



The Newman Center

February 21, 2010

First Sunday of Lent

at the University of Hawaii, Manoa

1941 East-West Road, Honolulu HI 96822-2321
Phone (808) 988-6222 Fax: (808) 988-1752
www.newmanhawaii.org

Mass Schedule:

Saturday: 5:00 p.m.
Sunday: 9:00 a.m., 11:00 a.m. and 5:00 p.m.
Monday through Friday: 12:10 p.m.
(National & State Holidays - 9:00 a.m.)

Office Hours:

Monday - Friday (except Holidays)
Center opens at 11 a.m. and remains open until evening programs conclude. Saturday and Sunday Center is open during Mass times and for activities as needed.

Sacraments:

Reconciliation - Mondays, 11:30 AM—Noon, or call for an appointment, we are glad to meet with you at your convenience.

Baptisms - Call or speak with a priest at least one month before the date desired for the baptism.

Confirmation - Programs for teens and adults. Contact any staff member.

Weddings - Couples need to contact one of our priests at least 8 months before the desired date of the ceremony.

Anointing of the Sick - Offered to anyone who is seriously ill; one does not need to be in danger of death. Call for anointing at any time. We are happy to come to your home or hospital.

Funerals - Call 988-6222. We will work with you to make arrangements for services and care for your needs.

Pastoral Team

Director and Pastor:

Fr. Russ Roide, S.J. -
frruss@newmanhawaii.org

Associate Director / Pastoral Vicar:

Fr. John Chandler, S.J. -
frjohn@newmanhawaii.org

Pastoral Administrator:

Catharine Low -
catharine@newmanhawaii.org

Campus Minister:

Danny O'Regan -
dannyo@newmanhawaii.org

Music Ministry:

William Plourde -
william@newmanhawaii.org

Religious Education:

Anna Viggiano -
anna@newmanhawaii.org

Lenten Community Gathering

Find your true center by moving to the edge

Wednesday nights: 7:00—8:30 PM

Feb 24th Prayer - Decentralizing the self.

March 3rd Almsgiving - Decentralizing the heart.

March 10th Fasting - Decentralizing the body.

March 17th Led into the Desert.

March 31st Journey of Descent - Way of the Cross.

Annual Brunch and Silent Auction

Goal \$40,000

Tickets 400

Proceeds to go towards:

1. Replacing the metal frame chairs
2. Student programs

Newman Center Work Day

The next work day to clean and maintain the Newman Center for the start of the Lenten / Easter season will be on:

Saturday, Date March 13

We start at 9 AM—end at noon with lunch!



Dear Ohana of the Newman Center,

I used to dread Lent. Then one year it finally dawned on me that this Church season give me a focused opportunity to rearrange my spiritual priorities. Lent helps me gain clarity on how I am living my daily life. It is so easy to get swallowed up by the constant busyness and hectic pace of life. Lent helps me step back for six weeks and look more closely at how I am relating to God and to see who I am becoming.

Traditionally during Lent, the Church has suggested three primary ways to help us return to God with our whole heart: prayer, almsgiving and fasting. Of the three, fasting is probably the least practiced. Yet, if fasting is understood as something more than just deprivation of food, it can be a source of significant spiritual growth. I'd like to offer an expanded understanding of how one can fast and suggest that fasting can actually incorporate or include the other two Lenten practices of almsgiving and prayer.

Depending on our motivation of our approach, fasting can be a powerful means of person conversion. The primary purpose of any spiritual practice is to help us to become the person we are meant to be, the one who reflects the goodness of God. We do not fast to punish ourselves or to say that the body is bad. Rather, we fast in order to become more loving people.

Fasting can free us so that we are not so stuck in our weaknesses, addictions, prejudices and illusions. Deliberately depriving ourselves of judgmental, negative thoughts about self or others can allow us room for kinder thoughts and feelings.

Fasting can liberate us from the bondage of materialism and busyness. It is easy to cover up or avoid what needs attention inside us by focusing on material things or on activities outside us that distract and mesmerize us. Choosing to buy less, to spend less time shopping, to be less occupied with whatever is our passion can free us to spend more time in prayer, to be more present to our loved ones or to give service to others.

Fasting can clear away the inner clutter. Strident voices, useless fears, old wounding messages---all our shoulds, have-tos and ought-

tos---can clutter up our inner space. Deliberately choosing to do without these things can open us to receive greater peace and to have more room for God's agenda in our lives.

Fasting can increase our self-control. Each time we deliberately resist something that we desire to have or want to do, we strengthen our will to choose what is good. Healthy prayer habits need discipline and self-control. Fasting can strengthen our ability to develop these habits.

Fasting can alert us to what needs to be changed in our lives. A great variety of habitual patterns and situations can quietly strangle our relationship with God without our being aware of it. People and situations can draw us further and further away from fidelity to our vowed commitment or from our personal responsibilities. Fasting from spending too much time at work or in certain social activities, or with persons who pull us away from our own values, can break these harmful patterns and help us to become more aware of our choices.

Fasting can enhance our gratitude. When we deprive ourselves of any of the gifts of life that we so easily take for granted we become increasingly aware of how precious these gifts are. Doing with less food, material goods, time and so on helps us to appreciate how blessed we are.

If anything, fasting can restore a deeper sense of satisfaction with life. We have greater inner clarity and a renewed commitment to give the totality of our hearts to God. This type of fasting is a lot more difficult than giving up candy, but will truly give us a deep sense of God's peace as we prepare our hearts for Easter.

Let us continue to pray for one another during this Lenten season.

Sincerely in Christ,

Rev. Russell J. Roide, S.J.
Director/Pastor

Bible Study for All Students

Take a break during your busy week—

◆ Wednesday

◆ 1:00 PM



Bible Study and Lunch

Lenten Regulations

Lent is a time of proximate preparation for Baptism of Adults and the renewal of our baptismal promises. It is a special season for penance through prayer and works of piety and charity as well as a time for self denial.

The custom of Abstinence during Lent means that those over 14 years of age abstain from meat on Ash Wednesday, Good Friday and the Fridays of Lent.

Adults (beginning with those who are 19 years old until they reach 60) also observe the ancient custom of fasting on Ash Wednesday and Good Friday. Traditionally this means just one full meal each day without meat and smaller but sufficient food during the day in order to accomplish one's work safely.

Lent is an excellent time for daily Mass, private and communal prayer, the Sacrament of Penance (Reconciliation) as well as works of charity especially toward the sick, aged and poor.

Lent concludes with the beginning of the Sacred Triduum which celebrates the Easter event over a three day period.

STUDENT EVENTS AT THE NEWMAN CENTER

2/21/10—2/27/10

- ◆ *Tues at 7:15 AM*
Fr. Don's Kitchen at Ala Moana.
Sign up on the door to reserve your place.
Leave Newman 7:30AM—back by 9:30AM
- ◆ *Tues 7:30 PM*
Conversations on the Exercises of St. Ignatius with Fr. John S.J.
Listen to a 20-30 min talk on the Exercises followed by a period of prayer before the Blessed Sacrament.
- ◆ *Wednesday 1:00 PM*
Bible Study and Lunch
Come and gather with your fellow students for lunch (sandwiches will be provided) and a Gospel reflection.
- ◆ *Wednesday 7:00—8:30 PM*
Lenten Community Gathering
"Prayer—Decentralizing the Self"
- ◆ *Thurs Night - 7:00 PM*
Social Justice Group
Come along to find out how you can get involved in serving those most in need on the Island. We will also have reflection time & prayers for peace in troubled parts of our world.
- ◆ *Sunday at 5:00 PM*
Student Mass and Meal

Finding your own way to pray . . .

Prayer generally falls into the broad categories of verbal or nonverbal, individual or communal, memorized or spontaneous, contemplative or active. Seekers might experiment with many of the following forms of prayer and let trial and error lead them to deeper conversation with God:

Familiar prayers • Weekday Mass • Meditation
• Spiritual Reading • Liturgy of the Hours •
Short spontaneous prayers • Communal prayer
• Eucharistic adoration • Nature or everyday circumstances as reminders of God's presence •
Prayers of the heart during crisis or joy • Prayer with children

Religious Education Classes

Confirmation Classes:

The third Sunday of the month from 10:00-noon

- ◆ February 21, March 21

Religious Education Classes: Sunday, 10 AM

- ◆ February 28, March 14, 28, April 11, 23
- ◆ May 2—First Communion

Parent Theology: Sunday, 10 AM

- ◆ February 28, March 14, April 25

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Conversations on the Spiritual Exercises of St. Ignatius

- ◆ 7:30 PM, Tues evening at Newman
- ◆ Topic 2/23 The Marvelous Mercy of God
- ◆ Format:
Fr. John will present a 20-30 minute talk on the Spiritual Exercises of St. Ignatius, followed by a period of prayer before the Blessed Sacrament.

BRUNCH & SILENT AUCTION

Sunday April 18 • 11:00am
Hawaii Prince Hotel

- Gifts for the auction can be dropped off any time to Catharine's office
- Make sure you complete a donor form to accompany your gift
- Donor forms are available on the credenza
- Hotel stays, restaurant meals, jewelry, gift certificates and other items are most welcome.
- Tickets will go on sale on March 7

Please do bring your gifts in before Easter.

Happenings at the Newman Center

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| Mar 6-10 | Saturday—Wednesday
Busy Person's Retreat |
| Mar 11 | Thursday 5:00 PM
Finance Committee Meeting |
| Mar 13 | Saturday 9:00 AM—Noon
Newman Center Workday |
| Mar 21 | Aloha Reception for Sr. Dolores—
after 9:00am Mass |
| Mar 22 | Reconciliation 7:30pm |
| Mar 28 | Seder Meal 6:30pm |
| April 1 | Holy Thursday Liturgy 7:30pm |
| April 2 | Good Friday Liturgy 1:00pm |
| April 3 | Holy Saturday Vigil 8:00pm |

The Busy Person's Retreat

Sat. Mar. 6th through Wed. Mar. 10th

The Retreat will be held on Sat. morning March 6th from 9:00 AM—12:30 PM, ending with lunch.

Participants commit to pray every day during the retreat and meet daily with a guide.

The Retreat concludes Wednesday evening March 10th with a community dinner.

Birthdays February 20—February 26

Irene Agol	John Kerrigan
Dennis Alvaro	Akemi Lee
Kevin Barr	Gateriano Neves
Clarisse Baxa	Yungyung Christina Park
Teddy Bruhl	Cheri Rauckhorst
Georgia Clariza	Pamela Robles
Irene Cruz	Sr. Dolores Rosso, MM
Jon Dorado-Schlyer	Aurora Sauld
Aidan Durkin	Hai-Van Tran Janney
Jan Hafner	

**Happy Birthday!**