

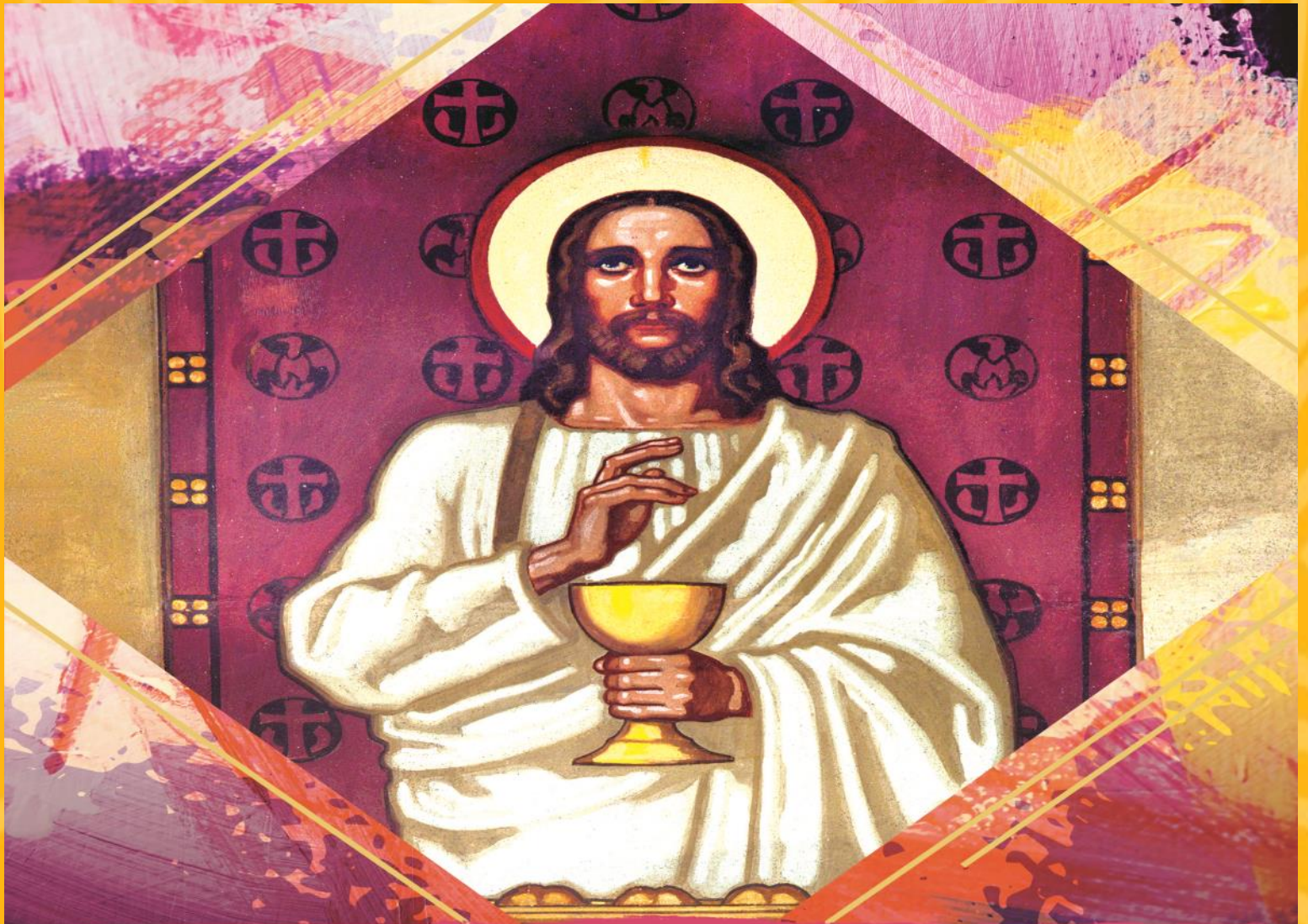
# NEWMAN CENTER

## Holy Spirit Parish

NEWMAN CENTER  
HOLY SPIRIT PARISH  
at the University of Hawai'i - Mānoa



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### THE MOST HOLY BODY AND BLOOD OF CHRIST

"This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever." - Jn 6:57-58



# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

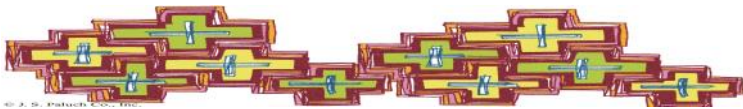
We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

	<i>Phone Ext</i>
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<b>Administrative Assistant</b> Alofa Leasiolagi manager@newmanhawaii.org	219
<b>Campus Minister</b> Fay Pabo campusministry@newmanhawaii.org	211
<b>Communications &amp; Pastoral Assistant</b> Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



## Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday:  
Open during Mass times and for activities as needed.

## From the Desk of the Pastor

"I am the living bread that came down from heaven; whoever eats this bread will live forever; the bread that I will give is my flesh for the life of the world."

Today, we celebrate the Feast of the Most Holy Body and Blood of Christ (originally called Corpus Christi or the Body of Christ). Since the Second Vatican Council, the emphasis of this feast is on the celebration of the Eucharist. Previously, the emphasis was on the Blessed Sacrament reserved in the tabernacle and exposed for adoration by the faithful. In the Catechism, it says that "the Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's action sanctifying the world in Christ and of the worship (people) offer to Christ and through him to the Father in the Holy Spirit (par. 1325)." In the Collect or Opening Prayer of the Mass, we acknowledge that we revere the sacred mysteries of the Body and Blood of Christ, and that through this sacrament, we experience in ourselves the fruits of redemption. Our regular partaking of the Body and Blood of Christ in the Eucharist strengthens us for the journey to heaven and draws us to communion with others as brother and sisters in Christ. This year's feast marks the beginning of the Parish Year of the National Eucharistic Revival. The whole mission of the revival is to renew the Church by enkindling a living relationship with the Lord Jesus Christ in the Holy Eucharist. During the Parish Year, we will focus our efforts to reinvigorate worship, create moments of personal encounter, engage in robust formation, and send you forth as missionaries. Let us pray for the success of this year!

Have a blessed week!

Fr. Alfred Omar

(@fralfred808)



## Important Notices

- 2nd Collection Nest Weekend: Diocese of Honolulu Seminarian Fund
- Newman Center CLOSED on Monday, June 12 in observance of the Kamehameha Day holiday
- Newman Center CLOSED on Monday, June 19 in observance of the Juneteenth holiday

## Liturgical Schedule

Daily Mass (*Tuesday-Friday*) 12:10PM

Sunday Mass  
(*Saturday Evening Anticipated*) 5:00PM  
9:00AM  
11:00AM  
(*Student-led Mass*) 5:00PM

## Sacramental Information

**Reconciliation** By Appointment  
Please contact the Parish Office to schedule.

**Baptism** By Request  
Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

**Funerals** At Need  
Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

**Holy Matrimony** By Request  
Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

**Holy Orders—Religious Life** By Call  
Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

**Holy Communion** Ongoing  
Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

**Confirmation** Ongoing  
Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

**Anointing of the Sick** By Request  
If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

**Rite of Christian Initiation for Adults** Ongoing  
If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



## The Word of the Lord Weekly

### Sunday's Readings

#### First Reading:

"He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers." (Dt 8:3)

#### Psalm:

Praise the Lord, Jerusalem. (Ps 147)  
Or Alleluia.

#### Second Reading:

Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf. (1 Cor 10:17)

#### Gospel:

"For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him." (Jn 6:55-56)

### Observances for the week of June 11, 2023

**Sunday:** The Most Holy Body and Blood of Christ  
**Tuesday:** St. Anthony of Padua, Priest and Doctor of the Church  
**Wednesday:** Flag Day  
**Friday:** The Most Sacred Heart of Jesus  
**Saturday:** The Immaculate Heart of the Blessed Virgin Mary

### Readings for the week of June 11, 2023

#### Sunday:

Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58

#### Monday:

2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/Mt 5:1-12

#### Tuesday:

2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16

#### Wednesday:

2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19

#### Thursday:

2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26

#### Friday:

Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10 (see 17)/1 Jn 4:7-16/Mt 11:25-30

#### Saturday:

2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 2:41-51



## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

### Weekly Essays on Ignatian Spirituality by

Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

06/3/2023-06/4/2023: \$2,598.00

Online: 06/2/2023-06/8/2023: \$1,540.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Diocese of Honolulu Seminarian Fund: 06/17 & 06/18

Holy Father (Peter's Pence) \$07/01 & 07/02

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!

## Family Connection

Our faith teaches us that when we gather to celebrate Mass, Jesus is present to us. The bread and wine truly become the Body and Blood of Christ. This is what we mean by the word transubstantiation: Jesus makes himself present to all who receive the Body and Blood of Christ.

If there are children in your family who have already celebrated their First Holy Communion, invite them to share their memories of this special day. If there are family photos taken on this occasion, bring them out and share them together. Adults in the family may also share memories or photos that they have of their First Communion. Then read together today's Gospel, John 6:51-58. Reflect together on what Jesus means when he calls himself the "living bread." Recall that every time we receive the Eucharist, Jesus keeps the promise he made in today's Gospel—those who eat his flesh and drink his blood will remain forever connected to him. Perhaps family members can share what it means for them to receive Jesus in the Eucharist. Together thank God for this gift of Holy Communion.

Pray together the Lord's Prayer or today's Psalm.



## STEWARDSHIP MOMENT

Among the compelling Eucharistic themes proclaimed in today's readings is the notion of "participation" as found in Saint Paul's letter to the Corinthians. Good stewards are part of a Eucharistic family: loving, welcoming, serving. An important part of living as a steward comes about in the many ways we can participate in the life of the Church. No matter how much time we have to give, no matter what our skills or interests, no matter what our level of commitment, there is a way to participate as a good steward to enrich our lives and the lives of others to build up the Body of Christ. How do you participate in the life of your parish?

## Nutrition Facts

Serving Size 1 Life

	%Daily Value*
<b>Prayer</b>	100%
Rosary 100g	
Sacred Scriptures 100g	
Spiritual Reading 100g	
<b>Sacraments</b>	100%
Eucharist 100g	
Confession 100g (Depending on spiritual needs)	
<b>Evangelization</b>	100%
<b>Works of Charity</b>	100%
<b>Community</b>	100%

\*Percent Daily Values are based on a daily spiritual diet. Your daily values may be higher or lower depending on effort and time available.



## STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to  
Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer,  
service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen





## Pray

### Prayer to the Sacred Heart in thanksgiving for the Eucharist

*Philip Kosloski - published on 08/13/21*

Thank the Sacred Heart of Jesus for the wondrous gift of the Eucharist.

The Eucharist is a beautiful gift given by Jesus to all of us. However, we often take it for granted and don't take the time to give thanks to Jesus for it.

Here is a prayer from the Raccolta that gives thanks to the Sacred Heart of Jesus for this sacrament of love.

Behold, my most loving Jesus,  
to what an excess  
Thy boundless love has carried Thee.  
Of Thine own Flesh and Precious Blood  
Thou hast made ready for me a banquet  
in order to give me all Thyself.  
What was it that impelled Thee  
to this transport of love for me?  
It was Thy Heart, Thy loving Heart.  
O Adorable Heart of my Jesus!  
Burning furnace of Divine Love!  
Within Thy most sacred wound  
receive Thou my soul;  
that in this school of charity  
I may learn to requite the love of that God  
who has given me such wondrous proofs of his love. Amen.

*Resource: <https://aleteia.org/2021/08/13/prayer-to-the-sacred-heart-in-thanksgiving-for-the-eucharist/>*

## Grow

### The 9 simplest ways for Catholics to grow in faith

*Cerith Gardiner - published on 06/07/23*

If you're wanting to deepen your faith, look no further than these useful ways to help.

Sometimes it's a little hard — and even a little daunting — trying to deepen your faith, while also trying to manage the hectic lifestyles we tend to lead.

So to help you try and focus on faith a little more, here is the only to-do list you really need to consider. And remember, as with all to-do lists, it can take a long time for everything to get crossed off, so don't panic if you can't achieve this as quickly as you'd like — baby steps all the way!

#### Go to Mass each Sunday

This might seem obvious, but sometimes there can be an event that stops you from going to church. Make sure your Sunday priorities start with Mass, and everything else can fall into line afterwards.

## Grow

### Monthly confession

Going to confession can help you grow close to your Heavenly Father, as it's not just about confessing sins, it's about seeking His mercy, receiving it, and remembering that God loves you unconditionally. And afterwards you'll feel that little bit lighter and ready to embrace all life has to offer.

### Daily prayers

Now if you find it difficult to set time aside each day for prayers, then there are ways to incorporate prayers into your daily life without you neglecting other important duties. For example, if you're in traffic, then you can always take the time to pray, and while you're at it, you could also ask for a safe journey! Still, though, nothing will ever replace a set time for God each day. Try to work toward it little by little.

### Reading

There are so many books that are great for Catholics. The Bible itself is in a category all its own as the Word of God. But beyond that, there are so many types of spiritual reading, from the Catechism to books from saints that can inspire you in your daily life, and even books that demonstrate love and kindness.

### Perform a daily act of mercy

There are Corporal and Spiritual Acts of Mercy that you can easily carry out in your day, that won't take up too much time. From trying to forgive those who've wronged you, to offering food to those in need.

### Read Daily Mass readings

This might be tricky if you feel overwhelmed and pushed for time, but it's something you can work up to. The readings said at Mass each day are available on the Internet and on apps, such as Hallow.

### Pray the Rosary

Praying the Rosary might be a little time-consuming, but you could start with praying just a decade. Then over time, build it up and before you'll know it you'll be reaching out to Our Lady on a daily basis.

### Show gratitude

You can pray, and offer your help, but it's also important to take stock of everything you have. You can practice daily gratitude, in which you consider all the things you are grateful for in that day. You could either write them in a journal, or just think about it in your prayers. But once you appreciate everything you have, you'll certainly grow in faith.

### Join your local Catholic community

It's lovely to grow in faith with other members of your parish or Catholic community. If you're not able to physically get out and about, you can join groups online that suit your particular needs.







## Reflect

Back in 2020, right at the start of the Covid-19 pandemic, I had the privilege of participating in a wonderful project called "The Hawai'i Blessing," led by Hawaiian Island Ministries. Here is some background information about the project:

A gift from the Churches of Hawai'i, the Hawai'i Blessing was recorded during the first week of May 2020 by worship leaders from 25 churches across all 6 major islands of Hawai'i. During this time of sheltering-in-place, isolation, and uncertainty about the future, we could all use a blessing and a sense of togetherness. In Hawai'i, we call that 'ohana – family. This collaboration was a powerful experience for every person involved. Each contributed the gift of him or herself, and the sum is far greater than the parts. We hope this will bless you.

YouTube Link: <https://youtu.be/BxQORnKjrZY>

The pandemic certainly put a hold and strain on our lives and affected us in many ways. But we are blessed, nonetheless. God gave us the greatest gift of His only Son, Jesus Christ, who suffered, died, and rose from the dead so that we might have eternal life. He continues to feed us spiritually when we partake in the Eucharist. We have been gifted with so much. May we stay humble and recognize the need for God in our lives. Not just to only call on Him for help when we need it most but to give thanks and praise to God every single day for the abundant blessings we receive. May we continue to recognize the truly presence of Christ in the Eucharist, and that this spiritual food and drink continue to nourish our bodies and souls do His work here on earth.

"What you see is the bread and the chalice; that is what your eyes report to you. But what your faith obliges you to accept is that the bread is the Body of Christ, and the chalice is the Blood of Christ. This has been said very briefly, which may perhaps be sufficient for faith; yet faith does not desire instruction." – St. Augustine

Mahalo to all our parishioners and benefactors for your continued love and support in sustaining the mission and vision of campus ministry here at the Newman Center. We are truly blessed and grateful for your generosity.

St. John Henry Newman, pray for us!

Blessings to you and your 'ohana!

- **Fay C. Pabo** (@fa\_jo\_paboO)



# Faith AND Science

with guest speaker

## FR. JUAN PABLO MARRUFO-DEL-TORO, S.J.

Fr. Juan Pablo Marrufo del Toro, S.J. is a native of Guadalajara, Mexico, where he studied physics and business graduating in 2001 from the Jesuit University of Guadalajara. He joined the Jesuits in 2003. As a Jesuit, he earned an M.A. in philosophy of science in 2009 from Loyola University Chicago where he was a telescope operator for the Adler Planetarium; he also earned a Master's in Divinity (2015), a master's in theology (2016) a Sacred Theology Licentiate (2018) from Santa Clara University and a master's in education from the University of San Francisco in 2023. Fr. Marrufo-del-Toro was ordained a Roman Catholic Priest in 2015 and has worked for the Vatican Observatory doing Stellar Photometry and Public Relations. Currently, Fr. Marrufo-del-Toro teaches physics and astronomy at Brophy College Preparatory in Phoenix, AZ where he is also the school's chaplain.

# Wednesday, June 28, 2023 | 6:30pm

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