

Newman Center

Holy Spirit Parish



1941 East-West Road, Honolulu HI 96822-2321 | PH: (808) 988-6222 | FX: (808) 988-1752 | Email: info@newmanhawaii.org
Website: www.newmanhawaii.org | Facebook: www.facebook.com/NewmanHawaii | Instagram & Twitter: [@newmanhawaii](https://www.instagram.com/newmanhawaii)



4TH SUNDAY OF LENT

For everyone who does wicked things hates the light
and does not come toward the light, so that his works
might not be exposed. - Jn 3:20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

March 10, 2024

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

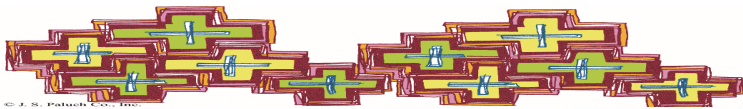
We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	<i>Phone Ext</i>
Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Minister Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor

"For by grace you have been saved through faith,
and this is not from you; it is the gift of God;
it is not from works, so no one may boast.
For we are his handiwork, created in Christ Jesus for the
good works that God has prepared in advance,
that we should live in them."

Today's well-known gospel is set in the darkness of night. Nicodemus, a Jewish leader and Pharisee, visits Jesus after the sun goes down to avoid being seen with the man who makes the religious leaders of the day tremble. Professing belief in Jesus brings about real consequences. We may be judged or dismissed by others. Perhaps even more difficult, we may have our own sinfulness exposed as we strive to live in the light of God. Lent is a season of transition as we journey with Jesus from the darkness of death to the Easter light of new life. Consider spending time this week intentionally reflection on your sins. Ask for God's healing mercy through the sacrament of reconciliation or in the quiet of your prayer time.

This weekend we welcome Bishop Larry Silva for our Episcopal Visit. The last time we had our Episcopal Visit was in 2013. Bishop Silva will celebrate all the masses this weekend and have a townhall meeting after the 11am Mass.

We also welcome this week Jesuit Father Radmar Jao who will be giving our Lenten Mission on Monday & Tuesday at 6pm. On Wednesday, he will preach at the penance service and be one of the confessors for individual confessions. All are welcome to attend.

Finally, please pray for healing for those who are ill and/or are recovering especially: Dr. Cyril Goshima, Denise Esposito, and Brandon Akiona.

Have a blessed Lenten week,

Fr. Alfred Omar
(@fralfred808)



Important Notices

- Stations of the Cross FRIDAYS @ 6PM
- Episcopal Visit - Weekend of 3/9-10 ALL MASSES
- Lenten Mission 3/11-13 @6pm
- Lenten Penance Service 3/13 @6pm

Liturgical Schedule

Daily Mass (<i>Tuesday-Friday</i>)	12:10PM
Sunday Mass	
(<i>Saturday Evening Anticipated</i>)	5:00PM
	9:00AM
	11:00AM
(<i>Student –led Mass</i>)	5:00PM

Sacramental Information

Reconciliation By Appointment

Please contact the Parish Office to schedule.

Baptism By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Rite of Christian Initiation for Adults Ongoing

If you or someone you know have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



The Word of the Lord Weekly

Living Liturgy

Liturgy and Spirituality: Light and darkness are important themes of our faith. “But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.”

Saint Ignatius is well known for writing *The Spiritual Exercises*, a series of prayers and meditations that are often given in the format of a retreat, and that invite retreatants to deepen their relationship with God and discern God's deepest desire for their lives. In *The Spiritual Exercises*, Saint Ignatius provides practical Rules for Discernment that help a person to better understand if their orientation is toward God, consolation, or away from God, desolation.

Margaret Silf, retreat leader and writer, has described these states as turning toward the light for consolation and turning away from the light as desolation. Sometime our actions can look like they are oriented toward God, but upon reflection we might realize our intentions are not so holy. Saint Ignatius uses the images of “the good spirit” and “the enemy of our human nature” to demonstrate the importance of knowing which spirit is leading us as we choose a particular action.

For example, someone may volunteer for a task solely for the accolades and fame they will receive as a result. If fame is their central motivation, they will probably find themselves on a different path than that of God's deepest desire for their life.

Similarly, in today's gospel we read that although light came into the world, “people preferred darkness.” The gospel goes on to say, “For everyone who does wicked things hates the light and does not come toward the light.”

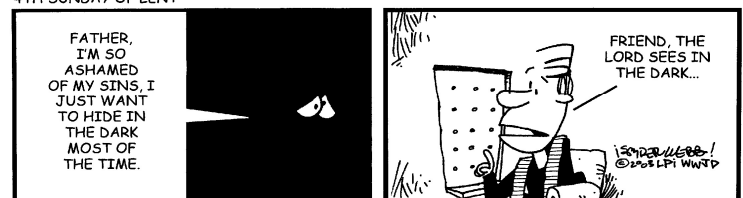
In Rule Thirteen in the *Exercises*, Saint Ignatius shares a similar piece of wisdom. He says that when “the enemy of human nature brings his wiles and persuasions to the just soul,” he wants them to remain a secret. When we bring these issues that we might feel ashamed about “to the light” by sharing them with a spiritual friend, they begin to lose their power over us and we have more freedom to choose what brings about God's greater glory.

(From Living Liturgy 2024)

READINGS FOR THE WEEK

Monday:	Is 65:17-21; Ps 30:2, 4-6, 11-12a, 13b; Jn 4:43-54
Tuesday:	Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16
Wednesday:	Is 49:8-15; Ps 145:8-9, 13c-14, 17-18; Jn 5:17-30
Thursday:	Ex 32:7-14; Ps 106:19-23; Jn 5:31-47
Friday:	Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30
Saturday:	Jer 11:18-20; Ps 7:2-3, 9b-12; Jn 7:40-53

4TH SUNDAY OF LENT



Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

Family Connection

Parents whose children are afraid of the dark are struck by John's observation that darkness is preferred to light. Perhaps this is as it should be. God made us to live in the light of his love. But this original friendship with God was corrupted by sin. Our sin causes us to shy away from Christ, the light that has come into the world. During the season of Lent, we try to fight this tendency by remembering God's great mercy and the salvation that we have received through Jesus. We do not fear confessing our sins, knowing that God forgives us, and so, during Lent, we seek out opportunities to celebrate the Sacrament of Reconciliation.

After your family gathers, sit for a time in darkness, then light a candle. Invite people to talk about what it felt like to be in the darkness and to compare that to their feelings when the candle was lit. What are we able to see by the limited glow of the candlelight that we couldn't see when we were sitting in darkness? Read today's Gospel, John 3:14-21. John's Gospel teaches us that Jesus was the light that came into the world. In this light we know ourselves to be sinners, but we are not condemned. Instead we have been saved because we have been forgiven through Jesus' sacrifice on the cross. Conclude in prayer together, thanking God for the great gift of forgiveness we have received through Jesus. Pray together the Act of Contrition.
(From Loyolapress.com)

Called to Serve

*We are in need of volunteers to serve in the
Eucharistic celebration as*

LECTORS

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

HOSPITALITY MINISTERS/GREETERS

"God does not call the qualified, rather, he qualifies the called!"

If you are willing to give of your time, talent, and treasure in
Liturgical Ministry, contact Brandon Akiona at
pastoralassistant@newmanhawaii.org today!

We look forward to serving God's people with you!



Stewardship of Time, Talent and Treasure

Tithes and Offerings:

03/02/2026-03/03/2024: \$2,164.00

Online Collection:

03/01/2024-03/08/2024: \$3,056.00

PV Purchase & Maintenance: \$1,000.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections:

Catholic Relief Services: 03/09/2024-03/10/2024

Rice Bowl: 03/28/2024 & Holy Land 03/29/2024

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to
Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer,
service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen



Around the Parish

Newman Center-Holy Spirit Parish Campus Ministry

BEAUTIFICATION DAY

Bring your family, friends, and yourselves to help prepare our space for the Advent/Christmas season.

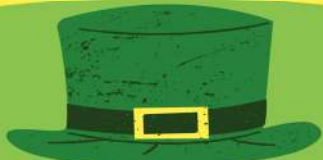
**SATURDAY,
MARCH 16
9AM - 1PM**

Refreshments and lunch will be provided



ST. PATRICK'S DAY CELEBRATION

**17
MARCH**



**6PM
"AFTER
MASS"**

**JOIN US FOR IRISH
GAMES, FOOD, &
FELLOWSHIP!**

**"RSVP BY
MARCH 12 (12NOON)"**

FOR MORE INFO/TO RSVP:

sign-up sheet | call 808.988.6222 | email info@newmanhawaii.org

Adult Confirmation

If you have not completed the Sacraments of Initiation (Confirmation and/or First Eucharist) and are aged 18 and above, we can help you. We will begin sacramental preparation for completion this coming March.

Please contact, Fr. Alfred Omar, if you are interesting in joining the preparation sessions.

Call the parish office at 808-988-6222 or email: pastor@newmanhawaii.org

New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mail!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

2024 Lent and Holy Week at Newman

March 1-Stations of the Cross @6pm
March 8-Stations of the Cross @6pm
March 9 & 10 - Episcopal Visit
Townhall Meeting after 11am Mass
March 11, 12, & 13-Parish Lenten Mission
led by Fr. Radmar Jao, SJ @6pm
March 13-Lenten Penance Service @6pm
March 13 - Lenten Penance Service @6pm
March 15-Stations of the Cross @6pm
March 22-Stations of the Cross @6pm
March 24-March 30 - Holy Week
March 28-Mass of the Lord's Supper @7:30pm
March 29-Good Friday Liturgy @1pm
Taize Service @7:30pm
March 30-Easter Vigil @8pm
March 31-Easter Sunday Egg Hunt after 9am Mass



**Celebrating Traditions
Changing the World**

March 8-14, 2024



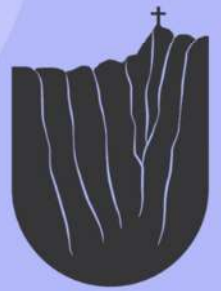
Scan to learn more about
Women Religious in the
Diocese of Honolulu



NEWMAN CENTER-HOLY SPIRIT PARISH

Come to the Water

Lenten Parish Mission



Renewing Our Personal Encounter with Jesus

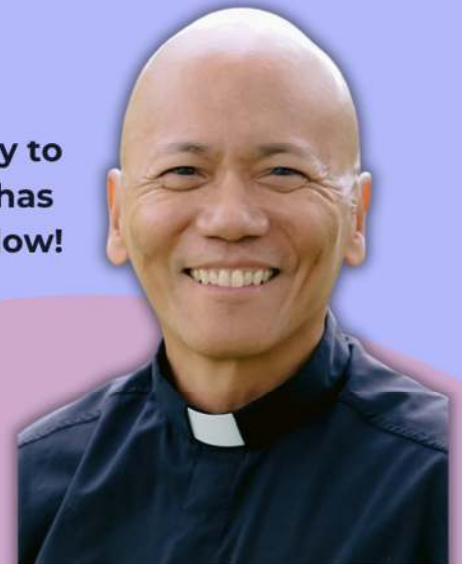
March 11 - March 13*

*Lenten Penance Service on March 13

6:00 pm

If Advent is a time to rearrange the furniture of our lives in anticipation of an infant's arrival, then Lent is our opportunity to throw out any old baby clothes and toys knowing that child has grown up and is on a mission, a mission we are invited to follow!

This 3-day parish mission invites us to renew our personal encounter with Jesus by looking at our baptism, which allows us to see the world differently, to see each other differently, and even to see ourselves differently, by recognizing and finally accepting that despite our sinful and broken nature, our primary identity is that we are God's beloved daughters and sons, who belong to a larger community of disciples, called to be of joyful service to one another!



Fr. Radmar Jao, SJ

is currently the Vocation Director for the Jesuits West province of the Society of Jesus. Prior to joining the Jesuits in 2001, he was a professional actor in Hollywood, who now uses his acting skills to witness to his faith and calling as a Jesuit priest. He is passionate about the intersection of Ignatian Spirituality and the performing arts, as well as ministering to young adults in their 20's and 30's. He's been retreat leader and spiritual director for nearly 20 years, and during his free time, he enjoys running, hiking, cooking, watching movies, good conversations, and people who make him laugh!



1941 East-West Road | Honolulu, Hawaii 96822

www.newmanhawaii.org | 808.988.6222 | info@newmanhawaii.org



Pray

Inflame your heart with God's love with this prayer

Philip Kosloski - published on 06/29/20

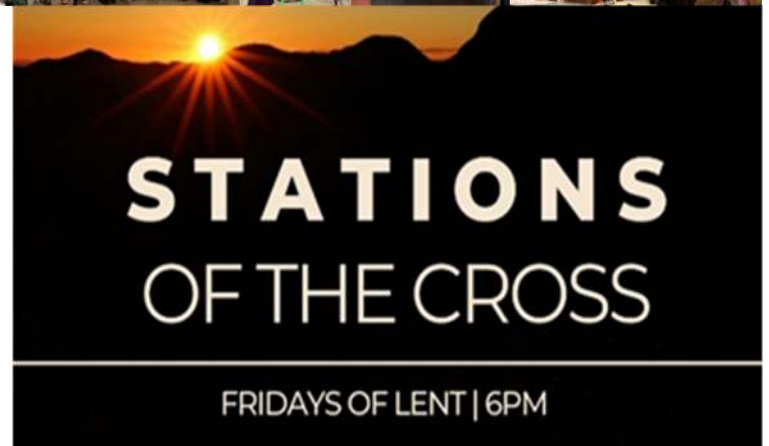
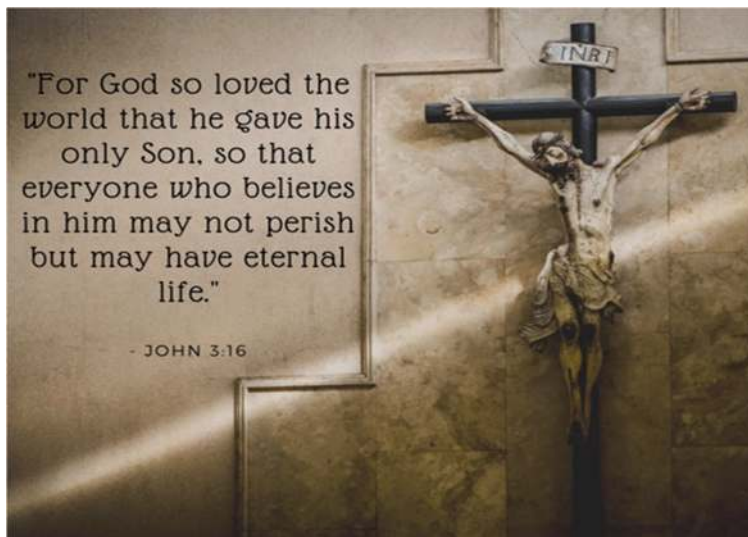
When Jesus said to his disciples that he wished to “set the earth on fire,” one interpretation has always been that he wanted to set our hearts on fire with his love.

Above all, Jesus wants us to fall in love with him and to be in an intimate relationship with him. While we do not have romantic feelings for Jesus, we should strive to love Jesus from our heart and not simply from our mind.

Here is a prayer adapted from the Golden Manual that can help in that regard, asking God in poetic language to inflame our hearts with his love.

O my Lord Jesus, O Fire that burns sweetly, and shines secretly, and consumes gently, take full possession of my whole heart. O King of kings, King of eternal glory, grant that I may hunger and thirst for you alone, sigh after you, and ardently desire to behold your countenance. Grant, O my Lord, that, wholly filled with the sweetness of your love, and wholly set on fire with the flame of heavenly charity, I may delight in you with my whole heart, and from the deepest recesses of my inmost soul. May I love you, O sweet Lover; may I love you, O only salvation of my soul; may I love you, for you have first loved me! O my own most compassionate Lord, write on the tablet of my heart the sweet memory of you, which no forgetfulness may ever erase, that I may ever burn with the desire of you, that I may be wholly set on fire with the flame of your love, and drowned in the deluge of your charity.

Resource: <https://aleteia.org/2020/06/29/inflame-your-heart-with-gods-love-with-this-prayer/>



Grow

Three battles we all have to face when we wake up

Karen Hutch - published on 03/07/24

People talk a lot about good habits, but how can we incorporate them into our daily routine to win battles against vices? That's the big question we'll answer in this article.

Overcoming these three battles will help us to have a better daily routine, because if we want to find the perfect balance for all areas of our life, it's important to start taking control.

Psychologist Carmen Hernandez, who works with young people and adolescents, shared with Aleteia the importance of forming good habits in our daily lives. “Habits are a reflection of our inner self, so there must be congruence. If your habits are good, you'll have better quality of life, as well as good emotional health,” she says.

Good habits will help us win the first battles we face at the beginning of the day, and this will make us stronger to face bigger battles during the rest of the day.

Thus, we will be able to counteract our bad habits—the ones that become vices if we aren't careful—in all areas of our life. We've made a selection of three good habits that you can start doing as soon as the sun rises.

1. FIRST BATTLE: LAZINESS

We always blame the alarm clock, and we see it as our worst enemy. Who hasn't had the experience, after having a lovely deep sleep, of hearing the alarm suddenly go off to indicate that it's time to get up!

Surely our first reaction is to hit the “snooze” button so we can rest a few more minutes, but when we do that, guess what? We've already lost the first battle of the day, which was against laziness.



Grow

So here's the solution: apply the "heroic minute" technique, proposed by St. Josemaría Escrivá in his book *The Way*:

The heroic minute. It is the time fixed for getting up. Without hesitation: a supernatural reflection and... up! The heroic minute: here you have a mortification that strengthens your will and does no harm to your body. (The Way, 206)

2. SECOND BATTLE: FORGETTING MORNING PRAYER

This and the rest of our daily battles are related to the first one, because delaying the alarm clock causes us to wake up late, which delays our whole routine. This means that we often forget to say good morning to God.

How can we win this battle?

We need to make it a rule to dedicate a few brief minutes upon waking up to thank God for the new day He has granted us. It helps us to renew our awareness that every day is a new beginning and a good opportunity to be the best version of ourselves.

Don't forget to entrust your activities and your whole day to the Blessed Virgin Mary, so that she may help you overcome temptations and sin with fortitude and temperance during the day. Keeping it brief — and thus not intimidating — at first can be helpful; then, as we consolidate the habit, we can spend more time on it. Also, thinking of the morning alarm clock as being a reminder to pray, and not just wake up, might be useful.

3. THIRD BATTLE: BEING PUNCTUAL

Remember that we have an orderly God, so we too must be orderly in our lives, dedicating time for everything.

Other people's time is just as valuable as ours, so we should get into the habit of arriving a few minutes early to every appointment, to school, or to work. If we don't have to leave home, we can still set a schedule for each thing we need to do so that we can finish them in a timely manner.

<https://aleteia.org/2024/03/07/three-battles-we-all-have-to-face-when-we-wake-up/>



"Master, to whom shall we go? You have the words of eternal life." - John 6:68



Reflect

How do you show love to your loved ones and others? One would think that saying "I love you" would suffice. For me growing up, it was uncommon. I think I heard the phrase, "I love you," maybe 10 times in my life?! Does this mean I was unloved and uncared for? Of course not! My parents and family had a different way of expressing their love — through action. From cooking our meals to dropping us off to school are examples of my family showing their love. Doing things for the other without ask was their way of caring. That was love for me. My parents showed us love through action and being present in our lives. That was unconditional love for us.

God is loving and merciful, despite our sin and weakness. We are given so many chances of repentance and of turning back to Him. This is His love for us and the world. And loving us even more to give His only Son as a sacrifice for our sins. Wow, what an awesome is He! That is the love of God. And His love is shown in so many ways in our lives. We just get preoccupied and often distracted from worldly things. But He brings us back to Him. As we continue our Lenten journey, let us be open to God's love and live out the call of love as we encourage our brothers and sisters in Christ to do the same.

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry. We are blessed by your generosity and kindness to our student community. May we continue to pray for one another, and for peace in our world and among our brothers and sisters in Christ.



St. John Henry Newman, pray for us!

- Fay C. Pabo (@fa_jo_pab0)