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## FOURTH SUNDAY IN ORDINARY TIME



## Aloha! Welcome!

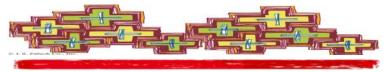
We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team	Phone Ext
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<i>Administrative Assistant</i> Alofa Leasiolagi manager@newmanhawaii.org	219
<i>Campus Minister</i> Fay Pabo campusministry@newmanhawaii.org	211
<i>Communications &amp; Pastoral Assistant</i> Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



#### Office Hours:

Monday - Friday:

9:00am to 5:00pm (except Diocesan Holidays)

Newman Center may remain open till evening programs conclude

#### Saturday and Sunday,

Open during Mass times and for activities as needed.

"If today you hear his voice, harden not your hearts."

As we reflect on our Gospel, we recognize that God possesses all authority and that we want to give Him all authority. Jesus was teaching in the synagogue on the Sabbath. All were fixed on His words and astonished at what He had to say. Suddenly everyone's attention shifted to a man with an unclean spirit who began to question Jesus and His authority. Jesus responded, "Quiet, come out of him!" and removed the evil spirit from the man. All were amazed at the healing of this man. Life can sometimes look like the synagogue in Capernaum. We are living as disciples of Christ when we suddenly recognize evil around us — through events in our lives, temptations we are enduring, or by falling into sin. It can distract us, consume our attention, or even cause us to despair. In these moments of trial, we must remember the Healer in our Gospel today. Recall His words, "Quiet, come out of Him!" Jesus has the power and authority over evil, for He has conquered sin and death. He also has the power and authority over us. And when we invite Him to have that authority, He will heal us and help us persevere. Today, we are reminded that God is in control and that we want Him to be in control. He is the loving Healer Who will work miracles in our lives if we give Him the authority to do so. ©www.catholicsteward.com

Mahalo to all those who participated in the listening sessions these past three weeks. The next step in the process will be the drafting of the self-study report by the Pastoral Council. As a reminder, the Episcopal Visit will be on the weekend of March 9 and 10, 2024. More information to come regarding the schedule.

Have a blessed week,

Fr. Alfred Omar (@fralfred808)



Important Notices

- UH Food Vault Collection Next Weekend
- Hospitality Sunday Next Weekend

### Around the Parish



FRIENDS OF NEWMAN The Annual Meeting of the FRIENDS OF NEWMAN CENTER HAWAII will be held at the Newman Center on Sunday, February 4, 2024 - 12:00PM

Whether you are a current member, or would like to know more about FRIENDS, please join us for the meeting. The FRIENDS organization helps to spread the word about the Newman Center and raises funds invested in the endowment fund for the benefit of Newman Center.

We are grateful for all the support the Friends of Newman Center Hawaii has provided these past years. In 2023, we received a grant of \$55,000 for calendar year 2024. Please consider joining this wonderful foundation!



#### New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

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Synodality ~ Encountering Listening Discerning

# Fr. Joseph McHugh S.J. Tuesday, February 20, 2024 Newman Center 6:00 – 7:30pm

(parking in St Francis School parking lot)

Fr. Joe's presentation will give some background on the three elements in the synodal process:

\* Encountering God in our prayer.

\* Sharing and Listening to what others are experiencing.

\* Discerning where God might be leading us as Church.

Time permitting, there will be an opportunity to engage in the synodal process.

Fr. Joe is currently on staff at the Jesuit School of Theology Santa Clara.



### Pray

**John Henry Newman for Year of Prayer 2024** Fr. Peter John Cameron, OP - published on 01/23/24

A moving prayer known as "Learning Christ" ... a poignant plea to live life in God.

The prayer for this week during this Year of Prayer is a moving prayer known as "Learning Christ" by St. John Henry Newman. It is a poignant plea to live a deeply authentic, faith-centered life in God:

Teach me, my Lord, to be sweet and gentle in all the events of life: in disappointments, in the thoughtlessness of others, in the insincerity of those I trusted, in the unfaithfulness of those on whom I relied. *Let me put myself aside, to think of the happiness of* others, to hide my little pains and heartaches, so that I may be the only one to suffer them. Teach me to profit by the suffering that comes across my path. Let me so use it that it may mellow me, not harden nor embitter me: that it may make me patient, not irritable, that it may make me broad in my forgiveness, not narrow, haughty and overbearing. May no one be less good for having come within my influence. No one less pure, less noble for having been a fellowtraveler in our journey toward eternal life. As I go my rounds from one distraction to another, let me whisper, from time to time, a word of love to You. May our life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity. Amen.

In preparation for the Jubilee '25, the Pope has designated 2024 a Year of Prayer. Aleteia brings you a weekly prayer to grow in this year.

Resource: https://aleteia.org/2024/01/23/john-henry-newman-for -year-of-prayer-2024/



### Grow

**Biblical quotes to help you grow in trust in God** Karen Hutch - published on 01/17/24

When we feel disconcerted, we can turn to the Bible to be reminded that God is looking over us and will give us what we need according to His plan.

The Holy Scriptures remind us that we have been saved by God and teach us, in many biblical texts, that we can trust in Him.

However, there are moments in our lives that make us feel overwhelmed or uneasy. We need to remember that God Himself is present and invites us to trust in Him, because His mercy is eternal — and He's willing to prove it.

If you're going through a time of tribulation or distrust, we invite you to meditate on these biblical quotes that can help you not to lose hope and to trust fully in God and His grace:

"They will fight against you; but they shall not prevail against you, for I am with you, says the Lord, to deliver you." (Jer 1:19)

"Surely God is my salvation; I will trust, and will not be afraid, for the Lord God is my strength and my might; he has become my salvation." (Is 12, 2)

"I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety." (Ps 4:8)

"The Lord is a stronghold for the oppressed, a stronghold in times of trouble. And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you." (Ps 9:9-10)

*"Jesus Christ is the same yesterday and today and forever." (Heb 13:8)* 

"And this is the boldness we have in him, that if we ask anything according to his will, he hears us. And if we know that he hears us in whatever we ask, we know that we have obtained the requests made of him." (1Jn 5:14-15)

Resource: https://aleteia.org/2024/01/17/biblical-quotes-tohelp-you-grow-in-trust-in-god/



# Reflect

When I come across the word or idea of "authority," I automatically think of my father. He was truly the disciplinarian in our family. With every instruction and/ or phrase that uttered from his mouth, we (my brothers and I) were to respond quickly in action and not with words of wonderment. This was my father. Despite his authoritative demeanor and tough exterior, my dad was the kindest person I ever knew. His beautiful heart was seen through his generosity and down-to-earth persona.

In today's Gospel, Jesus is going about what was believed to be a typical day in ministry. He and His disciples arrive in Capernaum. Jesus enters the synagogue, and not only does he start teaching, but teaches *with authority*, which was not the standard way the scribes would teach in the synagogues. There is a man with an unclean spirit that questions Jesus, and he acknowledge that Jesus is "the Holy One of God!" (Mark 1:23-24). Jesus commands the unclean spirit to come of the man. Everyone present was in amazement and questions Jesus' authority.

Authority can have different connotations, and we may have our own interpretation and experiences with it. We are called to follow Jesus. We are invited to recognize Jesus and to allow Him authority in our lives. Today's Psalm 95 proclaims, "If today you hear His voice, harden not your hearts." We are not to be afraid of His voice, but to embrace it with all of our heart, mind, and soul. Let us continue to examine the current state of our lives and reflect on how it influences our spiritual lives and devotion to God. May we continue to battle against distractions that hinder our relationship with God and seek His love and mercy so to continuously share God's love with others.

"What really matters in life is that we are loved by Christ and that we love Him in return." – St. John Paul II

A BIG MAHALO to our parishioners and benefactors for your continued prayers, love, and support for campus ministry.

St. John Henry Newman, pray for us!



– Fay C. Pabo (@fa\_jo\_pab0)

NEWMAN CENTER HOLY SPIRIT PARISH

Wednesday, January 31 6:00 pm

**NEWMAN CENTER-HOLY SPIRIT PARISH CAMPUS MINISTRY** 

