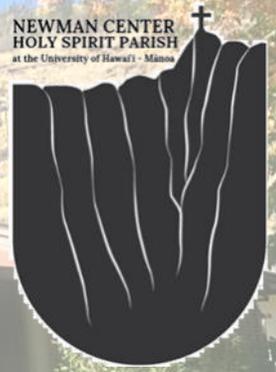
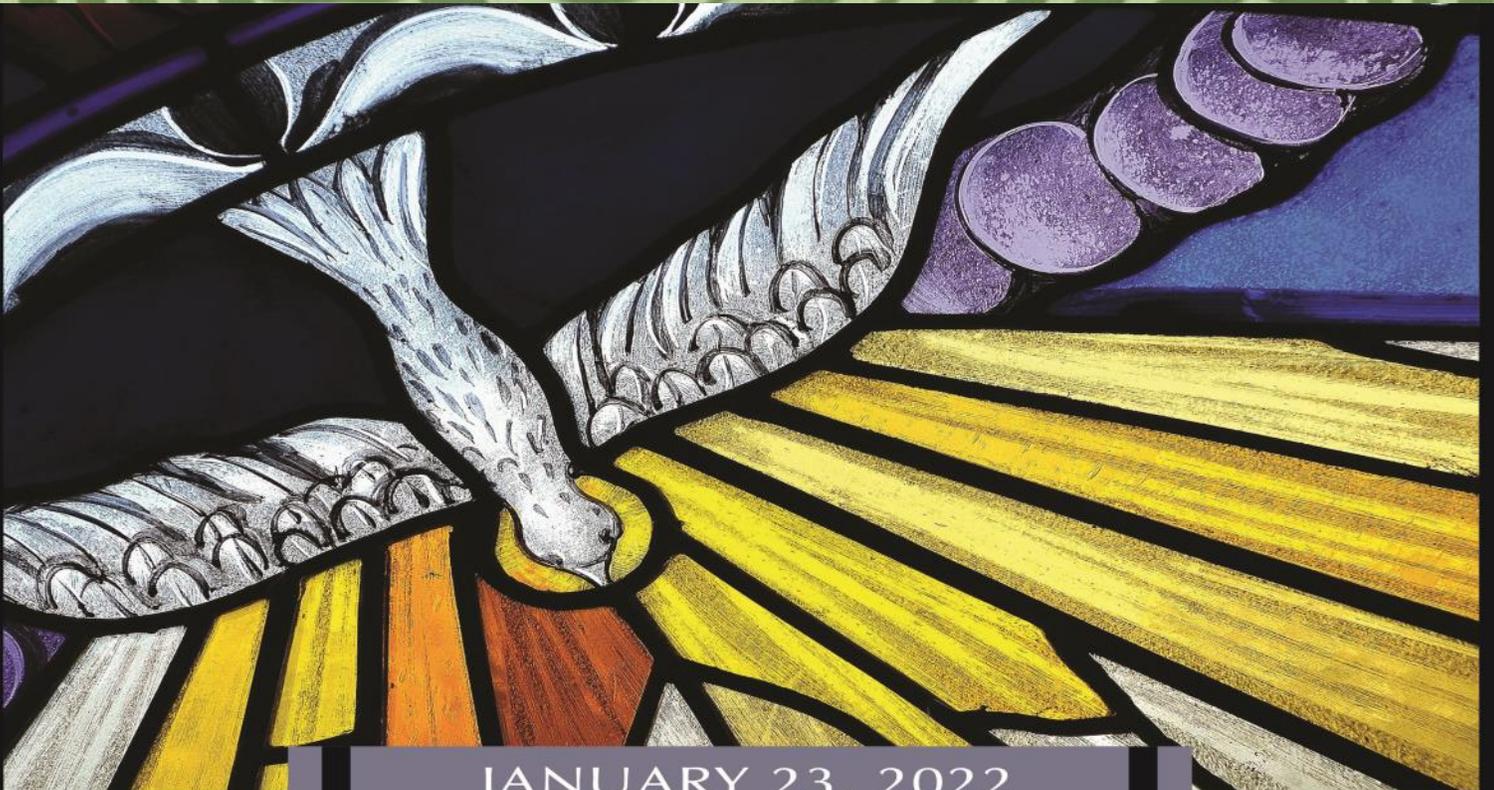


# NEWMAN CENTER

## Holy Spirit Parish



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JANUARY 23, 2022

THIRD SUNDAY IN ORDINARY TIME

THE SPIRIT OF THE LORD IS UPON ME,  
BECAUSE HE HAS ANOINTED ME  
TO BRING GLAD TIDINGS TO THE POOR.

~ LUKE 4:18

# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

	<i>Phone Ext</i>
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<b>Administrative Assistant</b> Alofa Leasiolagi manager@newmanhawaii.org	219
<b>Campus Minister</b> Fay Pabo campusministry@newmanhawaii.org	211
<b>Communications &amp; Pastoral Assistant</b> Brandon Akiona pastoralassistant@newmanhawaii.org	211
<b>Seminarian</b> Jong Woon "Pancratio" Yoon	

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

## Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday,  
Open during Mass times and for activities as needed.

## From the Desk of the Pastor

"As a body is one though many parts, and all the parts of the body, though many, are one body, so also Christ."



On September 30, 2019, Pope Francis announced that the Third Sunday in Ordinary Time every year would be celebrated as the Sunday of the Word of God. In his Apostolic Letter *Aperuit Illis*, he said "devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury

of his word and enables us to proclaim its unfathomable riches before the world" (2). So, the Third Sunday of Ordinary Time every year is devoted to the celebration, study and dissemination of the word of God. In the our readings this weekend, we see how important the word of God was to the Israelites, Jesus himself, and is to us as well. Nehemiah describes the time when the Israelites were no longer in exile and returned to Jerusalem to rebuild their city. Ezra the priest read aloud to the assembly the book of the law of Moses. In response, the people listened attentively and as they heard the words of the law, they wept. Then Erza interpreted for them what was read and instructed the people to rejoice and celebrate instead. What was not part of our reading today was verse 12 that says, "Then all the people began to eat and drink, to distribute portions, and to celebrate with great joy, for they understood the words that had been explained to them." Do we respond with great joy the same way the Israelites did when we are fed from the table of God's word? Are we attentive to the Holy Spirit to move in action? Is reading the Bible part of my spiritual practices at home? May this Sunday be a good reminder to get on it!

Have a blessed week,

*Fr. Alfred Omar*  
(@fralfred808)

## Important Community Notices

- Our 2nd Collection today for the church in Latin America and the Black and Indian Missions. Mahalo for your generosity!
- For those parishioners who would like a dispensation from the Sunday Obligation due to the surge in covid-19 cases, please contact Fr. Alfred Omar.
- Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. If you are feeling ill or are awaiting a COVID-19 Test Result, please stay home. Thank you for you cooperation!

## Liturgical Schedule

Daily Mass ( <i>Tuesday-Friday</i> )	12:10PM
Sunday Mass ( <i>Saturday Evening Anticipated</i> )	5:00PM 9:00AM 11:00AM 5:00PM ( <i>Student –Led Mass</i> )

## Sacramental Information

**Reconciliation** By Appointment

Please contact the Parish Office to schedule.

**Baptism** By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

**Funerals** At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

**Holy Matrimony** By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

**Holy Orders—Religious Life** By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

**Holy Communion** Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

**Confirmation** Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

**Anointing of the Sick** By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

**Rite of Christian Initiation for Adults** Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,

## The Word of the Lord Weekly

### Today's Readings

**First Reading** — Ezra read from the book of the law of God to the assembled people. They understood and accepted the law (Nehemiah 8:2-4a, 5-6, 8-10).

**Psalms** — Your words, Lord, are Spirit and life (Psalm 19).

**Second Reading** — As the body with its many parts is still one body, so it is with Christ

(1 Corinthians 12:12-30 [12-14, 27]).

**Gospel** — While attending worship in the Nazarean synagogue, Jesus reads from the prophet Isaiah and declares himself to be the fulfillment of the prophecy

(Luke 1:1-4; 4:14-21)

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### READINGS FOR THE WEEK

Monday: 2 Sm 5:1-7, 10; Ps 89:20-22, 25-26; Mk 3:22-30

Tuesday: Acts 22:3-16 or 9:1-22; Ps 117:1bc, 2; Mk 16:15-18

Wednesday: 2 Tm 1:1-18 or Ti 1:1-5; Ps 89:4-5, 27-30; Mk 4:1-20

Thursday: 2 Sm 7:18-19, 24-29; Ps 132:1-5, 11-14; Mk 4:21-25

Friday: 2 Sm 11:1-4a, 5-10a, 13-17; Ps 51:3-7, 10-11; Mk 4:26-34

Saturday: 2 Sm 12:1-7a, 10-17; Ps 51:12-17; Mk 4:35-41

### SAINTS AND SPECIAL OBSERVANCES

Monday: St. Francis de Sales

Tuesday: The Conversion of St. Paul the Apostle;

Wednesday: Ss. Timothy and Titus

Thursday: St. Angela Merici

Friday: St. Thomas Aquinas

Saturday: Blessed Virgin Mary

saint snippets



Do now what you wish to have done when your moment comes to die.

**St. Angela Merici**

16th-century Italian religious educator who founded the Company of St. Ursula (from which came the monastic Order of Ursulines.)

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January 27

### GOD'S LAW

Scripture has always held God's law to be the path to human happiness. In today's first reading, Ezra the priest reads the scroll of the law to the people returned from exile. They weep—then are joyful. Israel's relationship with God had always been defined by how they kept and lived God's law. The author of Psalm 96 likewise praises the law of God as the source of wisdom, joy and enlightenment, purity and justice.

In his advice to the bickering Corinthians, Paul points out that, just as God has made all parts of a human body essential for the health of the whole, living as "Christ's body" requires that each member be recognized as necessary for the good of all. Finally, in Luke's Gospel Jesus claims that the Spirit is sending him to relieve human suffering. Like Ezra, he is reading from a scroll, proclaiming God's "law" of mercy to those in need.

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## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

### Weekly Essays on Ignatian Spirituality by

Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

(1/15/2022 - 1/16/2022) \$ 2,596.00

Online Giving: \$ 1,051.00  
(01/14/22-01/20/22)

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Church in Latin America & Black & Indian Missions 01/22 & 01/23

Augustine Educational Foundation 02/12 & 02/13

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!

## *Called to Serve*

*We are in need of volunteers for  
OUR*

## **Liturgical Environment Ministry**

*"God does not call the qualified, rather,  
he qualifies the called!"*

Please sign up on the sign up board. No experience necessary. We will reimburse up to \$45 for supplies per week.



### STEWARDSHIP PRAYER

Generous and Loving Creator, you have called us to Malama i ka Makana (Cherish the Gift). As disciples of your Son, we ask that your Spirit open our minds and hearts to more deeply appreciate your countless blessings. Increase your transforming spirit within us, so as to nurture our call to stewardship as a way of life marked always by faith-filled prayer, service to others and generous giving. With the kokua of St. Marianne and St. Damien, teach us to be good stewards so we may return a hundred-fold the makana entrusted to us. We pray this through Jesus Christ our Lord. Amen

### **STEWARDSHIP MOMENT**

Today's reading from the Gospel of Luke offers us the first words of Jesus as he begins his public ministry. The words reflect his understanding of his Spirit-anointed mission. His words are his "Mission Statement." Good stewards rejoice in being followers of Jesus. They realize that Jesus' commission is their commission as well. They embrace it and adopt it as their own. We, too, have "glad tidings" to bring to a suffering world. This year, how will we fulfill Christ's commission in the world in which he has placed us, using the gifts he has entrusted to us?





## Around the Parish



Congratulations to  
Luka Anthony Hofschneider Sablan  
Baptized on Jan. 15, 2022!

## 5 Stages of Lectio Divina

### 1. READING

Read the verses aloud, slowly and carefully, realizing that God is speaking through the sacred text. Imagine the scene, notice the feelings evoked by the text, and consider the type of writing used by the author. If done in a group, members share with the others what they have discovered in the text.

### 2. MEDITATION

Considering what particular phrases or images have caught your attention, ask yourself what the text is saying personally to you. What insight, comfort, or challenge is God offering you? If in a group, feel free to share your thoughts with the others.

### 3. PRAYER

Respond to God who has spoken to you in the text. In words of thanks, praise, repentance, or petition, speak to God from the heart. In a group, this could be prayed aloud or in silence.

### 4. CONTEMPLATION

Simply rest in God's presence. Trust God to work within you and form you in the divine image. Stay in silence and savor the Holy Spirit.

### 5. ACTION

Determine how you can turn your prayerful reflection into practical experience. Let the power of God's word have an effect in your life, making you a more committed disciple of Jesus.

## New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!



## Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

Jesus spoke in the synagogue, saying,  
"Today this Scripture passage is fulfilled ...



\_\_\_\_\_

Answer: *today you are*

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## The Little Ones

Jim Burrows



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## Pray

### Catholic prayer for strength and guidance

Philip Kosloski - published on 01/15/22

Ask God for strength today to endure any trial and the guidance to know how to follow his will.

Following God's will is not always easy and often it tests the strength of our spirit. By ourselves, we would utterly fail, but with God, we can do anything.

Here is a short prayer adapted from The Catholic's Pocket Prayer Book, asking God for strength and guidance:

O Lord, Jesus Christ,  
your will be done on earth as it is in Heaven.  
I offer myself in humble submission to do your will today.  
Confirm my soul with strength from above,  
that I may bear with a true Christian patience,  
all the uneasiness, pains, disquiets and difficulties of today and  
that I may cheerfully accept them as coming from your hand.  
Preserve me from all temptations  
and be my defense against all the assaults of the enemy.  
Guide me along the right path today,  
ready and willing to do anything for your greater glory.  
Amen.

Resource: <https://aleteia.org/2022/01/15/catholic-prayer-for-strength-and-guidance/>

## Grow

### How to transform your anger into peace

Marzena Devoud - published on 01/15/22

Being angry doesn't mean going on a rampage, but it can lead us to truth, which opens the door to peace.

The reasons we get angry can be many and varied — morning traffic jams, conflicting messages about health restrictions that constantly disrupt our daily life, and any number of the many tensions we face in our daily lives.

Valuable and dangerous at the same time  
Feeling anger is normal. This primary emotion, like sadness, joy or fear, is shared by everyone, even if not everyone expresses it in the same way.

Anger is both precious and dangerous, according to psychotherapist Christophe André. It's precious, because it is a source of energy in the face of aggression, frustration or injustice; and dangerous, because it can get out of hand and become a personal disaster (by causing us great stress) and a relational disaster (by damaging our relationships with others).

## Grow

Anger is therefore neutral, good, or bad, depending on what it's aimed at, notes Cesare Falletti, monk of the Cistercian order and former prior of the Dominus Tecum monastery of Pra'd Mill, in Piedmont, Italy, in his book *La custodia del tempo* ("The Custody of Time"). But what should we do with our anger? According to Falletti, we should not try to stifle anger, but rather transform it. But how can we do this? How can we keep calm, when the psalms teach us to get angry and cry out, "This is not right! Lord, why do you sleep?" (see Psalm 43).

Wouldn't it be better to protect ourselves behind a shell? Shouldn't we reject passions or strong emotions? "No, Christians do not run away from passions, even if they know that sometimes these can lead to error or even to sin." As Father Falletti explains, Jesus taught that what is worse than sin is "the selfish indifference of perfect people, of the faultless, of the unassailable, of those who look with contempt on the painful rise of anger in others. These people put themselves a little above their fellow men and give lessons or, as Jesus would say, they place great burdens on the shoulders of others, without lifting them themselves by a single finger." (Lk 11:46)

Being angry does not mean, however, going on a rampage, but that we must know how to "cry out and speak the truth in conscience—while knowing that we can't always be perfectly right, but who can?" the monk continues. It's about knowing how to speak the truth without fearing "the world." It is also knowing how to tell the truth to ourselves.

Keeping anger in our heart risks nourishing a desire for revenge. The answer is in the Psalms. Anger champions peace through the capacity for good that is always within human beings. "Anger invents peace and offers it perhaps without us realizing it, because often it can only be expressed as the cry of the poor to God. It is this cry that gives voice to many prophets, those of the Bible and those who are present among us today," Falletti concludes.

Resource: <https://aleteia.org/2022/01/15/how-to-transform-anger-into-peace/>



# CAMPUS MINISTRY

## Reflect

"Your word is your bond." As kids, my brother and I would often hear this phrase growing up. When our parents asked us to do something, we automatically respond with, "Yes, Mom/Dad" (Well, most of the time). Our response would validate our guarantee to complete the task/chore. Hence, our word is our bond.

In today's Gospel, Jesus speaks to us with importance and inspiration. He tells us about the Kingdom of God, which he reads from a scroll of the prophet Isaiah: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to the captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord." (Luke 4:18-19)

This is the Kingdom of God that Jesus is calling us to. We often miss this when we are focused on our everyday lives and get distracted with the many things of this world. Jesus is speaking to us now. This is ministry. Let us allow His words to bring joy and warmth to our hearts so that we may be empowered to do as He tells us. We take the Word of God and share it with the world.

St. John Henry Newman, pray for us!  
Fay C. Pabo (@fa\_jo\_pabo0)

## Campus Ministry in Action

### Hiking with the Bishop

On the Dr. Martin Luther King, Jr. Day holiday, Newman students ventured to Makapu'u Lighthouse Trail for a mid-morning hike. We were blessed to have Bishop Larry and Fr. John join us! On our way back down from the trail, we were able to see and about ten humpback whales who put a little show for us. We ended our hike with pizza! Mahalo to Dann Ebina for planning this hike and for taking amazing pictures!



### Stream Night - Holy Hour

STREAM Nights stand for: Scripture, Theology, Eucharist, Adoration, & Music. Our Newman students spent an hour of adoration of the Blessed Sacrament, led by Fr. Alfred. What a wonderful opportunity for us to recharge our mind, body and souls by spending an hour with Christ.



NEWMAN CENTER  
holy spirit parish  
CAMPUS MINISTRY

# seek<sup>22</sup>

and you shall find... 

**FEBRUARY  
4-6, 2022**

**#SEEK22**

*Seek Christ through  
prayer, sacraments,  
sessions and  
small groups*

FOR MORE INFORMATION, CONTACT FAY PABO, CAMPUS MINISTER:  
**CAMPUSMINISTRY@NEWMANHAWAII.ORG**