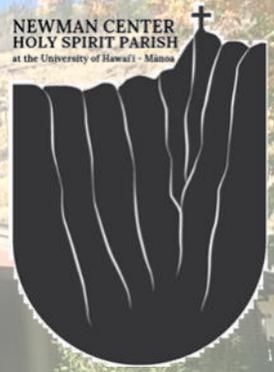


NEWMAN CENTER

Holy Spirit Parish



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Be vigilant
at all times
and pray
that you have
the strength
to escape the
tribulations
that are
imminent
and to stand
before the
Son of Man.

Luke 21:36

*The Last Judgement,
from The Small Passion
Albrecht Dürer
(German, 1471-1528)
c. 1510
Metropolitan Museum of Art
New York*

First
Sunday of *Advent*

November 28, 2021

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	<i>Phone Ext</i>
Pastor Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
Campus Minister Fay Pabo campusministry@newmanhawaii.org	211
Communications & Pastoral Assistant Brandon Akiona pastoralassistant@newmanhawaii.org	211
Seminarian Jong Woon "Pancratio" Yoon	

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor

"When these signs begin to happen,
stand erect and raise your heads
because your redemption is at hand."



During the Advent Season, we prepare for Christ's coming in three ways: as an infant who came into this world over two thousand years ago, as our Lord and Savior coming into our hearts right here and now, and as the Son of Man who will come into this world again at the end of time.

The readings on this first Sunday of Advent focuses on the Second Coming of the Lord at the end of time. Because we cannot anticipate when this will happen, we need to be prepared at all times. The end can literally scare us to death as the Gospel conveys. Jesus says, "there will be sign in the sun, the moon, and the stars, and on earth nations will be in dismay... People will die of fright in anticipation of what is coming upon the world." But even with these images of the end times, Jesus tells us to stand erect and raise our heads because our redemption is hand.

The best way to prepare for that moment is to learn from the past and live in right relationship with God in the present moment. We are called to live each moment as if it is our last moment, so that, when that last moment of earthly life comes, we are ready. We should use these four weeks of Advent to recognize our sinfulness, examine the times we failed to keep God's commandments, and totally put our trust in the Lord to save us. Each year we are given a new opportunity to make a new beginning. Let us not wait until it's too late!

Have a blessed Advent week,

Fr. Alfred Omar
(@fralfred808)

Important Community Notices

- Center Beautification Day 12/4
- Food Vault Collection Weekend 12/4-5
- Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. If you are feeling ill or are awaiting a COVID-19 Test Result, please stay home. Thank you for you cooperation!

Liturgical Schedule

Daily Mass (<i>Tuesday-Friday</i>)	12:10PM
Sunday Mass (<i>Saturday Evening Anticipated</i>)	5:00PM 9:00AM 11:00AM (<i>Student –Led Mass</i>) 5:00PM

Sacramental Information

Reconciliation By Appointment

Please contact the Parish Office to schedule.

Baptism By Request

Please contact Fr. Alfred Omar at least one month before the date desired for the Baptism.

Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request

Couples need to contact Fr. Alfred Omar at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Rite of Christian Initiation for Adults Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,

The Word of the Lord Weekly

Today's Readings

First Reading — The days are coming when the LORD will fulfill the promise made to Israel and Judah (Jeremiah 33:14-16).

Psalm — To you, O Lord, I lift my soul (Psalm 25).

Second Reading — May the Lord make you increase and abound in love that you may be blameless in holiness; conduct yourselves so as to please God (1 Thessalonians 3:12 — 4:2).

Gospel — There will be signs and you will see the Son of Man coming with power and great glory. Be vigilant (Luke 21:25-28, 34-36).

into the world, to testify to the truth (John 18:33b-37)

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday:	Is 2:1-5; Ps 122:1-9; Mt 8:5-11
Tuesday:	Rom 10:9-18; Ps 19:8-11; Mt 4:18-22
Wednesday:	Is 25:6-10a; Ps 23:1-6; Mt 15:29-37
Thursday:	Is 26:1-6; Ps 118:1, 8-9, 19-21, 25-27a; Mt 7:21, 24-27
Friday:	Is 29:17-24; Ps 27:1, 4, 13-14; Mt 9:27-31
Saturday:	Is 30:19-21, 23-26; Ps 147:1-6; Mt 9:35 — 10:1, 5a, 6-8

SAINTS AND SPECIAL OBSERVANCES

Tuesday:	St. Andrew, Apostle
Wednesday:	World AIDS Awareness Day
Friday:	St. Francis Xavier
Friday:	St. John Damascene; First Friday

December 1

saint snippets



I surrender myself into your hands without reserve, and with boundless confidence, for you are my Father.

Bl. Charles de Foucauld
French cavalry officer, explorer, and geographer who became an inspirational priest and hermit. He was martyred in Algeria by tribal raiders in 1916.
Copyright © 2019, Michael Thimons

WATCHFUL CONFIDENCE

We the Church enter into Advent and the new liturgical year with a call for a watchful confidence. Our readings were originally addressed to communities undergoing great loss and confusion. Jeremiah speaks confidently of God fulfilling the ancient promises to Israel, even during a time of foreign invasion. Paul speaks of God leading the Church into holiness, while the community longs for the coming of Jesus. In the Gospel passage from Luke, Jesus speaks of powerful signs and of great confusion to come, but emphasizes that we may look forward knowing that God brings not cause for despair, but hope. We celebrate Advent to remind each other of God's faithfulness. We are to be watchful, to see how God is stirring up our world. God disturbs both our pride and our complacency, and brings us healing and justice. We prepare ourselves to welcome Jesus, confident that God indeed fulfills all these divine promises.

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Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Weekly Essays on Ignatian Spirituality by Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

PRAYER OF THE WEEK

First Sunday of Advent

Grant your faithful, we pray, almighty God, the resolve to run forth to meet your Christ with righteous deeds at his coming, so that, gathered at his right hand, they may be worthy to possess the heavenly Kingdom. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

THE THREE COMINGS OF ADVENT

There are three distinct comings of the Lord of which I know, His coming to humankind, His coming into humankind, and His coming against humankind.

—Corinna Laughlin, Copyright © J. S. Paluch Co.



STEWARDSHIP MOMENT

On this first Sunday of Advent, the Gospel reading depicts Jesus warning his followers about the end-time. He urges them to pray, be vigilant, spiritually awake, avoid self-indulgence, spiritual malaise, and a preoccupation with anxiety. Jesus advises against a lifestyle of earthly pleasures and worry. These will not matter when the Lord asks for an account of our stewardship. Stewards realize their lives are not just about the here and now. They know themselves to be reflections of God's active presence in the world and witnesses of the Lord's promises. As we begin this season of hope, let us reflect on the practical effect of having every waking moment in our lives dedicated to the Lord.

Stewardship of Time, Talent and Treasure

Tithes and Offerings:

(11/20/2021-11/21/2021)	\$ 1,773.00
Online Giving:	\$ 1,666.00
All Souls Day:	\$ 50.00
Catholic Campaign for Human Dev.:	\$ 47.00

May we continue to receive God's gifts gratefully, manage them responsibly, and share them joyfully. Mahalo for your generosity!

Upcoming Second Collections:

Retirement Fund for Religious: 12/11-12/12

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Your presence at the Eucharistic Table is truly the source and summit of our faith. And in the breaking of the bread your presence is meant to impel us to reach beyond our immediate gathering and unify us with the larger gathering of our sisters and brothers around the globe.

If we can recognize you in the Sacrament of the Eucharist, we must also be able to recognize you among those who hunger and suffer in the world. But if our faith in your presence under the appearance of bread and wine does not translate into action, we are still unbelievers.

Deepen our faith, make us good stewards of your Eucharistic presence and help us to bear fruit in the lives of those we encounter, especially those most in need of your love and compassion. Amen



Around the Diocese



Friday, December 3, 2021 at 6:30 p.m.

From the St. Francis Healthcare System of Hawaii: Over the past few weeks, our hearts have been warmed as we've received hundreds of requests for snowflake ornaments in honor of your loved ones. Although we are apart, we look forward to remembering those who have passed on together at our virtual Light Up a Memory Tree Lighting and Blessing Ceremony on Friday, Dec. 3 at 6:30 p.m.

This year's virtual program will include music by multiple Nā Hōkū Hanohano Award winner, Kūpāoa. KSSK's Michael W. Perry will emcee this special event, which will culminate in a spectacular tree lighting ceremony and blessing by Bishop Larry Silva.

On the evening of the event, the virtual ceremony can be viewed at: <https://www.vimeo.com/stfrancishawaii/2021treelighting>

To make a gift to St. Francis Hospice or to request a snowflake to honor your loved one, please contact (808) 547-6500.

A colorful advertisement for a webinar. The background is a scenic view of a tropical coastline with green hills and a blue ocean. The text reads: 'Evangelization Through the Corporal Works of Mercy webinar series hosted by the Damien & Marianne Catholic Conference'. Below this is the main title 'The Servant of God Joseph Dutton, layman!' in large, bold letters. Underneath the title is a subtitle: 'The story and life of Joseph Dutton as we know it today.' Three circular portraits of men are shown: Fr. Bob Boland, Ed Paz, and Fr. Jon Schnobrich. At the bottom, it says 'December 11, 2021, Saturday 10:00 - 11:30 AM (Hawai'i Time)'. A call to action says 'PRE-REGISTER for this COMPLIMENTARY webinar at: www.dmcchawaii.org'. The Damien & Marianne Catholic Conference logo is in the bottom left corner.

Family Connection

In today's Gospel, Jesus warns his disciples against the fatigue that can emerge if one becomes consumed by the anxieties of daily life. Many families are too familiar with the kind of fatigue Jesus refers to here. We may be concerned about a family member's health, our job security, our children's education, or any number of other concerns. All these are important matters. Jesus does not promise an end to daily worries and fears, but he does teach his disciples that they will have the strength to withstand anxiety if they stay focused on him, remaining vigilant for his return and praying for strength to endure all tribulations. Through prayer, God helps us stay focused on that which is most important in our lives.

As you gather as a family, recall the tradition of making New Year's resolutions in preparation for the new calendar year. Observe that today is the first Sunday of Advent, which is the beginning of the new Church year. During the season of Advent, our Gospel readings ask us to consider what is most important to us as we prepare for Jesus' coming, at his birth and at the end of time. Read today's Gospel, Luke 21:25-28,34-36. Jesus describes signs that may disturb many people, but he says that these should not to disturb his disciples. Why? (because these signs indicate that redemption is near) What does Jesus say that his disciples should do? (Be vigilant and pray for strength.) At this start of the new Church year, consider as a family what "Advent resolutions" your family might make to help you stay focused so that you will be prepared to receive the salvation we celebrate at Jesus' birth and anticipate at Jesus' second coming. Pray together for God's help in following through on these resolutions. Pray together today's psalm, Psalm 25.

The Candle of Hope



Advent season is an invitation to set your mind off of the stresses of the year. We can take our focus off of the crazy hustle that can be associated with the Christmas season that often threatens to produce more hassle than delight. Advent is a chance to focus our thoughts on the gift God has given us in his son Jesus who stepped down from Heaven and took the form of a man so that we might believe.

The tradition for the first Sunday of Advent includes lighting the candle of hope.

This candle of hope symbolizes promises delivered through the prophets from God as well as the hope we have in Christ. God crafted a great rescue plan that he lays out in Scripture. This plan foretells years in advance the arrival of Christ. The Bible also gives us a glimpse of the future and promises that God will come down to create a new heaven and Earth.

This first Sunday of Advent we read, pray, and reflect on the hope God's plan gives us (foretold by the prophets and fulfilled by the life and death of Christ), and we meditate on the promise of Christ's coming glory-filled return.

Around the Parish

NEWMAN CENTER
HOLY SPIRIT PARISH

BEAUTIFICATION DAY

Come Join Us!

SATURDAY, DECEMBER 4TH 2021

9:00 AM - 1:00 PM

We invite you to spend a Saturday morning with us to prepare our beautiful church for the Christmas season. Light lunch and refreshments will be provided.

For more information,
Call: (808) 988-6222 | Email: info@newmanhawaii.org

New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register. Welcome!

Letters from Heaven

Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

Jesus said to his disciples, "They will see the Son of Man coming in a cloud with power ...

A	T	G	■
E	D	G	L
N	R	R	O
A	■	Y	■

A _____

Answer: *A path leads to glory.*

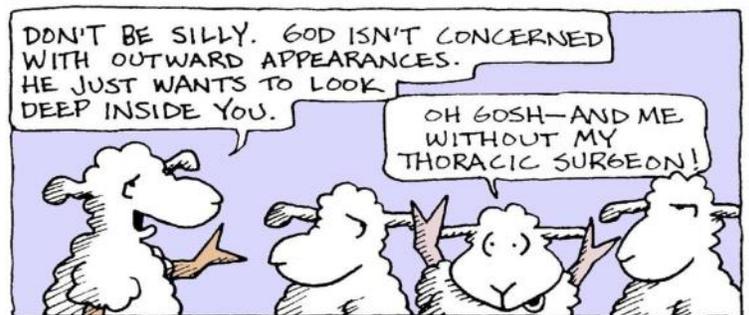
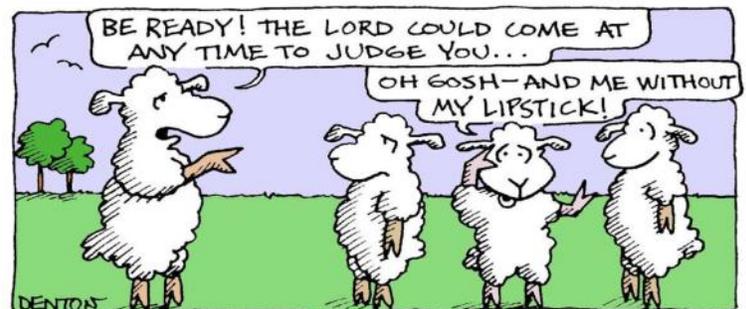
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Support Newman Center
and find all your holiday essentials
including gifts, decoration, and more.

Use this personalized link to support Newman Center
<https://smile.amazon.com/ch/99-0330106>

amazonsmile



"Would that you might meet us doing right."

Sheepish Question:

How will I present myself when Jesus comes to me this Advent?



Pray

Prayer to be watchful during Advent

Philip Kosloski - published on 11/29/20

Advent is a season to be redouble our efforts to reform our lives, so that Jesus' second coming isn't a surprise.

One of the central spiritual themes of Advent is "watchfulness" or "attentiveness." It is a time to be ready and watch patiently for the coming of Jesus into our hearts, but also for the second coming of Christ at the end of time.

We do not know the day nor the hour of Christ's coming, and so Advent reminds us to bolster our spiritual life so that we are not caught off-guard when Jesus comes again.

Here is a prayer adapted from the 17th-century A guide for passing Advent holly, asking God to increase in us a watchful spirit.

Oh that I might say Lord with as much truth did the kingly Prophet, "My God early before the sun rises will I arise to seek you." I long after you, my soul thirsts for you with burning desire. Yet, I know but too well that for lack of watching over my soul I have left it like an untilled field in which the evil weeds of bad habits have taken but too deep root my heart and has become the prey of a multitude of imperfect attachments and has lost many graces. If the Shepherds had been sleeping the Angels would not have announced to them your Birth. O my Savior, I desire to watch like them that I may profit by it. Lord, arouse my sleeping soul and establish it in Christian watchfulness by the authority of your Divine Word. Amen.

Grow

4 Words to guide your Advent season

Fr Robert McTeigue, SJ - published on 12/08/20

And how about these two simple steps on Christmas night to evaluate whether you've lived the preparation well?

Let's remember four words throughout Advent: travel, trees, fire, and fan.

Travel—from the prophet Isaiah: "Prepare the way of the Lord, make straight his paths." In the Middle East in ancient times, roads were few and hazardous. A local proverb from that time: "There are three states of misery—sickness, fasting, and travel." To leave your town or village to go out to the Jordan was not a mere stroll—it was a hardship. The merely curious would not undertake such a perilous trip. Going out to the Jordan River for John's baptism indicated a readiness to begin the difficult process of leaving your sins behind.

But as we reflect on travel as an Advent theme, we must remember that we live on a two-way street. We have a journey to make, but so does the Lord. Jesus, Who is Son of God and Son of Mary, He Who is the Word made Flesh, became man and entered our world so that He could enter our souls, and reclaim His rightful place upon the throne of our hearts. If we wish to "prepare the way of the Lord" and "make straight his paths," then we have to remove any obstacles that keep our hearts from Him. We must clear our lives of the people, places, and things that are near occasions of sin for us. And we must throw down the idols that now sit on the throne of our crooked hearts.

The second word we need to remember during Advent is "trees." The Baptist said: "Even now the ax lies at the root of the trees. Therefore every tree that does not bear good fruit will be cut down and thrown into the fire." A medieval abbot named Rabanus wrote: "There are four sorts of trees: the first totally withered, to which the Pagans may be likened; the second, green but unfruitful, as the hypocrites; the third, green and fruitful, but poisonous, such are heretics; the fourth, green and bringing forth good fruit, to which are like the good Catholics." Are we fruitful trees in the Lord's vineyard? God is patient, but John the Baptist makes clear that time is running out for all of us. The Season of Advent is given to us as a reminder to get busy.

Travel and trees. The third word we need to remember for Advent is "fire." John the Baptist said of the coming Messiah, "He will baptize you with the Holy Spirit and fire."

5 WAYS TO PREPARE YOUR HEART THIS ADVENT

- 1 Prepare room at the Inn**
Make room in your heart for Jesus.
- 2 Clean out the cobwebs**
After an Examination of Conscience, go to Confession.
- 3 Hang new curtains**
"Decorate" your heart with joy and hope.
- 4 Get out the fine china and set the table**
Let your attitude be one of enthusiastic expectation.
- 5 Open the front door and wait**
Wait for Christ's arrival silently and in a spirit of prayer.

INFORMATION BY CATHOLICNEWSAGENCY.COM CatholicLink

CAMPUS MINISTRY

Grow

Fire brings light. Jesus is the beacon of light to guide us home to our Heavenly Father. Fire brings warmth. Jesus sparks in us the warmth of love of God and neighbor. The biblical scholar William Barclay wrote that, "Christianity is always the religion of the kindled heart." And fire brings purification. Fire burns away dross; it strengthens and tempers metal. The fire of Jesus will burn away the dross of evil from us, and leave us with a heart that may become a strong instrument in His hands.

Travel, trees, fire. Finally, we must talk about the word "fan." The Baptist said of the coming Messiah, "His winnowing fan is in his hand. He will clear his threshing floor and gather his wheat into his barn, but the chaff he will burn with unquenchable fire." The good grain was brought into the barn, and the leftover chaff was used as fuel for the fire.

What John is pointing to is an unavoidable sifting of all humanity. Those heavy with fruitfulness for Christ will be gathered into the Kingdom, and it will not end well for the rest. One medieval commentator said that the Church will be subject to four winnowings, that is, four times of persecution and sifting. We can extrapolate that the Church is persecuted in every age.

Travel, trees, fire, and fan. These are the words that I said we ought to remember during Advent. What shall we do with them?

2 Practical steps

Let's be practical, and let's be simple. First, I ask you today to take time in prayer, and ask God to reveal to you one obstacle, that is, one habit of sin that keeps you from Christ. Then resolve today that, with God's grace, that obstacle will be removed by Midnight Mass on this Christmas Eve.

Second, take time in prayer today, and ask God to reveal to you one fruitfulness, that is, one habit of charity, that He would like to see take root in your heart. Then resolve today that, with God's grace, that good seed will be well planted by Midnight Mass on this Christmas Eve.

When I write next, I will offer another Advent reflection. Until then, let's keep each other in prayer.



Reflect

Happy Advent! I absolutely love the Advent season! One of my fondest memories as a music teacher was planning our annual Advent/Christmas productions. During my first years at the Catholic school, I would pray and do my research on what songs to do with each grade level. For kindergarten, I thought of an oldie, but goodie song, "Stay Awake." This is an upbeat, and catchy tune written and composed by Christopher Walker. The lyrics are:

Stay awake (clap, clap), be ready. (clap, clap)
You do not know the hour when the Lord is coming.
Stay awake (clap, clap), be ready. (clap, clap)
The Lord is coming soon! Alleluia, alleluia! The Lord is coming soon.

When I shared this song with the students, they were super excited to sing this fun song. A student slowly raised his hand and asked politely, "Mrs. Pabo, could we add hand motions to this song? I think it'd be more funner!" I excitedly answered, "Of course! Why didn't I think of it before?!"

I invite you to get excited this Advent season! We start a new liturgical year, preparing for the coming of Jesus! How exciting is that?! In today's Gospel, Jesus reminds us to stay awake, and be ready! Let us take this season of waiting to prepare our hearts and minds for the coming of our Savior, Jesus the Christ, the Son of God.

St. John Henry Newman, pray for us! - Fay C. Pabo (@fa_jo_pab0)

ADORE
A Night of Adoration for Young Adults
with Bishop Larry Silva

Friday, December 3 at 7:00 PM
Holy Family Catholic Church
(830 Main Street, Honolulu)
www.catholicahawaii.org/ooyam/yam/adore
Masks required.