

NEWMAN CENTER

Holy Spirit Parish

NEWMAN CENTER
HOLY SPIRIT PARISH
at the University of Hawai'i - Mānoa



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FIRST SUNDAY OF **Lent**

FEBRUARY 26, 2023

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**At that time Jesus was
led by the Spirit into the desert
to be tempted by the devil.**

Matthew 4:1

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

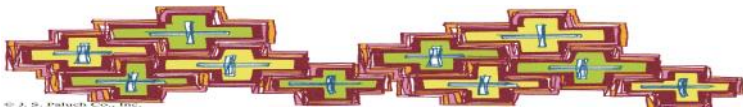
We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	<i>Phone Ext</i>
Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Minister Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!



Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor

"Be merciful, O Lord, for we have sinned."

Last Wednesday, we began the Season of Lent which is our preparation for the Easter celebration of Jesus' resurrection. It is a time when "the Church unites herself each year to the mystery of Jesus in the desert" (CCC540). Today's Gospel was the episode in our Lord's life when he was led by the Spirit into the desert at the beginning of his public ministry. "For forty days and forty nights," he prayed, fasted, and overcame the devil's temptation.

We can be sure that, as we journey through Lent this year, the enemy will likewise tempt us. The devil will try to distract us from our desire to be one with the Lord. In our commitment to devote more time for prayer, maybe he will suggest a few more minutes/hours browsing through our social media or the internet instead of deepening our relationship with Jesus. In our commitment to fast, he will suggest that, if we are hungry, maybe a serving or two of extra food or even binge eating is not an unreasonable compromise. In our commitment to abstain from meat or other things, the tempter will tell us to delay our sacrifice to another time which we may conveniently forget. In our commitment to give alms, he will make our desire even stronger for some new gadget or product that we don't need, that we forego supporting the mission of Jesus. The enemy will introduce these or some other subtle insinuations, and before we know it, we have set aside our Lenten practices. These are just examples how the evil one will tempt us and distract us from growing in holiness.

However, just like Jesus, we can say too "Get away, Satan!" Not only that, Jesus is with us to help us and journey with us through any trial or tribulations that might come our way. This annual celebration of Lent helps us experience the victory of Jesus in our own lives today. May we be faithful like Jesus, putting our total trust in God, so that we may experience the abundant blessings of the victory of Jesus on Easter Sunday!

Have a blessed week,

Fr. Alfred Omar
(@fralfred808)



Important Notices

- Parish Lenten Mission: THIS TUESDAY & WEDNESDAY 6PM
- UH Food Vault Collection NEXT WEEKEND
- Hospitality Sunday NEXT WEEKEND
- Stations of the Cross FRIDAYS @ 6PM

Liturgical Schedule

Daily Mass (<i>Tuesday-Friday</i>)	12:10PM
Sunday Mass	
(<i>Saturday Evening Anticipated</i>)	5:00PM
	9:00AM
	11:00AM
(<i>Student-led Mass</i>)	5:00PM

Sacramental Information

Reconciliation By Appointment

Please contact the Parish Office to schedule.

Baptism By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Rite of Christian Initiation for Adults Ongoing

If you or someone you know have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



The Word of the Lord Weekly

Today's Readings

First Reading — The man and the woman ate the fruit of the one tree that God had told them to avoid, and their shame overtook them (Genesis 2:7-9; 3:1-7).

Psalms — Have mercy on us sinners, O Lord (Psalm 51).

Second Reading — Death reigned from Adam to Moses, but now grace and life abound in Christ Jesus (Romans 5:12-19 [12, 17-19]).

Gospel — Jesus was led into the desert by the Spirit and there he fasted for forty days and forty nights (Matthew 4:1-11).

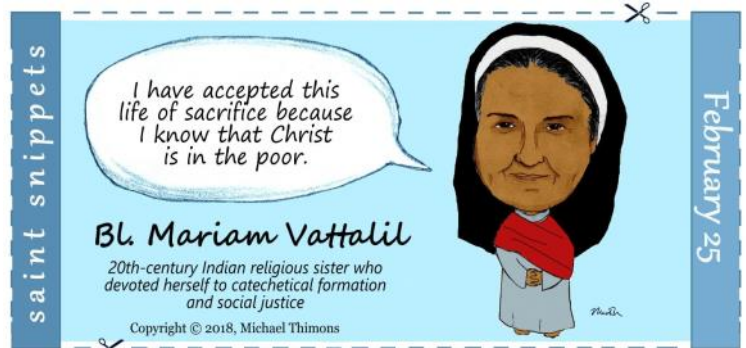
The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday:	Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
Tuesday:	Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
Wednesday:	Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
Friday:	Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
Saturday:	Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

SAINTS AND SPECIAL OBSERVANCES

Monday:	St. Gregory of Narek;
Friday:	St. Katharine Drexel; Abstinence; First Friday; World Day of Prayer
Saturday:	St. Casimir; First Saturday



WHO WE ARE AND WHOSE WE ARE

The Lenten season is a fresh invitation to explore again who God is, who we are, and what it means to be human. We begin by hearing the tragic story of the first humans in the book of Genesis. As Paul describes in Romans, our struggles started when our ancestors broke the bond of unity with God, sought self-sufficiency, and grew apart from their true purpose and identity. In Matthew's Gospel, we see how Jesus resists the lure of living outside of unity with God. Jesus rejects false promises of possessions, power, and status. Instead, he puts his life in his Father's hands. As our model for living as a fully human person, Jesus demonstrates that we are created to live in relationship with and trust in God, and in harmony with and for all of creation.

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Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Weekly Essays on Ignatian Spirituality by

Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

Family Connection

When Jesus resists the temptations presented to him by the devil, he draws on his religious upbringing and tradition. Jesus is able to quote from Scripture because he is the Son of God and because he was a human person who lived his Jewish beliefs fully. We who are responsible for raising children are also called upon to immerse them fully in our Catholic Christian tradition so that they too will be able to draw upon this tradition to resist the temptations they will face in their lives.

Use this Sunday as an opportunity to call your family's attention to the importance of Scripture in our lives. Gather your family around the family Bible and read today's Gospel, Matthew 4:1-11. Recall that Jesus rebuked the devil's temptations by quoting Scripture. Take some time as a family to talk about the words that are found in the Bible and the importance of Scripture to our faith. Perhaps the older members of the family can share a favorite Scripture passage with everyone. Younger family members can tell their favorite story from the Bible and be shown where that story can be found. In each case, encourage a deeper sharing of faith by asking each person to tell why the Scripture passage shared is important to him or her. Conclude your time together by again reading Jesus' reply to the devil found in Matthew 4:4 ("One does not live by bread alone . . .") and praying the Lord's Prayer.

Stewardship Moment

In today's Gospel reading we listen to the confrontation between Jesus and the devil, who thought he might tempt Jesus to forget who he was and commit a grievous sin when he was most vulnerable. Jesus had just spent 40 days and nights out in the desert, alone, away from civilization. He was hungry, thirsty, and tired. If there ever was a time to tempt Jesus, that was it. Temptations to sin come at us every day, from many directions and in many different forms. When the temptation to sin tries to overcome us, how do we react? Do we consciously remind ourselves that we are followers of Christ? Is there a time this week when you have needed to confront a temptation to sin? What lessons did you take away from the experience?



Stewardship of Time, Talent and Treasure

Tithes and Offerings:

02/18/2023-02/19/2023: \$2,710.00

Online Collection:

02/17/2023-02/24/2023: \$1,730.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections:

Catholic Relief Services: 03/18/2023-03/19/2023

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to
Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer,
service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen



Around the Parish

Newman Center Lenten Series 2023 THIS TUESDAY AND WEDNESDAY

Learning to Listen to God

A TWO-PART SERIES ON THE
DISCERNMENT OF SPIRITS IN THE
TRADITION OF ST. IGNATIUS LOYOLA
AND THE JESUITS

How do I discover God's plan for me?
How do I know that I am listening to the Lord?
(And not my projection of what I think God
wants for me?)
How do I know what to do with my life?
What career choices to make?

This two-part Lenten series explores the rules for the Discernment of Spirits from the Spiritual Exercises of St. Ignatius Loyola, the Founder of the Jesuit Order. A 500-year tradition, this practical guide can be used as a tool to deepen one's relationship with Christ.

The first evening explores St. Ignatius's first set of rules which apply to spiritual beginners.

The second evening builds on the foundation from the first set and will explore additional rules and principles for those who are more experienced in discernment.

Both evenings will include ample time for prayer and discussion. 90 minutes each evening.

About the Presenter:

Born in Seattle and raised in Honolulu, Fr. Phillip Alcon Ganir, S.J. joined the US West Province of the Jesuits in 1999 after graduating from UH Mānoa in Political Science and Asian Studies. In addition to the spiritual, pastoral, and academic training required of Jesuits, he completed music degrees at the Manhattan School of Music and the University of Notre Dame, and worked as an Associate Pastor at St. Ignatius Parish, Sacramento. Currently, a PhD Candidate in Catechetics at Washington DC's Catholic University of America, he is writing his dissertation on music and catechesis while assisting in campus ministry at Georgetown University, where he currently resides in the Jesuit community. He is proud to call O'ahu his home, especially the Newman Center where he worked as an undergraduate; Damien Memorial School where he graduated in 1994; and St. Elizabeth, 'Aiea, his parish and former grade school.



New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mail!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!



Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left or diagonally until all letters are used once. Ignore any black squares.

Jesus was led by the Spirit into the
desert to be tempted by the devil.
He fasted for forty days ...

	O	F	
R	T	D	A
T	Y	N	N
S	H	G	I

A _ _ _ _ _

Answer: *and forty nights*

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Excerpt from the NAS © 2010, 1991, 1970, CCD

The Little Ones

Jim Burrows



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NEWMAN CENTER-HOLY SPIRIT CAMPUS MINISTRY

STATIONS OF THE CROSS

Fridays, 6pm

February 24 • March 03 • March 10

March 17 • March 24

March 31

"Then Jesus said to his disciples, 'Whoever wishes to come after me must deny himself, take up his cross, and follow me.' " - Matthew 16:24

WWW.NEWMANHAWAII.ORG



St. Patrick's Seminary

2ND ANNUAL DAY OF GIVING

Thursday, March 16, 2023

Support the formation of future priests for our diocese!

Help us meet this year's goal of \$125,000



Text **PRIEST**
to 71777
or scan our
QR Code:



For more information, check out
<https://igfn.us/vf/PRIEST>

PLEASE JOIN US!

40 Days for Life Opening Mass & Guest Speaker

Tues., February 28, 2023

Mass: 7:00 pm
Bishop Larry Silva
St. Theresa's Co-Cathedral
712 N. School Street, Honolulu, HI 96817



Special Pro-Life Speaker:



Prior to Mass:
6:00 pm

St. Theresa Parish Hall

Mayra Rodriguez,

Former Planned Parenthood Director,
Glendale, AZ

Hear her testimony of how she quit her job in the
abortion industry after 17 years. Learn the
marketing strategies targeting your keiki and how
to educate them.

Potluck & Social to follow Mass:

8:00-8:45 pm

St. Theresa Parish Hall

Co-hosted by:



Please RSVP for each
event, using this QR code



Questions?

Call Anne, 808-268-7143
anne40dfl@gmail.com

Pathways to Holiness

More Info



for youth in
grades 7-12

March 25, 2023

at St. Stephen Diocesan Center (6301 Pali Hwy.)

Time: 9:00 a.m. - 6:00 p.m.

Questions? Contact the OYYAM at oyyam@rcchawaii.org



Pray

Begin Lent by praying Psalm 51

Philip Kosloski - published on 02/21/23

Many of the psalms in the Old Testament speak to our human condition and our need for repentance. They are beautiful poems that recall our sinfulness, while also looking forward to redemption in Christ. In particular, Psalm 51, also called the Miserere, is a perfect psalm to begin the season of Lent. The Church even prescribes this psalm for the Ash Wednesday liturgy.

Pope Benedict XVI commented on this psalm in his homily for Ash Wednesday in 2012.

The same Spirit who raised Jesus from the dead can turn our hearts from hearts of stone into hearts of flesh (cf. Ezek 36:26). We invoked him just now in the Psalm Miserere: "Create in me a clean heart, O God, and put a new and right spirit within me. Cast me not away from your presence and take not your holy Spirit from me" (Ps 51 [50]:10, 11). That same God who banished our first parents from Eden, sent his own Son to this earth, devastated by sin, without sparing him, so that we, as prodigal children might return, repentant and redeemed through his mercy, to our true homeland.

Here is an excerpt from Psalm 51 to help you start off Lent on the right foot.

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.
Wash me thoroughly from my iniquity,
and cleanse me from my sin.

For I know my transgressions,
and my sin is ever before me.
Against you, you alone, have I sinned,
and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgment.
Indeed, I was born guilty,
a sinner when my mother conceived me.

You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
Let me hear joy and gladness;
let the bones that you have crushed rejoice.
Hide your face from my sins,
and blot out all my iniquities.

Create in me a clean heart, O God,
and put a new and right spirit within me.
Do not cast me away from your presence,
and do not take your holy spirit from me.
Restore to me the joy of your salvation,
and sustain in me a willing spirit.

Grow

Try choosing one sinful habit to give up during Lent

Philip Kosloski - published on 02/15/23

Lent is a penitential season every year when many Catholics choose to give up some sort of tasty treat or licit pleasure for 40 days. It can range from candy to desserts to their favorite TV show (which they may or may not binge watch on Sunday, when Lenten penances may be waived).

While these sacrifices are good and can help us grow in holiness, sometimes spiritual directors will encourage us to focus on one sin to work on.

Sometimes it can be tempting to do it all and try to eliminate every single sinful habit in our lives.


However, that strategy is often unrealistic and we often fall short of our goal. This can lead to despair and a return to our sinful way of life, thinking to ourselves that we can never be holy.

It is possible that eating sweets is the sinful habit we need to root out of our lives, but if we look closer, it could be something even more mundane.

For example, we may be tempted each day to participate in gossip or to speak badly about others behind their backs.

Many of us struggle even more with digital temptations, such as pornography or responding to every Tweet or Facebook post with a sarcastic comment.

Whatever it may be, we all have our "pet" sins. and Lent presents the perfect opportunity to choose one to root out for the next 40 days.




To distraction

The devil wants us to either drown in penances or feel discouraged and give up. Lent should be about God, not our activities, as well-intentioned as they may be.

Antidote

Ask God to help us focus on one key thing and ask him for the grace to persevere.





Reflect

The ultimate question for the Lenten season is: What are you giving up for Lent? Some basic responses include "snacks/sweets," "social media," and "coffee" to name a few. That's great, you've got a plan! However, along our Lenten way, there might be an experience of anxiety and retraction, thus we are tempted to give "in." Temptations in our life can be contemplated in different ways, but it is how we combat through it is key. The remedy that helps us to overcome these temptations is through prayer, fasting, and almsgiving. Through prayer, we place all our hope in the Lord and ask for His guiding hand. In fasting, we are called to resist earthly temptations and seek the spiritual nourishment provided by God. With almsgiving, we are freed to give to those who are in need and put complete trust in God that He will provide all that we will need in this life and the next. May we take this time to examine our own lives and include these three spiritual Lenten practices during this season of Lent.

Mahalo to all, especially our parishioners and benefactors, for your continued love and support in sustaining the mission and vision of campus ministry here at Newman Center. We are truly grateful for your generous heart and spirit. Let us continue in building the Kingdom of God together and to love like never before!



St. John Henry Newman, pray for us!

Blessings to you and your 'ohana!

- *Fay C. Pabo* (@fa_jo_pabo0)



© Annika Nelson

LENTEN

blessing bag

PROJECT

We will be hosting this year's Blessing Bag project, and seeking donations (see list below).

You may bring your donations to the church.

Mahalo for your support!

NECESSITIES

GALLON SIZE ZIPLOC BAGS, BAND-AIDS, BABY WIPES, HAND SANITIZER, SMALL WASHCLOTH, LARGE SIZE SLIPPERS

TOOTHBRUSH, TOOTHPASTE, FLOSS, SOAP, COMB, FEMININE HYGIENE PRODUCTS, DEODORANT

TOILETRIES

NON PERISHABLE ITEMS

ENERGY BARS, TRAIL MIX, GUM, INSTANT OATMEAL

