



# The Newman Center

January 3, 2010

Epiphany of the Lord

*at the University of Hawaii, Manoa*

1941 East-West Road, Honolulu HI 96822-2321

Phone (808) 988-6222 Fax: (808) 988-1752  
www.newmanhawaii.org

**Mass Schedule:**

Saturday: 5:00 p.m.  
Sunday: 9:00 a.m., 11:00 a.m. and 5:00 p.m.  
Monday through Friday: 12:10 p.m.  
(National & State Holidays - 9:00 a.m.)

**Office Hours:**

Monday - Friday (except Holidays)  
Center opens at 11 a.m. and remains open until evening programs conclude. Saturday and Sunday Center is open during Mass times and for activities as needed.

**Sacraments:**

**Reconciliation** - Mondays, 11:30 AM—Noon, or call for an appointment, we are glad to meet with you at your convenience.

**Baptisms** - Call or speak with a priest at least one month before the date desired for the baptism.

**Confirmation** - Programs for teens and adults. Contact any staff member.

**Weddings** - Couples need to contact one of our priests at least 8 months before the desired date of the ceremony.

**Anointing of the Sick** - Offered to anyone who is seriously ill; one does not need to be in danger of death. Call for anointing at any time. We are happy to come to your home or hospital.

**Funerals** - Call 988-6222. We will work with you to make arrangements for services and care for your needs.

**Pastoral Team**

**Director and Pastor:**

Fr. Russ Roide, S.J. -  
frruss@newmanhawaii.org

**Associate Director / Pastoral Vicar:**

Fr. John Chandler, S.J. -  
frjohn@newmanhawaii.org

**Pastoral Administrator:**

Catharine Low -  
catharine@newmanhawaii.org

**Campus Minister:**

Danny O'Regan -  
dannyo@newmanhawaii.org

**Music Ministry:**

William Plourde -  
william@newmanhawaii.org

**Religious Education:**

Anna Viggiano -  
anna@newmanhawaii.org

## DIOCESAN CAPITAL CAMPAIGN

*The Diocesan Development Office will not send notices for continued pledge payment.*

Whatever amount you pledged, please make your check payable to: **Hawaii Catholic Community Foundation**

and mail to: **The Development Office  
St. Stephen Diocesan Center  
6301 Pali Highway  
Kaneohe, HI 96744**

Mon, Jan 4

Regular Mass schedule resumes

Depressed? Ask for help.

The Newbery Award-winning author of the young adult classic, *A Wrinkle In Time* (Square Fish), Madeleine L'Engle, writes that she did not know how to ask people for help when she was struggling with depression. "My training had taught me to "Be Brave and Do It Myself," she noted. "I had not yet come across Dean Inge's marvelous saying, 'God promised to make you free. God never promised to make you independent.'"

One of the perks of belonging to a faith community should be the benefit of practical, emotional, or spiritual support during difficult times. In *Let Me Sow Light: Living with a Depressed Spouse* (ACTA Publications), Amy Viets and Bernadette Stankard suggest that letting your pastor or a member of the parish staff know that someone in the family is depressed can engage resources you might not even realize your parish has. The authors assert that by allowing those in your community to know about your situation, "You are making room for their gifts of caring and are creating opportunities for others to participate in your struggle rather than allow yourself to become more drained each day.

\* From "At Home with Our Faith" Newsletter

## Newman Center Fun Run

**Saturday, January 30, 2010  
8:00am**

**Adults \$20, Students \$10  
Children under 12 free, (no t-shirt)**

Registration forms are on the credenza  
Trophies, Door prizes, Refreshments

Dear Ohana of the Newman Center,

Here is a possible scenario – one that may have happened to you or a friend or family member may have related this to you: Instead of the Light of Christ filling our Christmas, we sometimes just experienced *lightening*. It is a very common experience. We were tired. We were out of our patterns. There was lot of emotional baggage from relatives present. Everyone seemed “on edge,” “a bit testy,” and “sparks just seemed to fly.” And, instead of responding out of the graces of the Nativity, all we seemed to have been able to do is regress. We acted a bit erratically. A little “Christmas spirits” lubricated the bad spirits. We said things we shouldn’t have said. We may have been hurt by things other said. We may have “retaliated” with a “punishing pout” or smiled and held it all in. We may have said something we shouldn’t have said and in front of our children. It wasn’t good, and we know it. How do we pray in the aftermath of a time like that? Christmas is not always easy.

Though we may have had or heard some version of something like this, and feel very far from the graces we experienced in Advent and Christmas, we aren’t really far from the grace we need. Jesus comes to be our Savior – but not saving us once and for all, so that we get it and we’ve got it for good. We need continual saving as well. Sometimes we need an experience of how badly things can go before we really know how much we need our Savior. In the aftermath of conflict and division, Jesus can shine a light into the dark corners of our hearts. Jesus can reveal to us deeper and deeper love. He loves us precisely where we are unreliable, precisely in those places where our ability to love other unselfishness is still quite shaky.

Right after Christmas is the perfect time to look back and examine our hearts. What is Jesus saying to me these days after Christmas? He won’t be asking us to repeat the account of what happened, in terms of who was right and who was wrong. Jesus is offering us a chance to stay longer in that stable, next to the manger, to draw deeper from the mystery of his self-sacrificing love.

Perhaps as we come to the end of the Christmas season next Sunday, we can let our faith-filled lives come to realize why Jesus came to save us. Whether we are the kind of person who tends to be stirred up by conflict, or the type of person who tends to avoid it until things die down, we can let Jesus’ peace fill our hearts. Once we have prayed for someone, it is much easier to love them. Perhaps we will know how to do that right away. Perhaps it will take some careful reflection. Some of the time, it will take some acknowledgement of sorrow for our part in what has happened. But, most of the time, it will just take care. Most likely, what the other needs is some attention, some affirmation, some gentle care.

As I mentioned earlier, Christmas time is not always easy for us with all the baggage some families carry. But look at the Jesus in the manger, identify with his vulnerability, and ask him to come and set us free. Free to forgive and free to love even more selflessly. It’s not easy, but it is the only grace that will bring lasting peace and reconciliation to our families.

Blessings on you and your families for the New Year.

Sincerely,

Fr. Russell J. Roide, S.J.

### Birthdays January 1 – January 7

|                      |                        |
|----------------------|------------------------|
| Kimberly Agonoy      | Bede Cooray            |
| Blake Ann Antida     | Eric Garcia            |
| Jay Belo             | Nicole Geiger          |
| Samantha Bostick     | Jason George           |
| Henry Cassidy        | Nanea Gutierrez        |
| Charles Chamberland  | Paula Harris           |
| Fred Chang           | Allison Hee            |
| Ashley Ching         | Gary Hiranaga          |
| Sylvia Ching         | Alison Hlivak          |
| Han (Francisco) Choi | Sophie Johnson         |
| Leighton Chong       | Nateeharayt Juelsgeard |
| Robert Cooksey       | Marcelo Kobayashi      |
|                      | Sachiko Kondo          |

Happy Birthday!

|                     |                         |
|---------------------|-------------------------|
| Jennifer Lee        | Edward V. (Bud) Rozycki |
| Nicanor Liquido     | Colin Schneider         |
| Steve Llorens       | Nicole Stark            |
| Gabriel Lohmann     | Angelica Tangalin       |
| Gertraud Maskarinec | Marc Teopaco            |
| Greg Maskarinec     | Tom Weber               |
| Jacinta Mendonca    | Le Nora Wee             |
| Mary Jane Nakahara  | Jason Woo               |
| Amparo Nuttall      |                         |
| Wensi Paull         |                         |
| Pablo Paz           |                         |
| Caitlin Phibbs      |                         |
| Walter Ross         |                         |