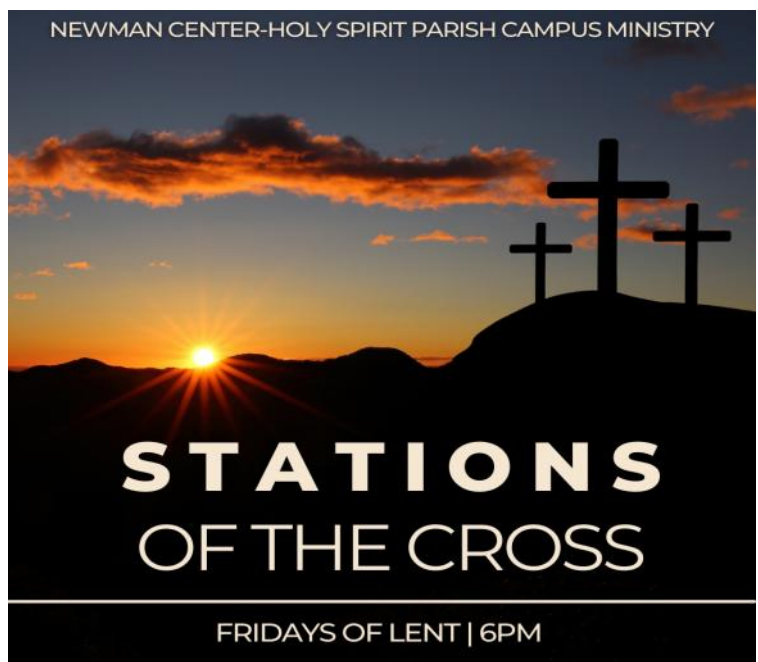
Christie Dinell
Tom Dinell

Please remember the sick and homebound in our community. Pray that they may find comfort and healing, especially:

Denise Esposito
Vernon Chock



In remembrance, let us pray for all who have died, that they may rejoice with the Risen Lord, especially our recently deceased:



NEWMAN CENTER-HOLY SPIRIT PARISH CAMPUS MINISTRY

STATIONS OF THE CROSS

FRIDAYS OF LENT | 6PM



ROMAN CATHOLIC CHURCH IN THE STATE OF HAWAII
DIOCESE OF HONOLULU
WITNESS TO JESUS

Memorandum

TO: All Clergy, Religious Orders, Catholic Schools & Parishes
FROM: Rev. Alfred Omar Guerrero, Director of the Office of Worship
DATE: February 8, 2025
RE: **Diocese of Honolulu 2025 Lenten Regulations**

FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (March 5, 2025) and Good Friday (April 18, 2025).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on days of fasting.

ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating the flesh, marrow and blood products of beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.
- ❖ Ash Wednesday, the first day of Lent, falls this year on March 5th, 2025. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- ❖ Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- ❖ To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

CAMPUS MINISTRY

Pray

Prayer to the Holy Spirit to reduce distractions

Philip Kosloski - published on 02/05/21

If you are struggling with keeping your focus throughout the day, here is a prayer for you.

The internet, while a great blessing, also has its negative side-effects. It can be tempting to constantly look at social media or YouTube, taking us away from focusing on our family and friends.

Not only can it distract us from fulfilling our daily obligations, it can also distract us from God.

Here is a short prayer from the 19th-century devotional *The Glories of the Catholic Church* that asks for the Holy Spirit's intercession to reduce distractions in your life.

O my God, dispel the darkness of my understanding by the beaming of your countenance; strengthen its weakness and disperse the gloom of worldly distractions, that nothing may ever come between me and you, the sole object of my love.

Resource: <https://aleteia.org/2021/02/05/prayer-to-the-holy-spirit-to-reduce-distractions>

Grow

3 Types of sacrifices you can make during Lent

Philip Kosloski - published on 02/18/25

Sometimes we may think that Lent only means giving something up, but in reality, there are three primary types of sacrifices we can engage in.

Whenever Lent comes around, many Catholics lean on their childhood religious education to determine what they will "give up." Based on this understanding many Catholics will choose to give up chocolate." Or some may even broaden it to include all sweets and desserts. These popular sacrifices are certainly still valid and can be a source of suffering, but they are not the only type of sacrifice that a Catholic can offer up during Lent.

The Church provides for us three categories, as Pope Benedict XVI highlighted in his Message for Lent in 2008:

In the Lenten period, the Church makes it her duty to propose some specific tasks that accompany the faithful concretely in this process of interior renewal: these are prayer, fasting and almsgiving.

Prayer

One of the more neglected sacrifices during Lent is the sacrifice of prayer. What this means is sacrificing time to pray to God. In some ways this is the most difficult sacrifice during Lent, as we treasure our time, holding it very close to us. This sacrifice can be done in a variety of ways, such as waking up early to pray, or even pausing your daily work to lift your heart to God. It does not mean that you need to pray more Rosaries during Lent. You certainly could, but it could also mean talking to God on a daily basis.

Fasting

Fasting is most closely associated with Lent, as the Church proscribes specific days for fasting and abstinence. In addition to these days, Catholics are encouraged to consider how they can offer their eating habits to God. One of the simplest ways to do this is by only eating at meals and not having any snacks. However, whatever fasting you do, be sure to consult your physician to ensure that you are not damaging your health.

Almsgiving

Almsgiving is a very popular sacrifice during Lent, as many churches have mite boxes that parishioners use to save money to give to the poor. In addition to giving money to charity, this could also include service to others, giving your time to be at a local soup kitchen. Above all, try to challenge yourself to give when it hurts. Putting pennies in a box during Lent is a good start, but if you have a stable salary and a good home, you should be able to give more.

Whatever you do, consider giving up more during Lent than chocolate.

Resource: <https://aleteia.org/2025/02/18/3-types-of-sacrifices-you-can-make-during-lent>

Things to fast from THAT AREN'T CHOCOLATE



Gossip



Hot showers



Bread



Electricity



Saying
"I think"



Making
Excuses



Sleeping in

CAMPUS MINISTRY

LENTEN

BLESSING BAG PROJECT

WE ARE SEEKING DONATIONS OF:



Toiletries: toothbrush, toothpaste, floss, soap, comb, feminine hygiene products, deodorant

Necessities: gallon size Ziploc bags, band-aids, baby wipes, hand sanitizer, small washcloth, slippers



Non-perishable items: energy bars, trail mix, gum, instant oatmeal

Mahalo
FOR YOUR SUPPORT!

NEWMAN CENTER
HOLY SPIRIT PARISH
CAMPUS MINISTRY

Reflect

Have you ever looked into a mirror and noticed something on your face that you hadn't seen before? I go through this every day (no joke!). It's funny how we can go about our day without realizing what's in front of us until we take a closer look.

In today's Gospel from St. Luke, we hear Jesus use powerful imagery to remind us to look within ourselves before judging others. He asks, "Can a blind person guide a blind person?" and points out how easy it is to notice a tiny speck in someone else's eye while failing to see the large plank in our own. His words challenge us to practice self-awareness and humility, recognizing our own faults before trying to correct others.

It's natural to see the imperfections in those around us while overlooking our own. We live in a world that often focuses on people's flaws, but Jesus calls us to something deeper—an honest reflection on our own hearts. Following Christ isn't just about pointing others in the right direction; it's about allowing God to transform us first. When we open ourselves to His grace, we become more patient, compassionate, and understanding toward those around us.

As we approach the season of Lent, these readings challenge us to reflect: Are we looking at others with a critical eye, or with the eyes of Christ? Do our words and actions reflect God's love and mercy? Let us ask God to help us remove the obstacles in our hearts so that we may bear good fruit and bring others closer to Him.

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry. We are blessed by your generosity and kindness to our student community. May we continue to pray for one another, and for peace in our world and among our brothers and sisters.

St. John Henry Newman, pray for us!

Blessings to you and your 'ohana!
- **Fay C. Pabo** @fa_jo_pabo)



ST. PATRICK'S DAY CELEBRATION

16 MARCH



6PM
*AFTER MASS

JOIN US FOR IRISH GAMES, FOOD, & FELLOWSHIP!

*RSVP BY MARCH 14 (12NOON)

FOR MORE INFO/TO RSVP:

sign-up sheet | call 808.988.6222
campusministry@newmanhawaii.org