

Newman Center Holy Spirit Parish

NEWMAN CENTER
HOLY SPIRIT PARISH
at the University of Hawaii - Manoa



1941 East-West Road, Honolulu HI 96822-2321 | PH: (808) 988-6222 | FX: (808) 988-1752 | Email: info@newmanhawaii.org
Website: www.newmanhawaii.org | Facebook: www.facebook.com/NewmanHawaii | Instagram & Twitter: [@newmanhawaii](https://www.instagram.com/newmanhawaii)



JULY 4, 2021

FOURTEENTH
SUNDAY
IN ORDINARY TIME

*When the Sabbath came,
Jesus began to teach
in the synagogue, and many
who heard him were astonished.*

Mark 6:2

Aloha! Welcome!

We are the Catholic Center and Campus Ministry at the University of Hawai'i, and under the Catholic Diocese of Honolulu, serving parishioners, staff, faculty, and students alike that stimulates critical thinking and dialogue about issues that challenge Christian living and commits to a living faith that practices and promotes justice.

We are a spirit-filled and welcoming community that proclaims and celebrates the Good News through liturgy, the sacraments, faith sharing, outreach, and social action. As the Roman Catholic Community of the University of Hawai'i, we offer opportunities for life-long faith development to all who choose to join us. We invite the contribution of gifts in stewardship and evangelism, and challenge one another in the same manner that Jesus challenges us: to love the Lord, your God, with all your heart, with all your soul, and with all your mind and to love your neighbor as yourself.

Come journey with us!

Pastoral Team

	<i>Phone Ext</i>
<i>Pastor Director of Campus Ministry</i> Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
<i>Administrative Assistant</i> Alofa Leasiolagi manager@newmanhawaii.org	219
<i>Campus Ministry</i> Fay Pabo campusministry@newmanhawaii.org	211
<i>Communications & Pastoral Assistant</i> Brandon Akiona pastoralassistant@newmanhawaii.org	211
<i>Religious Education</i> Anna Viggiano religioused@newmanhawaii.org	212

We welcome your call and are here to serve you! Contact the Parish Office to speak with us or make an appointment. We look forward to hearing from you!

Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center may remain open till evening programs conclude

Saturday and Sunday:
Open during Mass times and for activities as needed.

From the Desk of the Pastor



"Our eyes are fixed on the Lord, pleading for his mercy."

The course I took this week focused on the Book of Psalms, the Church's prayer book. We often take for granted the responsorial psalm as a transition or an intermission between the two readings during the Liturgy of the Word. The Psalm is so much more than that in the context of Mass. In the General Instruction of the Roman Missal, it says that the Responsorial Psalm "is an integral part of the Liturgy of the Word and which has great liturgical and pastoral importance, since it fosters meditation on the Word of God." The psalm serves as our response to God. The readings from Ezekiel, the Gospel of Mark, and Psalm 123 are closely related. God sends the prophet Ezekiel to the Israelites to preach to them but warns him of being rejected and the people's obstinate hearts. Then in the Gospel, Jesus returns to his hometown of Nazareth and began to teach in the synagogue. His ministry there was not fruitful, and he was amazed by their lack of faith. How does Psalm 123 fit in? The voice of the psalm pleads for the mercy of God as they focus on the Lord amid the mockery of the arrogant and the contempt of the proud. We can place Ezekiel, Jesus, and even ourselves, as the voice of the psalm. The rejection of the prophet and of Jesus does not outweigh their fidelity and obedience to God. May we remain steadfast in our discipleship until we see God face to face!

Have a blessed week,

Fr. Alfred Omar (@fralfred808)

Important Notices

- **For the parishioners of Holy Spirit Parish, Fr. Alfred has continued the dispensation from the obligation until June 30, 2021 (subject to extension), since the Center cannot safely accommodate an increase of attendees.**
- **All parish offices will be closed on Monday, July 5 in observance of the Independence Day holiday.**
- **Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. Thank you for your cooperation!**
- **If you are feeling ill, please stay home.**

Campus Ministry

Pray

Prayer to Overcome Hatred in Your Heart



Ask God to quench the fires of hate within you, that you may embrace each day with peace and serenity.

Sometimes a person we encounter will fan the flames of hatred in our heart. Their words or actions really get under our skin and it is difficult to see them as a child of God.

O God, Who can not change nor fail, Guiding the hours as they roll by,
Brightening with beams the morning pale And burning in the mid day sky,
Quench the fires of hate and strife The wasting fever of the heart
From perils guard our feeble life And to our souls Thy peace impart.
Grant this O Father, Only Son And Holy Spirit God of grace To Whom
all glory Three in One Be given in every time and place. Amen. .

Grow

What A True Vacation Looks Like



Ever come away from vacation feeling not rejuvenated? Sometimes my vacation time is so busy or poorly planned that it leaves me depleted, just as on edge and stressed out as I was before I went. Maybe you've been there, too.

Just because we don't know how to take a real vacation, however, doesn't mean we should give up. God rested on the seventh day, so we have a precedent and reason to make sure we are building in time to rest and replenish ourselves.

You also don't have to go far to find true rest. The following ideas for what makes a vacation good and truly rejuvenating work whether you're traveling far or doing something closer to home. So here's to planning some time off that brings you life and refreshment!

Think about what makes you feel free and fully yourself.

Sketch an outline of what activities you want to do during your vacation.

Decide ahead of time what activities you know you should avoid.

Think ahead about food.

If you will be traveling somewhere, make the transit time meaningful

Ask yourself these two questions before you go

What would help you come back to your daily routine form a trip or staycation truly rested?

What difference would that make in the rest of your life.

It takes some planning, and some self-control to stick to what you plan. However, the benefits of truly resting without being tied to a screen or a work schedule are worth it. You will be able to see more beauty around you, and you'll have the space to recognize the awesomeness of your Creator and gain perspective about your life. At the end of the day, and at the end of your life, that's all that will matter anyway.

So start planning, and happy vacationing!

Reflect

"It is not enough to say we are Christians. We must live the faith, not only with our words, but with our actions." – Pope Francis

When I was in high school, I encountered many moments of rejection – at home, school, everywhere! I will never forget my experience with rejection on my first day as a summer volunteer at a local hospital Labor & Delivery ward. Slowly approaching the front counter area, I immediately see the unit secretary. Before I could say anything, she sternly says to me, "Girl, take that stupid cross off! We don't do religious stuff on this floor. And we certainly don't promote Jesus' death or any death for that matter. Mothers and babies are on this floor. Most of them live and unfortunately some die. So, we don't need that here." At that moment, I froze and was speechless. How was I to respond to her very bold statement? She then continues to ask me, "So why do you wear that around your neck? And why would you?" Again, I stood there in shock and complete utter stillness. As I recall my feelings at the time, I felt both scared and embarrassed. Scared because that was so unexpected, and embarrassed because I couldn't even answer her question, or give her a response for that matter. At that moment, I felt rejected.

In today's Gospel, Jesus is snubbed by his own people, and even by his own disciples. A disciple is a follower of Christ. How hard is it to follow Christ? And to put all our trust in Him? In these last couple of weeks, the readings have been messages of faith and how our faith is tested everyday. In Psalm 118:22, it says "The stone which the builders rejected has become the cornerstone." Jesus is our rock and salvation. His love for us overcomes all adversities. May we continue to live our lives as disciples of Christ, no matter what joys and hardships come our way. Let us continue to pray for love, justice, and peace in our world.

Blessing and peace to you and your ohana!

St. John Henry Newman, pray for us! - Fay C. Pabo (@fa_jo_pab0)

Around the Parish

Thank You!

Thank you for donating non-perishable food items for the UH food vault! This is one of the many ways we can help our students during this time of pandemic.



For more information about the Food Vault,
www.facebook.com/foodvaulthawaii

Mahalo for your generosity!



Children's Faith Formation classes meet on Sundays during academic year, immediately following the 9 am Mass.

Please contact Anna Viggiano to enroll your child in the program.



New to Newman Center - Holy Spirit Parish?

Aloha! E Komo Mai!

We welcome you to your new spiritual home and are delighted to have you join our parish community!

At Newman Center - Holy Spirit Parish, we know that we are all individual parts of the mystical Body of Christ. Working together, we find great joy in doing God's work here on earth. We invite and encourage you to join us as we pray, work and fellowship together.

Please contact the Parish Office to register.

Welcome!

THE SHAPE OF THINGS

We cannot help conforming ourselves to what we love.

—St. Francis de Sales

WAITING

Our Lord prefers to wait for the sinner for years rather than keep the sinner waiting one instant.

—St. Peter Julian Eymard

IDLENESS

Idleness is the enemy of the soul.

—St. Benedict



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"My grace is sufficient for you."

Sheepish Question:

What causes my faith to falter? How can I bear up to face it?

Liturgical Schedule

Daily Mass (<i>Tuesday-Friday</i>)	12:10PM
Sunday Mass (<i>Saturday Evening Anticipated Vigil</i>)	5:00PM 9:00AM 11:00AM (<i>Student Mass</i>) 5:00PM

Sacramental Information

Reconciliation By Appointment

Please contact the Parish Office to schedule.

Baptism By Request

Please contact Fr. Alfred at least one month before the date desired for the Baptism.

Funerals At Need

Funerals and the Rite of Christian Burial are made in conjunction with the Mortuary of your choosing. Please contact the Parish Office prior to finalizing a date with the mortuary.

Holy Matrimony By Request

Couples need to contact Fr. Alfred at least eight months prior to your desired wedding date to begin the marriage preparation required by the Diocese of Honolulu.

Holy Orders—Religious Life By Call

Is God calling you to the Priesthood, Diaconate, or Religious Life? God doesn't call the qualified. He qualifies the called. Call us today to setup a discussion with our Pastor where you can continue discerning God's call.

Holy Communion Ongoing

Programs are available for those who have not yet received their First Eucharist. Please contact our Parish Office for more information.

Confirmation Ongoing

Programs are available for those who have not yet received the Sacrament of Confirmation. Please contact our Parish Office for more information.

Anointing of the Sick By Request

If you or someone you know are in need of receiving the Sacrament of Anointing of the Sick, please call our parish office to schedule

Rite of Christian Initiation for Adults Ongoing

If you or someone you know are have not yet been baptized and are interested in becoming a member of the Catholic Faith, please call our parish office to learn more about the RCIA,

The Word of the Lord Weekly

Today's Readings

First Reading — They shall know that a prophet has been among them (Ezekiel 2:2-5).

Psalms — Our eyes are fixed on the Lord, pleading for his mercy (Psalm 123).

Second Reading — I am content with weaknesses and hardships for the sake of Christ (2 Corinthians 12:7-10).

Gospel — "Where did this man get all this? Is he not the carpenter, the son of Mary?" (Mark 6:1-6a).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: Gn 28:10-22a; Ps 91:1-4, 14-15ab; Mt 9:18-26

Tuesday: Gn 32:23-33; Ps 17:1b, 2-3, 6-7ab, 8b, 15; Mt 9:32-38

Wednesday: Gn 41:55-57; 42:5-7a, 17-24a; Ps 33:2-3, 10-11, 18-19; Mt 10:1-7

Thursday: Gn 44:18-21, 23b-29; 45:1-5; Ps 105:16-21; Mt 10:7-15

Friday: Gn 46:1-7, 28-30; Ps 37:3-4, 18-19, 27-28, 39-40; Mt 10:16-23

Saturday: Gn 49:29-32; 50:15-26a; Ps 105:1-4, 6-7; Mt 10:24-33

SAINTS AND SPECIAL OBSERVANCES

Sunday: Fourteenth Sunday in Ordinary Time; Independence Day

Monday: St. Anthony Zaccaria; St. Elizabeth of Portugal

Tuesday: St. Maria Goretti

Friday: St. Augustine Zhao Rong and Companions

Saturday: Blessed Virgin Mary

NO BAD NEWS

There are many times when we say, "Tell me what I want to hear, and don't confuse me with facts." And we don't take kindly to someone who might be bold enough to snuff out our expectations.

The biggest problem with such an attitude is not that we miss out on the truth or the facts, but that we miss out on the new and surprising gifts others can give us. Like the townspeople in today's Gospel story, we too often refuse to allow others to display the talents that can be good news for us.

Today's readings call for hospitality and faith and discernment. Hospitality opens the doors of our hearts and minds to the "stranger" among us, no matter how familiar he or she may seem to be. Faith enables us to accept the gifts of others, no matter how alarming or "strange" they may seem to be. Discernment helps us discover the prophets in our midst, no matter how amazing they may seem to be. Hospitality, faith, and discernment—cultivate these. Then, nobody can bring bad news. !

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Nourishing Our Faith

Prayer On the Go

<https://pray-as-you-go.org/>
<https://www.sacredspace.ie/>

Daily Scripture and Reflections:

<https://www.dailyscripture.net/daily-meditation/>

Weekly Essays on Ignatian Spirituality by

Fr. Randy Roche, SJ:

<https://mission.lmu.edu/cis/spiritualessays>

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

FEAST OF FAITH

Little Mysteries

Two small rites—or, as one liturgist has called them, “little mysteries”—accompany the preparation of the gifts. The priest or deacon takes a small cruet of water from the server and adds a drop of water to the wine. Then, after the elevation of the chalice (and the incensation, if incense is used), the priest washes his hands. Both of these actions were at first practical, matter-of-fact realities: in the ancient world the wine was usually quite thick, and was generally mixed with water before it was drunk. And in the early church, when the faithful brought forward a great variety of gifts at this time, there was a definite need for the presider to wash his hands!

But now these rites serve a purely symbolic function. The mingling of the water and wine is accompanied by a prayer that speaks of the wonderful exchange of the Mass, the mingling of Christ’s divinity and our humanity. And as the priest washes his hands, he prays words of supplication from Psalm 51, acknowledging his own sinfulness in the presence of the assembly before he dares to approach the altar for this most sacred action.

—Corinna Laughlin, Copyright © J. S. Paluch Co.

INTRODUCTION TO THE SUNDAY LITURGY

We gather together today before the Lord and beside each other to listen to God’s word and to share in this Eucharistic meal. In remembrance of Jesus’ wonderful gift of his very self, we join in communion with the Church around the world. This weekend, we come together on the anniversary of our country’s founding, appreciative of our freedom to worship as we desire, while continually aspiring to build a more perfect union. In places of worship across this country, we gather to give praise to God.

Stewardship of Time, Talent and Treasure

Tithes and Offerings:

(06/26/2021-06/27/2021)	\$ 2,217.00
Online Giving:	\$ 1,096.00
Peter’s Pence:	\$ 352.00
Maintenance Donations:	\$ 20.00

May we continue to receive God’s gifts gratefully, manage them responsibly, and share them joyfully.
Mahalo for your generosity!

Upcoming Second Collections:

Diocese of Honolulu Seminarian Education Fund
07/17 & 07/18

Giving Made Easy

Giving online is safe and easy using our secured online platform, by visiting WeShare at:

newmanhawaii.weshareonline.org

Thank you, for your continued support of our parish as we strive to meet the needs of our faith community!



STEWARDSHIP PRAYER

Your presence at the Eucharistic Table is truly the source and summit of our faith. And in the breaking of the bread your presence is meant to impel us to reach beyond our immediate gathering and unify us with the larger gathering of our sisters and brothers around the globe.

If we can recognize you in the Sacrament of the Eucharist, we must also be able to recognize you among those who hunger and suffer in the world. But if our faith in your presence under the appearance of bread and wine does not translate into action, we are still unbelievers.

Deepen our faith, make us good stewards of your Eucharistic presence and help us to bear fruit in the lives of those we encounter, especially those most in need of your love and compassion. Amen

