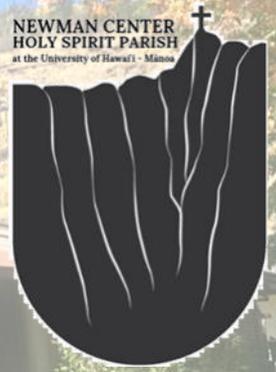


# NEWMAN CENTER

## Holy Spirit Parish



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Website: [www.newmanhawaii.org](http://www.newmanhawaii.org) | Facebook: [www.facebook.com/NewmanHawaii](https://www.facebook.com/NewmanHawaii) | Instagram & Twitter: [@newmanhawaii](https://www.instagram.com/newmanhawaii)



NINETEENTH SUNDAY IN ORDINARY TIME

AUGUST

7

2022

*Be like servants who await their master's return from a wedding.*

LUKE 12:35

# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

### Phone Ext

**Pastor | Director of Campus Ministry** 214  
Fr. Alfred Omar B. Guerrero  
pastor@newmanhawaii.org

**Administrative Assistant** 219  
Alofa Leasiolagi  
manager@newmanhawaii.org

**Campus Minister** 211  
Fay Pabo  
campusministry@newmanhawaii.org

**Communications & Pastoral Assistant** 211  
Brandon Akiona  
pastoralassistant@newmanhawaii.org

**Seminarian**  
Taylor Mitchell  
tmitchell@rcchawaii.org

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

## Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday:  
Open during Mass times and for activities as needed.

## A Seminarian Reflection

The readings this weekend start off talking a lot about faith. My initial reaction is to think that the faith described here just looks like bad planning. I am the type of person who likes to plan before I get started on something. I need a road map, or a list of objectives, or a to do list, or some sort of concrete statement of task and purpose. I like to work in familiar spaces, where I know the lay of the land and the tasks that need to be done.

Too bad the Lord doesn't always take my preferences into account.

When I heard that I would be assigned to the Newman Center, a place that I had only ever been once before for about ten minutes, I was particularly apprehensive. This parish, that was small, out of the way, and hardly on my radar, seemed like it was impossible to plan for. And that turned out to be a good thing.

Rather than hiding behind a preconceived game plan, the Lord rewarded my reluctant faith with the gift that has been getting to know this seemingly small parish with an overwhelmingly big spirit. You have all been incredibly kind and generous in your welcome to me over the summer, and I have learned many things that I hope to one day integrate into my own pastoral ministry, the most important of which is the preciousness and dignity of the people of God.

The gospel ends with the line "Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more." I have learned that pastoral ministry means being entrusted with the gifts that are the people of God, and what a great joy and great responsibility this will be. Thank you for teaching me this lesson.

Please pray for me as I journey in my formation and be assured of my prayers for you all.

See you in the Eucharist,

Have a blessed week,

Taylor Mitchell



## Important Notices

- UH Food Vault Collection Today
- If you are feeling ill or are awaiting a COVID-19 Test Result, please stay home. Face coverings indoors is optional. Thank you for your cooperation!

## Liturgical Schedule

Daily Mass ( <i>Tuesday-Friday</i> )	12:10PM
Sunday Mass ( <i>Saturday Evening Anticipated</i> )	5:00PM 9:00AM 11:00AM ( <i>Student-led Mass</i> ) 5:00PM

## Sacramental Information

### Reconciliation By Appointment

Please contact the Parish Office to schedule.

### Baptism By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

### Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

### Holy Matrimony By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

### Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

### Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

### Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

### Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

### Rite of Christian Initiation for Adults Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,



## The Word of the Lord Weekly

### Today's Readings

First Reading — Your ancestors waited in faith and courage for God's promised summons (Wisdom 18:6-9).

Psalms — Blessed the people the Lord has chosen to be his own (Psalm 33).

Second Reading — Because of his faithful obedience to God's call, Abraham's descendants number as the stars (Hebrews 11:1-2, 8-19 [1-2, 8-12]).

Gospel — Keep watch and be prepared, for you do not know the day or the hour when the Son of Man will appear (Luke 12:32-48 [35-40])

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### READINGS FOR THE WEEK

Monday:	Ez 1:2-5, 24-28c; Ps 148:1-2, 11-14; Mt 17:22-27
Tuesday:	Ez 2:8 — 3:4; Ps 119:14, 24, 72, 103, 111, 131; Mt 18:1-5, 10, 12-14
Wednesday:	2 Cor 9:6-10; Ps 112:1-2, 5-9; Jn 12:24-26
Thursday:	Ez 12:1-12; Ps 78:56-59, 61-62; Mt 18:21 — 19:1
Friday:	Ez 16:1-15, 60, 63 or 16:59-63; Is 12:2-3, 4bcd-6; Mt 19:3-12
Saturday:	Ez 18:1-10, 13b, 30-32; Ps 51:12-15, 18-19; Mt 19:13-15

### SAINTS AND SPECIAL OBSERVANCES

Monday:	St. Dominic
Tuesday:	St. Teresa Benedicta of the Cross (Edith Stein)
Wednesday:	St. Lawrence
Thursday:	St. Clare
Friday:	St. Jane Frances de Chantal
Saturday:	Ss. Pontian and Hippolytus; Blessed Virgin Mary



### FAITH

Our readings today explore how faith begins and how faith works. Faith begins with God's initiative of love, together with God's promise about the future. The passage from Hebrews urges readers to have an assured confidence in God, who promised and delivered a lasting legacy to Abraham. The book of Wisdom reminds readers of the God who promised and delivered freedom from slavery during the Exodus. In the Gospel passage from Luke, Jesus begins with the promise that "your Father is pleased to give you the Kingdom," before describing how to live faithfully during times when God seems absent. God's promises mean that God is fully invested in our future. Living in these promises, we can confidently let go of fear and insecurity. We can anticipate that when God intervenes in our lives, it will be for our benefit. And we can become God's partners in fulfilling these divine promises.

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## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

### Weekly Essays on Ignatian Spirituality by Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.



### Stewardship Moment

In today's Gospel reading, Jesus concludes his teaching about those who are "faithful and prudent stewards" with that classic stewardship teaching: "Much will be required of the person entrusted with much, and still more will be demanded of the person entrusted with more." Christian stewards recognize that God is the ultimate source of their gifts, talents, resources and aptitudes, and that God wants them to use these varied gifts in his service. This week might be a good time to reflect on our God-given gifts. Are we using those gifts to serve the Lord? If Christ came back to us unexpectedly tomorrow would we be able to give a full accounting of how we have exercised stewardship over these gifts?

### Family Connection

Years ago, most families had only one or two clocks in their home. Today, we have clocks everywhere—on our walls, on our microwave ovens, on our DVD players, on our cell phones, and so on. As a family, go through the house and count how many clocks (time-telling devices) your family has. Talk about important events for which family members need to be on time. Recall experiences of being late for something, either as individuals or as a family. Explain that in this Sunday's Gospel, Jesus talks about how important it is for us to be aware and alert, otherwise, we will miss something. Read aloud Luke 12:32-48. Talk about the parable that Jesus told and discuss how the master will feel if he arrives to find his servant doing his job. Discuss what our job is as disciples of Jesus. Explain that, just as we need to be aware of the time so that we don't miss anything important, we also need to be alert and focused on our jobs, our responsibilities as followers of Jesus. Encourage each family member to place a sacred symbol near the clock that they use most in the house and to use the symbol and the clock as a reminder that it is always "time" for us to be acting like disciples of Christ.

## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

(7/30/2022 - 7/31/2022) \$ 2,179.00

### Online Giving:

(7/29/22-8/05/22) \$ 2,869.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Catholic Charities Hawaii: Aug. 20 & 21, 2022

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



### STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to  
Malama i ka Makana (Cherish the Gift).

As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer,  
service to others and generous giving.

With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us.

We pray this through Jesus Christ our Lord. Amen



## Around the Parish



### Stewardship Counters

We are in need of volunteers to support our weekly stewardship counting which is held every Tuesday morning from 9:30 AM—11:00 AM. No experience needed and training will be provided. If you are able to assist in counting our weekly stewardship offerings please contact the parish office. Mahalo for your consideration!



### Wallyhouse Catholic Worker Donations

Mahalo Nui Loa to all those who supported the urgent appeal for hygiene supplies for the Wallyhouse. Your generosity directly supports our brothers and sisters in need. An ongoing donations drive will be held to assist in low inventory and needed travel size toiletries. You are welcome to support this ongoing need by dropping supplies off to the Wallyhouse or here at Newman. Mahalo for your kokua!

## New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

### Letters from Heaven

Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

Jesus said to his disciples, "For where your treasure is, there also ..."

	A	R	B
R	E	E	T
U	H	L	W
O	Y	I	L

W \_\_\_\_\_

Answer: *will your heart be*

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### The Little Ones

Jim Burrows

Jesus said to his disciples:  
"For where your treasure is, there your heart will be also." Luke 12:34

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Scripture from the New American Standard Bible © (NASB), © by the Lockman Foundation. Used by permission. www.Lockman.org

## Called to Serve

We are in need of volunteers to serve in the Eucharistic celebration as

LECTORS

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

HOSPITALITY MINISTERS/GREETERS

"God does not call the qualified, rather, he qualifies the called!"

If you are willing to give of your time, talent, and treasure in Liturgical Ministry, contact Brandon Akiona at [pastoralassistant@newmanhawaii.org](mailto:pastoralassistant@newmanhawaii.org) today!

We look forward to serving God's people with you!



## Around the Diocese



**JESSE ROMERO**  
Dynamic Catholic  
Author, Speaker,  
and Radio Host  
*in Hawai'i!*

“With a Bible in one hand,  
with a Rosary in my other  
hand, and with Jesus in my  
heart, you will hear the  
fullness of the Catholic faith  
in an evangelical style  
with devil destroying theology.”  
- Jesse Romero

How To Overcome Depression  
Catholic Style  
7:00-8:00 pm  
Tuesday, August 23, 2022  
Blessed Sacrament Church  
2124 Pauoa Road, Honolulu

The Power Of Prayer  
7:00-8:00 pm  
Wednesday, August 24, 2022  
St. Michael Church  
67-390 Goodale Avenue, Waiialua

The Benefits Of Prayer  
And Church Attendance  
7:00-8:00 pm  
Thursday, August 25, 2022  
St. Ann Church  
46-129 Haiku Rd., Kaneohe

Men's Conference:  
Prepare My Hands For Battle  
9:00-3:00  
Saturday, August 27, 2022  
St. Ann Church  
46-129 Haiku Rd., Kaneohe

For more  
information contact  
Ron Gochenouer  
808-306-7502

Sponsored by  
Hawaii Catholic Men's Conference

Thursday, August 25 & Saturday, August 27, 2022  
at 7:30 p.m.

St. John Apostle & Evangelist Church, Mililani  
St. John Apostle & Evangelist Church presents Beat-lele  
Get Back! to Church Benefit Concert. Tickets are available at  
stjohnmililiani.org and on Eventbrite.

Ticket purchase enters into drawing for Kanile'a Islander Ukulele  
(includes ukulele bag, tuner, cleaning cloth, certificate) donated  
by Beat-lele and

2 free lessons by Nolet Quiason at St. John, Mililani.

General Admission: \$50

VIP: \$100 (Includes Swag Bag: concert t-shirt, 2 CDs, and au-  
tographed band photo.)

Concert T-Shirt: \$20



PRESENTS

# GET BACK!

TO

# CHURCH



# BEAT-LELE

## BENEFIT CONCERT

### ONE COMMUNITY CENTER

THURS, AUG 25<sup>th</sup> & SAT, AUG. 27<sup>th</sup> / 7:30-9:00 PM  
95-370 Kuahealani Ave., Mililani 96789  
Tickets available at: [www.stjohnmililiani.org](http://www.stjohnmililiani.org)

## Beware of Scammers

*From the Office of the Bishop*

If someone phones, texts, or emails  
you saying that the bishop or a  
member of clergy needs you to  
purchase gift cards for him, it is  
probably a scam, and you are advised not to respond.





## Pray

Are you easily distracted by your phone? Pray this prayer to stay focused

Philip Kosloski - published on 11/07/19

Smartphones can be great tools, but can also distract us from what really matters in life.

Do you ever find yourself mindlessly scrolling through Facebook, Twitter or Instagram? Or maybe you begin searching Google or YouTube for something in particular, but find yourself an hour later watching cat videos?

While taking a break from life and enjoying a little entertainment isn't a bad thing, what can be harmful is when our idle behavior ignores those who matter most in our lives.

Unfortunately, many of us are guilty of getting trapped within our phones or computers and ignoring our children, family members or friends. We might even find ourselves neglecting our duties at work because of our habit of constantly checking our phone to see what's new on our social media feed. This addicting habit of ours could be described by past spiritual masters as "idleness." While our brain may not be idle while we scroll through our phone, we temporarily put our lives on hold when we do such things and are idle, not going forward with any specific purpose in mind. Smartphone entertainment has its time and place, but often we don't restrict it and allow it to permeate every minute of our day.

Idleness can be spiritually harmful as it turns our souls inward, looking more at ourselves and our needs than those around us. It naturally leads to lazy behavior, where we neglect our responsibilities and do not live up to our vocation. Our child might be trying to ask us a question and instead of answering it, we ignore them and scroll through our phone.

While this behavior is difficult to change overnight, the first step is in acknowledging its negative effects and praying to God for help. We can't do this alone and need God at our side in order to overcome our temptations.

Here is a short prayer that asks God to help us overcome our habit and focus our lives on the people who are right in front of us.

O God, whom I have displeased by squandering away,  
on worldly cares and idle vanities,  
so many, many hours of that existence  
which was given to me  
for the performance of good works,  
for my own sanctification,  
and for the edification of my neighbors;  
keep me, Lord, from all such waste of time.  
May your grace teach me to remember  
that I shall have to give an account of the manner  
in which I shall have spent every hour;  
and may this remembrance prompt me to employ  
the rest of my life in working out my salvation.  
Teach me to remember that,  
on this very day, and on every day of my life,  
it is my first duty to glorify you, my God;  
to imitate you, my Jesus; to resist temptations;  
to overcome my passions;  
to make the most of my time;  
to think on eternity and to pay attention  
to those who matter most in my life.  
These are my first calls:  
teach me to remember them—enable me to fulfill them;  
and never let me idle away one single hour in vanities  
or in worldly matters that may hinder me  
from performing those duties which you have entrusted to me. Amen.

## Grow

Trouble sleeping? Try staying awake!

Calah Alexander - published on 06/05/17

A sleep expert explains how 'paradoxical thinking' can help calm you down so you can fall asleep easier.

Anyone who's struggled with insomnia knows how frustrating it can be to lie in bed for hours, begging your brain to turn off and let you sleep. Some of us might have even tried to short-circuit the whole process by popping a few Benadryl before bed. Funny thing about Benadryl: sometimes, even after years of use, it can suddenly have the reverse effect and keep you awake for three days straight. (Ask me how I know.)

The worst part about insomnia is that it's a self-fulfilling prophecy. You don't fall asleep as quickly as usual, so you start to worry that you won't be able to sleep, which makes you anxious and prevents sleep. CNN recently published some tips from sleep experts on how to trick your brain into falling asleep, and one of the most fascinating ones is to try paradoxical thinking:

"Thinking about sleep and wishing for it to happen is a recipe for staying awake. This is where paradoxical thinking comes in. If you give yourself the paradoxical instruction to stay awake instead, you'll be more likely to fall asleep."

That's the suggestion from Colin Espie, a professor of sleep medicine at the University of Oxford. Espie explains that when you try to fall asleep and can't, you end up having performance anxiety and get frustrated, which wakes you up. If you can get comfortable with the idea of staying awake, then those emotions have nowhere to go and you can calm down.

The article has some other really good tips, including writing down whatever is keeping you awake and getting out of bed if you can't go to sleep after 20 minutes. (Pro tip: getting out of bed and turning on *The Walking Dead* will not help you go to sleep later.)

But you might have more luck preventing insomnia by thinking ahead. Avoiding screens (especially smartphones) for at least an hour before bed can help your brain wind down, because the blue light from screens suppresses melatonin. Instead of watching TV or scrolling through Facebook, get in bed with a book and some warm milk.

And if you wake up in the middle of the night, don't panic. Historically, humans slept in two four-hour periods a night, with an hour or more of wakefulness between them. We adapted to eight hours of unbroken sleep after the advent of electric lights shifted our bedtimes later, but it runs contrary to our evolutionary and ancestral sleep patterns. So don't get anxious if you wake up at 3 a.m. — it doesn't mean you're not sleeping well. It actually means you're sleeping just the way you're supposed to.

# CAMPUS MINISTRY

## B2S WEEK

*Back-to-School Events at the Newman Center*



**24  
AUG**

### 5PM | ICE CREAM SOCIAL

"I scream, you scream, we all scream for ICE CREAM!"

Join us for a mini-tour, Q&A, and of course lots of ice cream as we fellowship with one another. Come and meet the staff and student council!

**26  
AUG**

### 6PM | KARAOKE NIGHT

"If you have a voice to speak, you have a voice to sing!"

Come and sing your heart out, as we spend an evening with fun, food, and lots of fellowship!

**28  
AUG**

### 5PM | MASS OF THE HOLY SPIRIT 6PM | WELCOME BBQ DINNER

"Come to the feast of heaven and earth, come to the table of plenty!"

We gather for our first student-led mass of the school year. Come and worship with us as one faith community, followed by food and fellowship.

### Reflect

Upon reflecting on this Sunday's Gospel, I flashed back to a scene from the movie, "Sister Act 2: Back in the Habit," where the "nun/teacher" Sr. Mary Clarence (aka Las Vegas performer Deloris Van Cartier) is simply explaining to her students that they need to wake up and pay attention to everything around them or else they will miss out on what the world has to offer them. Then these two students break into a two-part acapella with these words:

If you wanna be somebody, if you wanna go somewhere,  
You better wake up and pay attention.

We were reminded last week to be grateful for the abundance of blessings that God continues to shower in our lives. Today, we are to be watchful and keep our eyes on the prize – the coming of the Son of Man aka Jesus! He gives us simple tasks to follow – love our God with all our heart, and to love and care for our brothers and sisters in Christ. When we become attached to the things of this world, we lose sight and focus of our main task at hand – serving the Lord and others. When we are distracted with acquiring more power and wealth in this world, we fail to see Christ in ourselves and eventually one another. Let us take time this week to reflect on our call to discipleship, and work on recognizing God above and not get sidetracked below. Wake up, and pay attention!

*"God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have a mission. I may never know it in this life, but I shall be told it in the next. – St. John Henry Newman*

St. John Henry Newman, pray for us!

Blessings to you and your 'ohana!

- **Fay C. Pabo** (@fa\_jo\_pabo0)

### Questions? Contact us:

Fay Pabo, Campus Minister  
E: [campusministry@newmanhawaii.org](mailto:campusministry@newmanhawaii.org)  
P: 808.988.6222 | W: [www.newmanhawaii.org](http://www.newmanhawaii.org)

