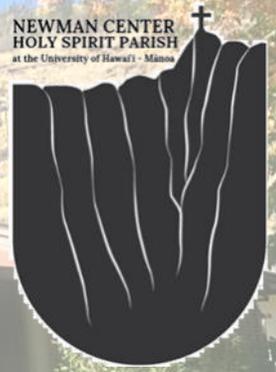


# NEWMAN CENTER

## Holy Spirit Parish



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Website: [www.newmanhawaii.org](http://www.newmanhawaii.org) | Facebook: [www.facebook.com/NewmanHawaii](https://www.facebook.com/NewmanHawaii) | Instagram & Twitter: [@newmanhawaii](https://www.instagram.com/newmanhawaii)



*The Visitation*  
Albrecht Dürer  
(German, 1471-1528)  
c. 1504  
Cleveland Museum of Art

Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Blessed are you among women, and blessed is the fruit of your womb." *Luke 1:41-42*

*Fourth*  
Sunday of

*Advent*

December 19, 2021

# Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

## Pastoral Team

	<i>Phone Ext</i>
<b>Pastor   Director of Campus Ministry</b> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<b>Administrative Assistant</b> Alofa Leasiolagi manager@newmanhawaii.org	219
<b>Campus Minister</b> Fay Pabo campusministry@newmanhawaii.org	211
<b>Communications &amp; Pastoral Assistant</b> Brandon Akiona pastoralassistant@newmanhawaii.org	211
<b>Seminarian</b> Jong Woon "Pancratio" Yoon	

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

## Office Hours:

Monday - Friday: 9:00am to 5:00pm  
(except Diocesan Holidays)  
*Newman Center may remain open till evening programs conclude*

Saturday and Sunday:  
Open during Mass times and for activities as needed.

## From the Desk of the Pastor

"Behold, I come to do your will."



Are we there yet? It is tempting to eclipse the Fourth Sunday of Advent and celebrate Christmas already. While many would prefer to get these days over with, the readings this final week are important. Throughout the Advent Season we have been meeting different characters that have played a role in God's plan for salvation. We have met the prophet Isaiah who God used to make a promise of savior. We have met John the Baptist, the voice crying in the desert preparing the way of the Lord. This weekend, we hear the story of Mary, the virgin Mother going out to the hill country in haste to visit her cousin Elizabeth after the annunciation of Lord by the angel Gabriel. After Mary's fiat or yes to God's Word being incarnate in her, she could not keep the good news to herself that she went out in haste. Upon hearing the greeting of her cousin Mary, Elizabeth was filled with the Holy Spirit that she proclaimed the joy that she and her baby felt at that moment.

I find two lessons from this passage today. First, do we go out in haste to bring the Good News to the world after every celebration of the Eucharist where we receive both Word and Sacrament? Second, do we move to action when the Holy Spirit prompts us to do so and with joy?

May we be like Isaiah, John the Baptist, and Mary, ready to do the Lord's will.

Have a blessed final Advent week,

*Fr. Alfred Omar*  
(@fralfred808)



## Important Community Notices

- The Parish Office is closed on Friday in observance of the Christmas Holiday.
- Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. If you are feeling ill or are awaiting a COVID-19 Test Result, please stay home. Thank you for your cooperation!

## Liturgical Schedule

Daily Mass ( <i>Tuesday-Friday</i> )	12:10PM
Sunday Mass ( <i>Saturday Evening Anticipated</i> )	5:00PM 9:00AM 11:00AM ( <i>Student –Led Mass</i> ) 5:00PM

## Sacramental Information

### Reconciliation By Appointment

Please contact the Parish Office to schedule.

### Baptism By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

### Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

### Holy Matrimony By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

### Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

### Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

### Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

### Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

### Rite of Christian Initiation for Adults Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,

## The Word of the Lord Weekly

### Today's Readings

**First Reading** — From Bethlehem-Ephrathah shall come forth for me one who is to be ruler in Israel (Micah 5:1-4a).

**Psalms** — Lord, make us turn to you; let us see your face and we shall be saved (Psalm 80).

**Second Reading** — We have been consecrated through the offering of the body of Christ once for all (Hebrews 10:5-10).

**Gospel** — Blessed are you who believed that what was spoken by the Lord would be fulfilled (Luke 1:39-45).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### READINGS FOR THE WEEK

Monday: Is 7:10-14; Ps 24:1-6; Lk 1:26-38

Tuesday: Sg 2:8-14 or Zep 3:14-18a; Ps 33:2-3, 11-12, 20-21; Lk 1:39-45

Wednesday: 1 Sm 1:24-28; 1 Sm 2:1, 4-8abcd; Lk 1:46-56

Thursday: Mal 3:1-4, 23-34; Ps 25:4-5ab, 8-10, 14;  
Lk 1:57-66

Friday: 2 Sm 7:1-5, 8b-12, 14a, 16; Ps 89:2-5, 27, 29;  
Lk 1:67-79

Vigil: Is 62:1-5; Ps 89:4-5, 16-17, 27, 29;

Acts 13:16-17, 22-25; Mt 1:1-25 [18-25]

Night: Is 9:1-6; Ps 96:1-3, 11-13; Ti 2:11-14;  
Lk 2:1-14

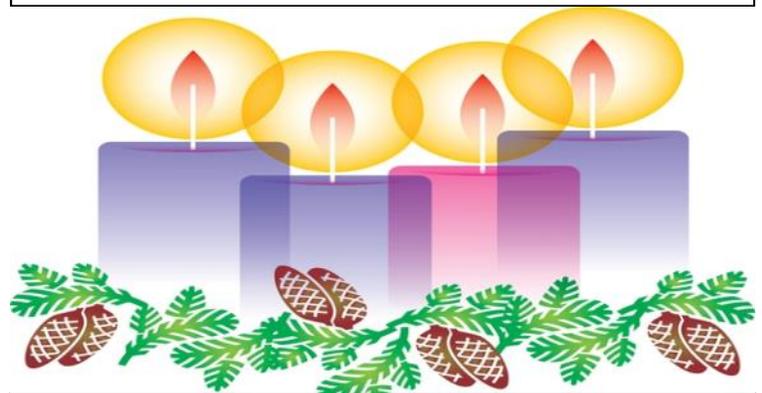
### SAINTS AND SPECIAL OBSERVANCES

Tuesday: St. Peter Canisius; Winter begins

Thursday: St. John of Kanty

Friday: The Vigil of Christmas

Saturday: The Nativity of the Lord (Christmas)



### AUDACITY

There is a spirit of audacity in our readings today. During a time of injustice and threat of invasion, the prophet Micah boldly announces that the God of insignificant Israel will raise up a leader from backwater Bethlehem, and this leader will bring justice and peace to the whole world. In the Gospel, Elizabeth and Mary, marginalized women, brazenly celebrate that their sons will be world-changing instruments of God. We further learn that this audacity is rooted in trust in God. The author of Hebrews describes the faithful obedience of Jesus. Mary is shown as the exemplar of faithful trust in God. This is the way God often seems to work, in the ordinary and marginalized in our world. Those who seem weak have learned to trust in God's strength. These have the audacity to become instruments of God's peace and justice.

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## Nourishing Our Faith

### Prayer On the Go

<https://pray-as-you-go.org/>  
<https://www.sacredspace.ie/>

### Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

### Weekly Essays on Ignatian Spirituality by

Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

### Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

## **PRAYER OF THE WEEK**

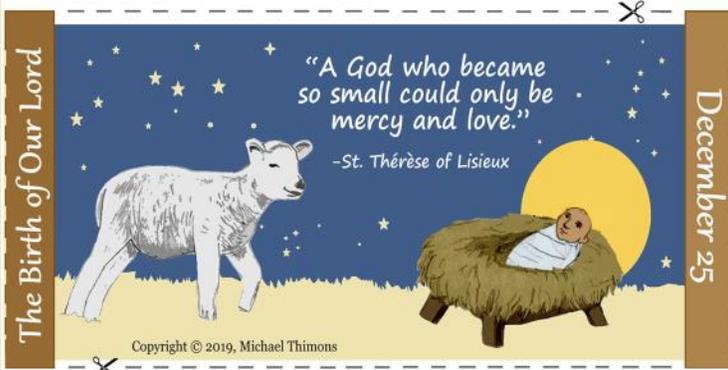
### **Fourth Sunday of Advent**

Pour forth, we beseech you, O Lord,  
your grace into our hearts,  
that we, to whom the Incarnation of Christ your Son  
was made known by the message of an Angel,  
may by his Passion and Cross  
be brought to the glory of his Resurrection.  
Who lives and reigns with you  
in the unity of the Holy Spirit,  
God, for ever and ever.

### **Reflection question:**

How can I make known to others the Incarnation of Christ?

—Corinna Laughlin, Copyright © J. S. Paluch Co.



## **STEWARDSHIP MOMENT**

As we draw close to the great Feast of the Nativity, we hear the bold stewardship proclamation twice in today's second reading from the Letter to the Hebrews: "Behold, I come to do your will, O God!" Who is this Jesus? Who are we that we should follow him? Many want him as a friend, a guide, a king, an advocate. We long to see the face of God. Jesus reveals the nature of God, the servant sent to give us new life in Him. Take time to ponder: Do we have the courage to follow Jesus? To show others the face of God? To say to the Lord: "Behold, I come to do your will?"

## Stewardship of Time, Talent and Treasure

### Tithes and Offerings:

(12/04/2021-12/05/2021) \$ 2,743.00

Online Giving: \$2,637.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

### Upcoming Second Collections:

Retirement Fund for Religious: 12/11-12/12

### Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

[newmanhawaii.weshareonline.org](http://newmanhawaii.weshareonline.org)

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



## STEWARDSHIP PRAYER

Your presence at the Eucharistic Table is truly the source and summit of our faith. And in the breaking of the bread your presence is meant to impel us to reach beyond our immediate gathering and unify us with the larger gathering of our sisters and brothers around the globe.

If we can recognize you in the Sacrament of the Eucharist, we must also be able to recognize you among those who hunger and suffer in the world. But if our faith in your presence under the appearance of bread and wine does not translate into action, we are still unbelievers.

Deepen our faith, make us good stewards of your Eucharistic presence and help us to bear fruit in the lives of those we encounter, especially those most in need of your love and compassion. Amen



## Around the Diocese

### Bishop Larry Silva's Nativity Sets Open House December 26



Bishop Larry Silva has been collecting Nativity sets from all over the world for over 40 years. Over 170 sets are on display in the library at St. Stephen Diocesan Center, 6301 Pali Road, Kaneohe, HI 96744.

**All are invited to an OPEN HOUSE the afternoon of Sunday, December 26, from 2:00 to 5:00 p.m.**

Light refreshments will be served. Some of our seminarians will also be there to co-host with

Bishop Silva so that you can meet them. There is no charge.

[Note: Library is on the ground floor for those able to park in the cobblestone courtyard. For those able to climb stairs, please park in the area below to leave spaces in the courtyard for those with mobility challenges.

We ask that all visitors wear masks.]



## Christmas Poinsettia Offering

We are now accepting flower offerings to enhance our liturgical environment for the Christmas season.

If you would like to donate poinsettias, please bring them by Wednesday, December 22.  
Mahalo!

## Family Connection

In the encounter between Mary and Elizabeth described in today's Gospel, we learn that other people can help us recognize God's presence and action in our lives. Mary traveled to see Elizabeth because Elizabeth's pregnancy was a sign that everything the angel told Mary would truly happen. Elizabeth recognized Mary as the mother of her Lord because her unborn child, John the Baptist, leapt at the sound of Mary's greeting. Elizabeth and Mary rejoiced together at the wonderful things God was doing in their lives. We too are blessed when we have people who help us recognize God's action in our lives. We pray that our family can be this for one another.

As you gather as a family, work together on a word search or hidden-picture puzzle. Help one another until everyone has found each of the words or pictures in the puzzle. Talk about this experience, noticing how some people found words or pictures more easily than others and how easy it was to see the word or picture once someone else pointed it out. Observe that sometimes we need the help of others to recognize God's presence and action in our lives. Read together today's Gospel, Luke 1:39-45. Ask: What did Elizabeth recognize about Mary? (that she was to be the mother of Jesus, the Lord) How did Elizabeth know this? (Her baby, John the Baptist, leapt with joy at Mary's greeting) Pray together that as we share our faith together as a family, we may help one another recognize God's presence and action in our lives. Pray together the Hail Mary.



### The Candle of Love

In their old age God gave to Zechariah and Elisabeth a son called John. John spoke to the people bravely in the desert denying his own comforts and prepared to die for what he believed. John taught that we should share what we have with others, treat each other kindly and show God's love. He did this because he cared for people and wanted them to repent and find God's forgiveness. Love is like a candle shining in a dark place. As we look at the light of this candle we celebrate the love we have in Christ.

## Around the Parish

### NEWMAN CENTER – Holy Spirit Parish Christmastide Mass Schedule

Vigil of the Solemnity of the Nativity of the Lord  
Friday, December 24 (Christmas Eve)  
5:00 PM and 10:00 PM

Solemnity of the Nativity of the Lord  
Saturday, December 25 (Christmas Day)  
10:00 AM

Vigil Mass of the Feast of the Holy Family  
Saturday, December 25 (Christmas Day)  
5:00 PM

Feast of the Holy Family  
Sunday, December 26  
Normal Sunday Mass Schedule



## New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!



### Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

When Elizabeth heard Mary's greeting,  
the infant ...

L	E	P	B
D	E	A	M
N	I	E	O
	H	W	R

L \_ \_ \_ \_ \_

Answer: *leaped in her womb*



© Jean Denton flock.pastoralcenter.com

"The Lord is with you. ...the child to be born will be called holy, the Son of God."

### Sheepish Question:

Okay, again: So WHY did Jesus come into the world?

When you shop at  
**smile.amazon.com,**  
Amazon donates.

Support Newman Center  
and find all your holiday essentials  
including gifts, decoration, and more.

Use this personalized link to support Newman Center  
<https://smile.amazon.com/ch/99-0330106>

**amazon**smile





## Pray

Prayer for when you're not excited for Christmas  
*Philip Kosloski - published on 12/14/21*

Ask God to increase the longing in your heart to look forward to Christmas.

Sometimes we may not look forward to Christmas Day. It could be on account of family strife, or a history of unhappy failures. Whatever it is, we don't feel excited when Christmas rolls around.

Despite having such feelings, we need to step back and remember the "reason for the season." Advent is meant to be a time of longing, where our hearts ache for the coming of the Savior. We should not only feel a desire to celebrate Christ's birth, but more importantly we should desire to receive Jesus into our hearts.

Below is an adapted prayer from The Catholic's Vade Mecum that when prayed with faith, can help stir within us a deeper longing for Jesus' coming.

O most sweet infant Jesus, who for nine months enclosed in the womb waited for the time of your birth, and inflamed the heart of the Virgin Mary and St. Joseph with most ardent longings, have mercy on us and stir within us a greater longing and desire for you, so that, inflamed with your love, we may look with expectation toward your coming into our heart. Amen.

## Grow

The virtue that helps us to be happier  
*Miriam Esteban Benito - published on 12/09/21*

Frugality is an important piece in the puzzle of life and bears much fruit.

We all seek happiness. If we ask someone if they want to be happy, they'll undoubtedly say: "Of course!"

Frugality ennobles those who practice it and helps them to be happy. It's like a tiny but fundamental piece in the puzzle of life. It is a way of life that germinates in the spirit giving us inner peace. But in order to live with frugality, it's essential to know how to find balance in the things we have. We shouldn't seek frugality only as self-denial or conformism to a fad, but as something that benefits us as a person, that improves our life.

The economy of consumerism revolves around feeling unhappy. It relies on us thinking, "I need these shoes to be happy," or "The day I get that car I will be happy ..."

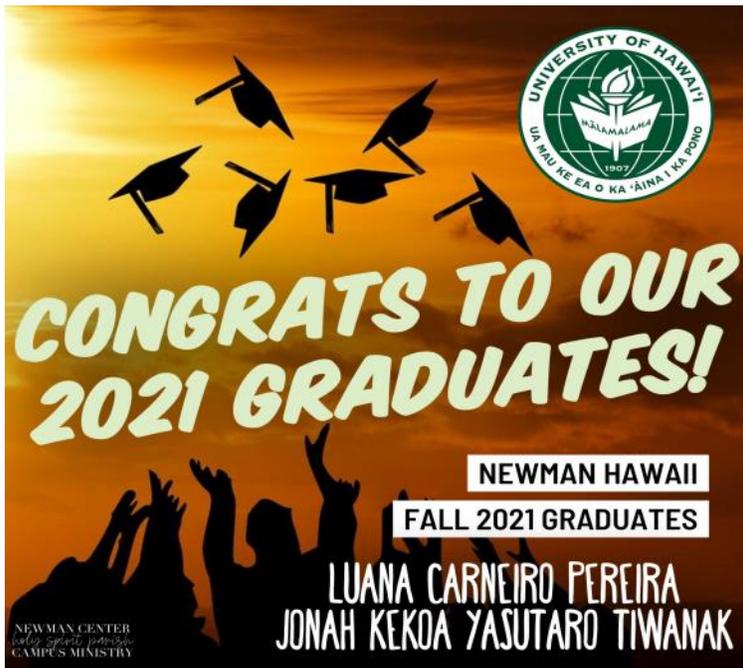
However, if we are happy and are aware of being fulfilled, we won't look for superficial happiness in new shoes or a new car and, therefore, we'll be more frugal. Moreover, frugality isn't strictly a matter of reducing consumption as much as possible, but of living with detachment and gratitude.

It's very easy to distinguish the happiness of people who have inner order and serenity, from people whose exterior is not in harmony with their interior.

At this point, perhaps the first question to ask ourselves is: "Do I want to seek happiness?" And secondly, "Where do I begin to live the virtue of frugality if I want to change my lifestyle together with my family?"

To begin with, we must examine what we would need to change within ourselves in order to pursue this virtue. Being frugal requires self-knowledge and self-control. Are we willing to foster moderation, temperance, and sobriety?

Once we have taken this step of commitment, we can begin to make a mental journey through each of the spaces and habits of our daily life and locate which habits or material things rob us of peace. Next, we should also analyze in which areas of our life we can be more careful. For example, we can analyze where we can reduce the unnecessary consumption of energy (car, heating, electricity), what products of daily use are more sustainable, how we can recycle more effectively, and whether we are thoughtful when it comes to satisfying our needs.





## Grow

When we move to a new home or change our clothes for a new season, it can be a perfect occasion to reflect on our real needs and, consequently, sell or give away what we don't need, always seeking to give our material things a second life.

What captivates me most about the virtue of frugality is the aspect of learning to give each thing its proper value. Our actions, decisions and purchases become something more than an impulsive reaction to the craving for immediate satisfaction, the imperious need to satisfy a whim, or the illusion of filling an emotional hole. Everything acquires a meaning, a reason for being, in the light of the common good and responsible consumption.

There are many benefits of practicing frugality:

It helps us to know and regulate ourselves. It enables us to become masters of ourselves. It puts order in our sensitivity and affectivity, in our tastes and desires, and in our deepest tendencies: in short, it helps us find balance in the use of material goods, and helps us to aspire to the greater good (see Catechism of the Catholic Church, n. 1809).

It makes us more creative and less capricious. Frugality greatly develops our creativity, because it invites us to make the most of all our resources and discover their true utility. It's possible to give old things a chance, and to find beauty in simpler things as well.

It nourishes higher-quality human relationships. If we practice frugality, we will recognize much better the respect and love of the people around us. Frugality encourages us to live more in the present, with gratitude, aware of and connected to all the beauty that is in each human being.

It helps us to tolerate frustration better. Frugality emotionally educates us to realize that we cannot always have our desires satisfied.

Happiness does not lie in having more things or in having all our wants fulfilled. Frugality is a good guide to help us keep from searching desperately and unsuccessfully for the Infinite in the finite.



## Reflect

The holiday season has always been about joy and anticipation, as families are looking forward to celebrating with family and friends. However, the pandemic affected pretty much all of our gatherings and celebrations. As things start to open up and restrictions are lifting, we are slowly getting used this new type of "normalcy" with one another. In today's Gospel, Mary visits her cousin, Elizabeth, who is also with child. It is Elizabeth who greets Mary, "Blessed are you among women, and blessed is the fruit of your womb." (Luke 1:42). How wonderful to see such imagery of joy and delight in this reunion! As we near the end of Advent and joyfully enter in the season of Christmas, let us recognize the role that God has for each of us. May we, too, experience that same rush of joy and bliss in all that we are and do for one another.

Mahalo to for your prayers for our students and all who contributed to this year's Study Haven! The students enjoyed the goody bags from the RE 1st grade class and the delicious food that was donated by our parishioners. Study Haven was a super success!

Wishing our students and families a Merry and Blessed Christmas. Let us welcome the Baby Jesus into our hearts. "For a child is born to us, a Son is given to us." -Isaiah 9:5

St. John Henry Newman, pray for us! - Fay C. Pabo (@fa\_jo\_pab0)

NEWMAN CENTER  
holo spirit pangs  
CAMPUS MINISTRY

# STUDENT LOUNGE & SUNDAY STUDENT DINNERS

\*Resume on Sunday, January 9, 2022

## PROGRAMMING FOR CAMPUS MINISTRY WILL BE ON BREAK FROM:

December 18, 2021 to January 8, 2022