



The Newman Center

April 18, 2010

Third Sunday of Easter

at the University of Hawaii, Manoa

1941 East-West Road, Honolulu HI 96822-2321

Phone (808) 988-6222 Fax: (808) 988-1752

www.newmanhawaii.org

Mass Schedule:

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. and 5:00 p.m.

Monday through Friday: 12:10 p.m.

(National & State Holidays - 9:00 a.m.)

Office Hours:

Monday - Friday (except Holidays)

Center opens at 11 a.m. and remains open until evening programs conclude. Saturday and Sunday Center is open during Mass times and for activities as needed.

Sacraments:

Reconciliation - Mondays, 11:30 AM—Noon, or call for an appointment, we are glad to meet with you at your convenience.

Baptisms - Call or speak with a priest at least one month before the date desired for the baptism.

Confirmation - Programs for teens and adults. Contact any staff member.

Weddings - Couples need to contact one of our priests at least 8 months before the desired date of the ceremony.

Anointing of the Sick - Offered to anyone who is seriously ill; one does not need to be in danger of death. Call for anointing at any time. We are happy to come to your home or hospital.

Funerals - Call 988-6222. We will work with you to make arrangements for services and care for your needs.

Pastoral Team

Director and Pastor:

Fr. Russ Roide, S.J. -

fruss@newmanhawaii.org

Associate Director / Pastoral Vicar:

Fr. John Chandler, S.J. -

frjohn@newmanhawaii.org

Pastoral Administrator:

Catharine Low -

catharine@newmanhawaii.org

Campus Minister:

Danny O'Regan -

dannyo@newmanhawaii.org

Music Ministry:

William Plourde -

william@newmanhawaii.org

Religious Education:

Anna Viggiano -

anna@newmanhawaii.org

Dear Ohana of the Newman Center,

Are you someone who works better under pressure? Do you like deadlines? Are you at your best when a result is needed immediately? Or do you prepare well in advance? Are you one of those who send out your Christmas cards in November? One of people's panic-buttons has to do with weekly deadlines and expectations. The bother is some are so anxious that they cannot think straight to finish the work. So the bother is that so often the well runs dry. There is no more time or maybe energy left. It is something like writers' block'. That's when people reach for their panic-button. Many must have some idea of what this feeling is like. You are at the end of your rope. This experience I am very sure in our contemporary society is never very far from your common experience.

It may be about some big plans for the future of your family that have just been thwarted, or it may be how to juggle the ordinary, repetitious demands of each day—a child is suddenly sick, your teenager has not telephoned and it is after midnight, you have a meal to prepare for visiting friends but your mother is ill, your husband is late, the car broke down and you now have the flu.

Panic-attacks come in various shapes and sizes. They are never pleasant. People in all walks of life are prone to such experiences. Anxiety regularly weakens us when we think our wells are running dry. We have nothing more left in us. All of our creativity is gone. This distress is not a pleasant place to be.

How do people cope with those waves of panic and anxiety which sweep over them? I marvel at the resilience of parents who press on relentlessly in the face of huge challenges, who look on the bright-side of things when the darkness is near enough, who still get up in the morning, wake and dress the children, prepare breakfast, and drive them to school, even though their hearts are breaking, for one reason or another.

From where do you get your energy when you are running on empty? These days and nights, to keep sane and balanced, I survive only by handing my life over to God or to the Mystery of Creation, to the Source of Existence. I follow Jesus in surrendering all that I am into the safe hands of God. Otherwise, we could not face the days and nights of our lives.

I heard once: "When you have done your very best, God looks after all the rest." In other words, give your life your best shot, and never be anxious, fearful or depressed. The scriptures remind us that "I can do all things in Him, who makes me strong." This belief never fails to fill us with energy, light and life.

When panic strikes, pause for a few deep breaths, relax your shoulders, and call in the angels of your life. Do your best to believe that you are loved by God, who always guards and protects us as the most loving of mothers do. To know that you are unconditionally loved by the most powerful and beautiful of all the gods and goddesses--the God of Love Himself, cannot fail to fill you with a new smile, a new heart, and a new spirit of energy. Let us not panic, but pray for a deeper trust in God and life.

Blessings on you and your families as we continue in Easter joy. .

Sincerely in Christ,

Fr. Russ

**STUDENT EVENTS AT
THE NEWMAN CENTER**

4/18/10—4/24/10

- ◆ *Tues at 7:15 AM*
Fr. Don's Kitchen at Ala Moana.
Sign up on the door to reserve your place.
Leave Newman 7:30AM—back by 9:30AM
- ◆ *Tues 7:30 PM*
Conversations on the Exercises of St. Ignatius with Fr. John S.J.
- ◆ *Wednesday 1:00 PM*
Bible Study and Lunch
Come and gather with your fellow students for lunch (sandwiches will be provided) and a Gospel reflection.
- ◆ *Thurs Night - 7:00 PM*
Special Meeting – An introduction to the Catholic Worker.
- ◆ *Sunday at 5:00 PM*
Student Mass

**Conversations on the Spiritual Exercises
of St. Ignatius**

- ◆ 7:30 PM, Tues evening at Newman
- ◆ Topic “Gratitude”
- ◆ Format:
Fr. John will present a 20-30 min. talk on the Spiritual Exercises of St. Ignatius, followed by a period of prayer before the Blessed Sacrament.

Religious Education Classes

Confirmation Classes:

The third Sunday of the month from 10:00-noon

- ◆ May 8—Reconciliation and Practice
- ◆ May 9—Confirmation

Religious Education Classes: Sunday, 10 AM

- ◆ April 23
- ◆ May 2—First Communion

Parent Theology: Sunday, 10 AM

- ◆ April 25

An Introduction to the Catholic Worker

For the past few months - students have been meeting and discussing the possibility of starting a Catholic Worker House here on the Island, named after St. Damien.

All Community members are invited to a special catholic worker evening with bread and soup provided plus a chance to discuss our goals and share ideas with the wider community.

Join us:

- ◆ Thurs., April 22nd
- ◆ 7:00 pm
- ◆ Newman Center



Happenings at the Newman Center

April 22	Catholic Worker Evening <i>(Bread, Soup, & Discussion)</i>
May 2	First Communion
May 5	Last day of instruction
May 9	Confirmation
May 10—14	Study Haven
May 15	Commencement

**Replacing the Wire
Frame Chairs**

We have a sample of the Daylight Mesh Chair for the next two weeks. Try it and let us know how you like it.



Birthdays April 18—April 24

Shirl A. Alvaro
James Arcate
Hoku Bayne
Maya Bayne
Zeke Beaver
Isabella Brandes
Regina Bunye
Joanna Dela Cruz
Joseph Gosalvez

April Greenwell
Joel Grenillion
Nigel Kojimoto
Douglas Lynn
Devan Mescall
Danny O'Regan
Cynthia Salmon
Pierce Watumull

