

FOURTH SUNDAY OF LENT

MARCH 14, 2021



THE NEWMAN CENTER HOLY SPIRIT PARISH

CATHOLIC CAMPUS MINISTRY

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Twitter & Instagram: [@newmanhawaii](https://www.instagram.com/newmanhawaii)

Aloha and Welcome!

Aloha and thank you for visiting the Newman Center! Whether you are visiting, new to the community, or have been here for many years, we hope you will visit us again. **You are most welcome here!**

The Newman Center has a two-fold mission: outreach to the community at-large as a parish and outreach to the staff, faculty, and student of the University of Hawai'i—Mānoa as a campus ministry. Connect with us through Social Media on Facebook (www.facebook.com/newmanhawaii), Instagram and Twitter ([@NewmanHawaii](https://www.instagram.com/NewmanHawaii)).

We hope you will visit us again!

Community Notices

- Due to current City Orders, please wear your mask at all times during the Mass and while in the Newman Center. Thank you for your cooperation!
- If you are feeling ill, please stay home.
- If you park on the St. Francis side, please park behind the Center or on the baseball field.
- Stations of the Cross Every Friday of Lent 6pm
- Houseless Blessing Bag Drive Lenten Season
- Communal Penance Service 3/24 7pm
- Mass of the Lord's Supper 4/1 7pm
- Celebration of the Lord's Passion 4/2 1pm
- The Easter Vigil in the Holy Night 4/3 8pm

For God so loved the world
that he gave his only Son, so
that everyone who believes in
him might not perish but might
have eternal life.

—Jn 3:16



Getty Images

From the Desk of the Pastor



“For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.”

John 3.16 is one of the most widely quoted verses from the Bible. I remember seeing it on signs at different sports games on TV. I would not be surprised if it is called the most famous verse in the Bible. This verse sums up the whole gospel message. The bottom line: God loves us! Throughout the history of salvation, God remains faithful to the covenant he made with his people. Even in their infidelity of worshipping false gods, God does not abandon them. God loves the whole world even to the point of offering his only son to atone for the sins of humanity and that we might have life with him forever. This Lenten Season has been about understanding this truth. Whether or not we accept it and cooperate with God is our choice. Faith in Christ Jesus frees us from death and restores us to life. In these final days of the season, say we truly turn away from sin and be faithful to the gospel!

Have a blessed Lenten Week,

Fr. Alfred Omar
(@fralfred808)

Office Hours:

Monday - Friday: 9:00am to 5:00pm
(except Diocesan Holidays)
Newman Center opens at 9:00 am and remains open until evening programs conclude.

Saturday and Sunday, Newman Center is open during Mass times and for activities as needed.

Weekday Mass Schedule:

Tuesday through Friday: 12:10 pm

Weekend Mass Schedule:

Saturday: 5:00 pm
Sunday: 9:00 am, 11:00 am,
5:00 pm (Student Mass)

<u>Pastoral Team</u>	<u>Phone Ext</u>
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Pastor/Director of Campus Ministry Fr. Alfred Omar B. Guerrero pastor@newmanhawaii.org	214
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Administrative Assistant Alofa Leasiolagi manager@newmanhawaii.org	219
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Campus Ministry Fay Pabo campusministry@newmanhawaii.org	211
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Religious Education Anna Viggiano religioused@newmanhawaii.org	212
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Sacraments

Please call Fr. Alfred Omar for an appointment. We are glad to meet with you at your convenience.

Baptisms

Call or speak with Fr. Alfred Omar at least one month before the date desired for the baptism.

Confirmation

Programs for teens and adults, please contact Anna Viggiano.

Weddings

Couples need to contact Fr. Alfred Omar at least 8 months before the desired date of the ceremony.

Anointing of the Sick

Offered to anyone who is seriously ill; one does not need to be in danger of death. Call Fr. Alfred for anointing at any time. We are happy to come to your home or hospital.

Funerals

Please call the parish office before finalizing dates with the mortuary. We will work with you to make arrangements for services and care for your needs.



Daily Readings

Monday 03/15/2021

Is 65:17-21

Ps. 30:2 and 4, 5-6, 11-12a and 13b

Jn 4:43-54

Tuesday 03/16/2021

Ez 47:1-9, 12

Ps. 46:2-3, 5-6, 8-9

Jn 5:1-16

Wednesday 03/17/2021

Is 49:8-15

Ps. 145:8-9, 13cd-14, 17-18

Jn 5:17-30

Thursday 03/18/2021

Ex 32:7-14

Ps. 106:19-20, 21-22, 23

Jn 5:31-47

Friday 03/19/2021

2 Sm 7:4-5a, 12-14a, 16

Ps. 89:2-3, 4-5, 27 and 29

Rom 4:13, 16-18, 22

Mt 1:16, 18-21, 24a

Saturday 03/20/2021

Jer 11:18-20

Ps. 7:2-3, 9bc-10, 11-12

Jn 7:40-53

SAINT OF THE WEEK: St. Joseph, Spouse of the Blessed Virgin Mary First Century Solemnity—March 19

The spouse of Mary the mother of Jesus and the legal father of Jesus according to Jewish law, Joseph is a model of humility and obedience to God's will. He followed God's instructions, given by angels in dreams, and took the pregnant Mary into his home as his wife, protected her and Jesus at the child's birth in Bethlehem through the family's sojourn in Egypt, and provided for them as a carpenter in Nazareth. This feast, which was celebrated locally as early as the ninth century, became a universal feast in the fifteenth century, when it was placed on the liturgical calendar. Pope Pius IX named St. Joseph Patron of the Universal Church in 1870; he is also the patron saint of carpenters, the dying, and workers.



“Being a guardian is the distinctive trait of Joseph: Being the guardian is his great mission . . . We look to Joseph as the model educator, who watches over and accompanies Jesus as he grows ‘in wisdom, age and grace,’ as the Gospel says. He was not Jesus’ father: the father of Jesus was God, but he was a father to Jesus, he was a father to Jesus in order to help him grow. And how did he help him grow? In wisdom, age and grace.” —Pope Francis, March 19, 2014

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FAMILY CONNECTION LOYOAL PRESS **GOSPEL READING: John 3:14-21**

Parents whose children are afraid of the dark are struck by John's observation that darkness is preferred to light. Perhaps this is as it should be. God made us to live in the light of his love. But this original friendship with God was corrupted by sin. Our sin causes us to shy away from Christ, the light that has come into the world. During the season of Lent, we try to fight this tendency by remembering God's great mercy and the salvation that we have received through Jesus. We do not fear confessing our sins, knowing that God forgives us, and so, during Lent, we seek out opportunities to celebrate the Sacrament of Reconciliation.

After your family gathers, sit for a time in darkness, then light a candle. Invite people to talk about what it felt like to be in the darkness and to compare that to their feelings when the candle was lit. What are we able to see by the limited glow of the candlelight that we couldn't see when we were sitting in darkness? Read today's Gospel, John 3:14-21. John's Gospel teaches us that Jesus was the light that came into the world. In this light we know ourselves to be sinners, but we are not condemned. Instead we have been saved because we have been forgiven through Jesus' sacrifice on the cross. Conclude in prayer together, thanking God for the great gift of forgiveness we have received through Jesus. Pray together the Act of Contrition.

Prayer Sites

<http://prayasyougo.org>, <http://sacredspace.ie>

Daily Scripture and Reflections:

<http://dailyscripture.servantsoftheword.org>

Weekly Essays on Ignatian Spirituality by Fr. Randy Roche, SJ:

http://mision.lmu.edu/cis/spiritualessays/latest_essay/

Contemplative Prayer (via Zoom)

Monday Nights at 6:30 pm. 30 minutes of silence, followed by Scripture and Sharing. For more information, contact June Naughton (808) 524-2718.

Religious Education Classes

Religious Education classes meet on Sundays during academic year, immediately following the 9 am Mass.

Stewardship Moment

This weekend's Gospel reading gives us the encounter between Jesus and Nicodemus, a Pharisee and leader of the Jews who comes to Jesus by night, recognizing Jesus as a teacher from God, but coming in secret for fear of being put out of the synagogue. Jesus rebukes him for his lack of understanding. Good stewards realize that for the sake of this world, God gives his most cherished beloved son. And so they are willing to confess Jesus as their Lord and savior in a public way. They do not keep their faith to themselves, in darkness. The Gospel reading challenges us to profess our faith in word and deed publicly, not to hide it away. Are we willing to accept the Gospel's challenge? Are we willing to get out of our personal "comfort zone" and confess our faith in Christ Jesus in an open, tangible way?



Stewardship of Treasure



Tithes and Offerings:
(03/06/2021-03/07/2021) \$ 2,392.00

Online Giving:
(03/05/2021-03/11/2021) \$ 2,841.00

Maintenance Donations: \$ 55.00

May we continue to receive God's gifts gratefully,
manage them responsibly, and share them joyfully.
Mahalo for your generosity!

Upcoming Second Collections:

Rice Bowl: April 1, 2021

Holy Land: April 2, 2021

Giving Made Easy

Giving online is safe and easy using our secured online platform, WeShare:

<https://newmanhawaii.weshareonline.org>

Thank you for supporting our mission!

Thank You!

Thank you for donating non-perishable food items for the UH food vault! This is one of the many ways we can help our students during this time of pandemic.



Mahalo for your generosity!

This Weekend's Second Collection Catholic Relief Services March 13 & 14

The Catholic Relief Services Collection supports six Catholic agencies that serve the vulnerable and marginalized at home and abroad. Support the collection at Mass! #JesusInDisguise #1church1mission

www.usccb.org/catholic-relief

Pray for our Elect!

On the First Sunday of Lent, we celebrated the Rite of Election in our parish. This year, our community has three individuals preparing for the Sacraments of Initiations.

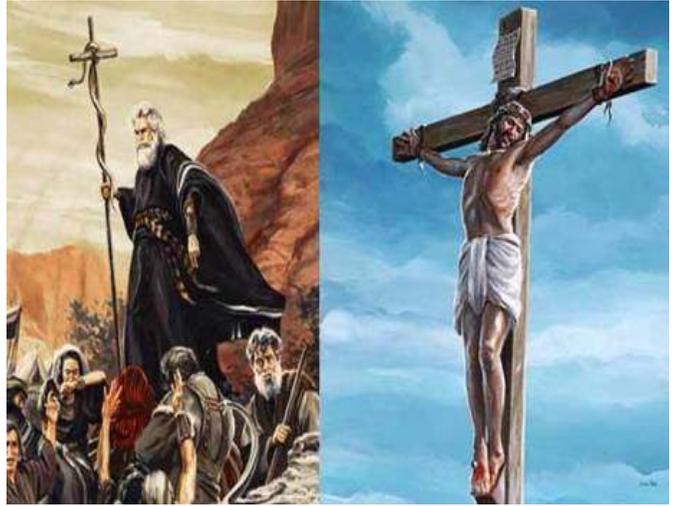
**Curtis Lauricella
Bradley McNeil
Anna Wu**



SUNDAY CONNECTION FROM LOYOLA PRESS

The fourth Sunday of Lent is sometimes called Laetare Sunday. Laetare is a Latin word that means “rejoice.” Traditionally, Sundays are named after the first word of the liturgy’s opening antiphon. On this Sunday, the antiphon is taken from the book of the prophet Isaiah (Isaiah 66:10-11). Even as we observe our Lenten sacrifices, we rejoice in anticipation of the joy that will be ours at Easter.

Today’s Gospel reading is taken from John’s Gospel. It consists of two parts. The first part is the final sentence of Jesus’ reply to Nicodemus, the Pharisee who approached Jesus at night. Nicodemus acknowledged Jesus as someone who had come from God and seemed to want to be a follower of Jesus. Jesus greeted Nicodemus with the observation that one must be born from above to see the Kingdom of God. The dialogue between Jesus and Nicodemus that followed was about the meaning of this phrase. Nicodemus misunderstood Jesus at every point, but there was no animosity in the questions he posed to Jesus.



In the part of the conversation with Nicodemus in today’s Gospel, Jesus referred to an incident reported in the Old Testament. When the Israelites grumbled against the Lord during their sojourn in the desert, God sent venomous serpents to punish them for their complaints. The Israelites repented and asked Moses to pray for them. The Lord heard Moses’ prayer and instructed him to make a bronze serpent and mount it on a pole. All who had been bitten by a serpent and then looked upon the bronze serpent were cured. By recalling this story, Jesus alludes to the salvation that would be accomplished through his death and Resurrection.

The second part of today’s Gospel is a theological reflection on Jesus’ words to Nicodemus. The Gospel of John is known for this kind of reflection offered within the narrative. The words of the Evangelist are in continuity with the words of the prologue to John’s Gospel. In these reflections, John elaborates on a number of themes that are found in his Gospel: light and darkness, belief and unbelief, good and evil, salvation and condemnation.

In John’s reflection, we find an observation about human sinfulness. Jesus is the light that has come into the world, but people preferred the darkness. We wish to keep our sins hidden, even from God. Jesus has come into the world to reveal our sins so that they may be forgiven. This is the Good News; it is the reason for our rejoicing in this season of Lent and throughout our lives.

Word Among Us Meditation on Readings and Gospel

God did not send his Son into the world to condemn the world. (John 3:17)

Do you think of Jesus as a divine accountant? You know, someone who has a ledger and checks to see if you measure up to his exacting, rigorous standards? In today’s Gospel, St. John reminds us that Jesus was sent into the world not to condemn but to save us. He didn’t come to tally up our good deeds and our bad deeds. He came to heal, protect, and rescue us. How can that be?

John 3:14-15 gives us a clue. Yes, we do fall short of God’s commands and his vision for our lives. But rather than justly condemning us, God sent Jesus to be “lifted up” and to give “eternal life” to all who believe in him. That refers to the story in the Book of Exodus, when the Israelites were being bitten by poisonous snakes for complaining against God. God directed Moses to make a bronze serpent and mount it on a pole so that anyone who looked at it was healed (Numbers 21:4-9).

Like the Israelites, our first step is to acknowledge our need for salvation, even though that may mean facing all the ways we fall short. After all, what could be more convicting than knowing that Jesus bore our own sins on the cross? But like the Israelites, we can look to the answer God gave us: the cross of Jesus.

The salvation Jesus offers us is far greater than the Israelites’ physical healing from snakebites. He heals us spiritually. He forgives us and strengthens us to live differently. He restores us to a right relationship with God. And he gives us a real hope of heaven.

So don’t fall into the trap of thinking of Jesus as an accountant. He is not in the business of condemning but of offering salvation. Today, gaze on him, lifted up on the cross. Bring your neediness to him, and let him heal and restore you.

“Jesus, help me fix my eyes on you.”



To: All Pastors and Parishioners

From: Bishop Larry Silva

Date: March 5, 2021

Subject: Resumption of Sunday Mass Obligation

Peace be with you!

As we continue on our Lenten journey, we look forward to the joyful celebration of the Paschal Mystery, the death and resurrection of our Lord Jesus Christ, the greatest event in the history of the world. We have been living in this strange time of the pandemic, and now with decreasing numbers of cases, increasing accessibility to vaccines, and “herd immunity” on the horizon, we should be able to celebrate Easter in a more normal fashion this year. Since our Sunday encounter with the Risen Lord in the Eucharist is the source and summit of who we are as Christians, it is important that we return to our weekly celebrations.

Effective Easter Sunday, April 4 (or as of the Easter Vigil, April 3), I am ending the dispensation from the obligation to attend Sunday Mass, which has been in effect since mid-March, 2020. However, anyone who is sick, may have been exposed to anyone with COVID-19, or who has a health condition that would endanger themselves or others by being present in church, continues to be dispensed.

In order to better accommodate larger numbers of people, especially on Easter Sunday, pastors are to determine whether extra seats can be added on lanais, additional Masses can be added to the schedule, or live-streaming in the parish hall can be done and Holy Communion taken to those who participate by this means.

If anticipated numbers simply cannot be safely accommodated in a particular parish, a pastor can dispense from the Sunday Mass obligation, either for individual parishioners or certain groups of parishioners, and for a specified period of time not to exceed two months without consultation with the Bishop of Honolulu.

At the same time, I realize that we must stay vigilant about our health protocols, and so the following norms must continue to be observed:

- Masks must be worn by all who attend Mass or other liturgical services.
- Social distancing and no-touch greetings and Sign of Peace remain the norms
- Holy Communion is to be given only under the species of Bread.
- The use of a small choir is permitted during Holy Week and the Easter season. If the parish is using a choir, choir members need to continue following the rules for indoor singing as directed by the state [“Any person(s) singing shall maintain physical distancing of at least ten (10) feet from any other person(s) while singing. Members of the same performing group singing may be closer than ten (10) feet together while performing, provided the group consists of less than ten (10) persons. To the extent reasonable and practicable, a physical barrier (e.g., plexiglass) of sufficient size to mitigate the spread of COVID-19 shall separate any person(s) singing from any other person(s), but not including members of the same performing group.]
- A distance of 10 feet between the cantor and the congregation needs to be observed as much as possible.
- In addition to the Entrance, Offertory, Communion and Leavetaking hymns – the Kyrie, Gloria, Responsorial Psalm, Gospel Acclamation and the rest of the Mass part responses could be sung during Holy Week and the Easter season, observing the proper precautions.
- Sanitization is to continue between Masses.
- Social gatherings after Mass should still not take place.
- We encourage parish priests to start/continue live-streaming their liturgies to their parishioners via social media platforms and to communicate to them the times of these services and log-in information for their parish’s Facebook and/or website.

Any questions about these protocols should be referred to Deacon Modesto Cordero of the Office of Worship: mcordero@rcchawaii.org.

God bless you all, and have a blessed Lent, a joyful Easter Triduum, and a grace-filled Easter season!



WHAT IS IT?

FASTING is restriction of consumption, a deprivation of evil, and privation of good, for the glory of God. Strictly speaking it is moderation in eating, having, on the day that is practiced, one regular meal and two small ones. During Lent, we fast on **Ash Wednesday** and **Good Friday**. **ABSTINENCE** is practiced all Fridays of Lent (no red meat, fish and shellfish only).

HOW CAN WE LIVE IT? •



▶ Moderation in eating and drinking.



▶ Reducing expenses in trips, clothing and material things.



▶ Abstaining from the Internet, TV, and other forms of entertainment.

▶ Avoiding sin, especially those of the flesh: sloth, gluttony and lust.

EXAMPLES

- ▶ Offer some food that you like during Lent (e.g. chocolate).
- ▶ Walk or ride your bicycle instead of using your car.
- ▶ Give up one or more social networking during the time of Lent.
- ▶ Avoid cursing, gossip and unnecessary speech.

BIBLE VERSES TO MEDITATE

1 COR 7, 1-2

"It is a good thing for a man not to touch a woman but because of cases of immorality every man should have his own wife, and every woman her own husband."

MT 6, 16-18

"When you fast, do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting."

"IT IS IMPOSSIBLE TO ENGAGE IN SPIRITUAL CONFLICT WITHOUT THE PREVIOUS SUBJUGATION OF THE APPETITE."
ST. AUGUSTINE

What Is The Most Life Changing Thing You Can Do This Lent?

GO TO MASS!

 CatholicLink

6 Tips To Get You Through The Mid-Lent Slump

Written by: Ruth Kennedy (catholic-link.org)

How is your Lent going?! Great, or not so great? Feeling like it is a long way to Holy Week? Has your Lent felt like a complete disaster so far? Are you feeling a bit sick of it all?! If your Lent has stalled - did you start with plans that were too much? Or did you begin with no idea how to begin? Either extreme means things might have fizzled out half way through. But fear not!

Here are 6 tips to help you reengage with Lent:

Practice Gratitude in the Moment - *Whenever I want to start over, I always think: "I'll start over later, tomorrow, when I've got time to sit down and take stock and begin again." Inevitably, that moment never happens, because I don't make it happen. I don't start over in the heat of the battle. So the battle never ends. If you feel like you're drifting through Lent, don't wait for the perfect time to restart. It won't happen- there isn't a perfect time. So wherever you are, stop, give yourself a few spare minutes, and thank God for, say, ten things about your day or your life right now. Gratitude helps turn our hearts back to God when we don't know where to begin.*

Ask Yourself What You Have Learnt So Far - *When the road ahead looks long, it's easy to forget how far we've already come. So ask yourself, what have you learnt so far this Lent? If the answer is 'nothing': ask yourself again! It doesn't have to be anything specifically Lent related. Maybe God has been working in your life in a way you didn't realise. Maybe there is something nagging you in the back of your mind that He wants you to look at. Or maybe you learnt something through what you have given up or taken up that has surprised you. Remind yourself why you started and rejoice in what you have learnt so far!*

Enter the Desert: Give Yourself a Retreat - *Not everyone is going to have the luxury of being able to go away on a retreat between now and Easter. But is there a day, half day, or even just an evening between now and then that you could turn into a mini retreat for yourself? If you have a busy family life, this may not be possible- or you might wish to include them in your plans too. Ideas could include: a special visit to Adoration, making time for Confession, going on a walk (without your headphones on) journaling, art, reading the Sunday gospel, spending some time in silence, and of course, prayer. Put all the distractions (TV, radio, internet, phone, music etc) away for a set period of time and enter into some quality time with God.*

Have a Movie Night - *I know this may not be the most conventional way to re-engage with Lent, especially when it is so good to have some time away from the distractions of technology- but there are some plus sides too! Watching something- whether it's a movie about the Easter story (Jesus of Nazareth or The Passion of Christ for example)- or some online talks or retreats ([The Wild Goose](http://TheWildGoose.com) or Fr Robert Barron's excellent resources on www.wordonfire.org) can be a powerful way to leave the lethargy behind. Whatever you watch, watch it actively, not passively, engage with the material, make notes if necessary and always follow it up with prayer time. If you're watching a movie on the Crucifixion of Christ, it's always good to reread the Gospel stories too. Movies can be a powerful way to imagine and feel exactly what it was like in the moment, but nothing is as powerful as simplicity of the words of the Gospel.*

If You Didn't Start Lent with a Plan, Make One Now - *Lent isn't meant to be a competition of who can give up the most, or be the most holy. It is meant to be a time of renewal, of clearing out the junk in our lives and letting Springtime enter our hearts. But let us also not forget that it is a time of friendship, of walking with Christ through His time in the desert. So when I say, 'make a plan' I don't mean, sit down and work out how you can cram in everything in the next few weeks. Instead, ask yourself, "how can I plan my day so that there is a way that I can best grow in time spent with Christ?". Are there distractions that you can cut down on? Is there an empty space in your day that you could spend it prayer? Could you put down your phone and engage in conversations more?*

Finally, Just Walk Quietly and Humbly with Your God - *As we get ever nearer to Holy Week, remember God wants us as much as we want Him. As good and wonderful all the extra things we may be doing or giving up for Lent are, remember to get to the heart of what this is. Read the Gospel passages of Christ's return to Jerusalem, the Last Supper and the Way of the Cross. The words of Pope Francis in *Evangelii Gaudium* are beautiful here: 'Now is the time to say to Jesus: "Lord, I have let myself be deceived; in a thousand ways I have shunned your love, yet here I am once more, to renew my covenant with you. I need you. Save me once again, Lord, take me once more into your redeeming embrace". How good it feels to come back to him whenever we are lost!' Come into Christ's embrace, and grow in His love, so that together, we can walk through the events of Holy Week with Him, and rejoice with Him on the other side!*

Source - <https://catholic-link.org/6-tips-to-get-you-through-the-mid-lent-slump/>

Campus Ministry Corner

One of my favorite shows growing up that I loved to watch with my brothers on Nickelodeon was called "Are You Afraid of the Dark?" It was a show that featured a group of teenagers gathered around a campfire and sharing their scariest stories. Little did my brothers know that I was really afraid of the dark. To be honest, I'd prefer light over dark. I would often have a difficult time sleeping at night if my room was pitch black. I would ask my Dad to always leave the lamp on before bed.



In this week's Gospel, we hear comparisons of light and darkness, good and evil, and unbelief and truth. Jesus uses these images to remind us God is the source of life and love, and thus we live our lives to shine that light of love to all. But we are often distracted and discouraged by sin that corrupts our relationship with him. He sends us his only Son, Jesus, to snap us back to God-reality and reel us back to him, reminding us that his unconditional love remains.

Dear Lord... Shine through me, and be so in me that every soul I come in contact with may feel Your presence in my soul... Let me thus praise You in the way You love best, by shining on those around me.

St. John Henry Newman, pray for us!
- Fay C. Pabo (@fa_jo_pabo)

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life."

- JOHN 3:16



NEW MAN CENTER
CAMPUS MINISTRY

Sunday Student TAKE-OUT DINNER @ 6:00PM

*For more info, contact Campus Ministry (campusministry@newmanhawaii.org)

NEW MAN CENTER
CAMPUS MINISTRY

STUDENT LOUNGE

open to ALL students!

SUNDAYS 3:30PM - 6:30PM
MONDAYS - FRIDAYS 9:00AM - 3:00PM
TUESDAYS & WEDNESDAYS 9:00AM - 7:00PM

#campusministrylife

stream NIGHTS

WEDNESDAY EVENINGS 6:00PM

SUNDAY STUDENT MASS AT 5:00PM

NEW MAN CENTER CAMPUS MINISTRY

For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes - 1 Corinthians 11:26

LENTEN **blessing bag** PROJECT

We will be hosting this year's Blessing Bag project, and seeking donations (see list below). You may bring your donations to the church. Mahalo for your support!

NECESSITIES

- GALLON SIZE ZIPLOC BAGS, BAND-AIDS, BABY WIPES, HAND SANITIZER, SMALL WASHCLOTHS, LARGE SIZE SLIPPERS

TOILETRIES

- TOOTHBRUSH, TOOTHPASTE, FLOSS, SOAP, COMB, FEMINE HYGIENE PRODUCTS, DEODORANT

NON PERISHABLE ITEMS

- ENERGY BARS, TRAIL MIX, GUM, INSTANT OATMEAL

NEW MAN CENTER CAMPUS MINISTRY

Stations of the Cross

fridays, 6:00pm

DATES:
FEBRUARY 19, 26
MARCH 5, 12, 19, 26

"BUT MAY I NEVER BOAST EXCEPT IN THE CROSS OF OUR LORD JESUS CHRIST, THROUGH WHICH THE WORLD HAS BEEN CRUCIFIED TO ME, AND I TO THE WORLD."
- GALATIANS 6:14

FOR MORE INFORMATION, CONTACT CAMPUSMINISTRY@NEWMANHAWAII.ORG



Three Questions To Examine Your Heart During Lent

Written by: Fr. Ian Van Heusen (catholic-link.org)



Has your fasting and penance brought your joy?

Are the rigors of your Lenten prayer and practices becoming a source of a deeper excitement for and engagement in life? This should be the case!

Has examining your heart led to greater stillness and availability?

Are you becoming less selfish and more attentive to the people around you - loved ones, family members, friends, strangers?

Have you grown in mercy?

Patience in others' sins and faults should be growing in your heart as a result of your own intentional prayer life and penances.

For more information on watching the video, prayerfully read the Gospel and reflection, and work your way through the exercise, visit link: <https://catholic-link.org/paradox-contrition-joy-freedom-gospel-reflection/>

Follow us on Social Media!

Facebook: [NewmanHawaii](#)
Instagram: [@NewmanHawaii](#)
Twitter: [@NewmanHawaii](#)
Website: www.NewmanHawaii.org



Weekly Wisdom From The Saints



"Keep careful watch, to ensure that the enemy does not make off with any who are off guard or remiss; and that no heretic may pervert part of what you have been given."

- St. Cyril of Jerusalem (March 18)